

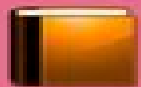
NICE LITERATURE REVIEW PAPER SAMPLE

People who belong to the category of the mentally ill face several challenges. One of these challenges is the stigma they have to face. Stigmatization refers to social rejection. Individuals who are often stigmatized are ignored and rejected by other people because of the certain 'label' that they carry. It may also be that their behaviors indicate clearly that they belong to a specifically labeled group. Most particularly, stigmatization of those who are mentally ill is often caused by the belief of the public in different myths, such as those involving the dangers of those who are mentally ill. Uncovering those myths is effective in reducing stigmatization.

Regarding those who are mentally ill, it usually appears that most people react to the mentally ill with rejection and fear. Matthews, Peterson, & Tach (2002) examined the impact of descriptions on the behavior and causal attributions of the target about the actual source of the behavior, the perceived dangerousness, labeling, as well as the sociodemographic characteristics of the participants. About 20 percent of the participants have labeled a specific target which is described with symptoms of depression as having a form of mental illness. As a result, a common responses to the mentally ill are fear and rejection of violence.

On the other hand, research shows that a common response to a person who is mentally ill is fearing violence, with individuals who are diagnosed with mental patients committing violence at a similar rate as those who have not been diagnosed (Matthews, 2002). The perceptions of the public may not necessarily match what is reality because of the lack of contact of the public with the person who has a mental illness.

Alfarez and Lingh (2005) examined the contact with a mentally ill individual along with the stigma revolving mental illness, social distance and perceptions of dangerousness through a telephone survey. They have discovered that, as the own life contact of a participant with mental illness increased, the participants involved were less likely to have



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