

## **PSY 1010, General Psychology I**

### **UNIT III STUDY GUIDE**

#### **Body Rhythms, Mental States, and Sensation and Perception**

##### **Learning Objectives**

Upon completion of this unit, students should be able to:

1. Determine the purpose of biological rhythms and explain their significance.
2. Differentiate between patterns of sleep and determine their function.
3. Identify and explain the different theories about the function of dreams.
4. Distinguish between the theories of hypnosis.
5. Determine and discuss how drugs can alter mental states.
6. Determine the difference between sensation and perception, and explain their significance.
7. Identify how psychologists measure senses.
8. Discriminate between the human senses and describe their significance

# Psychology 1010 Unit 3 Study Guide

**JA Banks**



## **Psychology 1010 Unit 3 Study Guide:**

## **Psychology 1010 Unit 3 Study Guide** Book Review: Unveiling the Magic of Language

In an electronic era where connections and knowledge reign supreme, the enchanting power of language has become much more apparent than ever. Its capability to stir emotions, provoke thought, and instigate transformation is actually remarkable. This extraordinary book, aptly titled "**Psychology 1010 Unit 3 Study Guide**," published by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound impact on our existence. Throughout this critique, we shall delve to the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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