

Heat Energy



SNOWDUST
creations

Heat is a form of energy that all matter has. Heat energy can come from the sun, an oven, fire, or from rubbing objects together. If you rub your hands together, it makes heat. A thermometer is used to measure heat. When something is cool, it means it has a low amount of heat energy. Heat can move from one object to another. Heat moves from warmer objects to cooler objects. A hot drink will warm up a cool mug. Many things that have light energy also have heat energy.

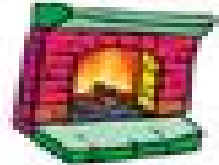
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Crushing
☐ heat
☐ oven
☐ energy

For each object, circle its energy. Is light energy or



H L B



H L B

How do matches create heat in

If you rub the match against
it creates heat

Interactive Study Guide

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