

Developmental analysis

12 pages | 2953 words

Abstract

This project involves the developmental milestones that one takes throughout life. The overall goal of this paper is to give the reader the understanding that the writer has knowledge about the theories and concept of Human Growth and Development. It will incorporate more about the development and growth of the writer. Information from the writer's mother about her journey of her pregnancy and if she had any problems with her pregnancy. There will be an explanation from the mother about developmental milestones reached. There are a few early events that took place during the writer's development it will be showcased in the paper. Finally the conclusion of the paper will focus on the lifestyle behaviors that might influence the writer's current aging process and if there are any issues exactly how she would address it.

Keywords: development, lifestyle, journey, young adulthood, human growth, milestones

Developmental Milestones

Developmental milestones are important journeys that everyone takes throughout out life. Once a mother first finds out that she is pregnant the child in which she is carrying begins to embark on their journey of life. Everyone does not reach their milestones on target or even at all. Each person is at a different stage in their life, therefore their milestones and journey will vary, from one to the other. My particular journey and development has followed the path of Psychologist Erik Erikson's psychosocial stages of human development. I am currently between stages five and six. Stage five is identity vs. identity confusion and stage six is intimacy vs. isolation. Although I am a young adult I am still developing and hitting milestones on my journey of life.

Mother's Journey

While being pregnant with me my mother speaks that she had no problem during her entire nine months of pregnancy. She did not have any problems until delivery. She was in labor for two days. Her water was broken and at that time I stopped moving down. She did not dilate anymore. Once dilation stopped it was found that the umbilical was wrapped around my neck. Although the cord caused stress and my heart rate to drop while in labor, it did not cause any other known complications once I was born. She was in labor for two days.

Milestones

Developmental milestones are important in a child's life. Developmental milestones have a wide range of different functional skills that a child is able to do as they hit certain ages. "Infancy and childhood are dynamic periods of growth and change" (Gerber, Wilks, & Erdie-Larena, 2010). At each age a child is supposed to reach milestones in their life that would consider them as developing normal. If the child does not reach that particular milestone for their age then they are considered to have a developmental delay. Developmental milestones are associated with a child's gross motor, cognitive, social, language, and fine motor skills. When a child develops their gross motor skills they are able to walk, stand, and sit. They learn how to use their major...

Personal Developmental Analysis Paper

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