

QUICK REFERENCE TO PSYCHOTROPIC MEDICATIONS®

DEVELOPED BY JOHN PRESTON, PSY.D., ABPP

To the best of our knowledge recommended doses and side effects listed below are accurate. However, this is meant as a general reference only, and should not serve as a guideline for prescribing of medications. Please check the manufacturer's product information sheet or the P.D.R. for any changes in dosage schedule or contraindications. (Brand names are registered trademarks.)

ANTIDEPRESSANTS

Generic	NAMES	Brand	Usual Daily Dosage Range	Sedation	AChT ¹	HE	Selective Action On Neurotransmitters ²	
							5-HT	DA
imipramine	Tofranil		150-300 mg	mid	mid	++	+++	0
desipramine	Norpramin		150-300 mg	low	low	++++	0	0
amitriptyline	Elavil		150-300 mg	high	high	++	+++	0
nortriptyline	Aventyl, Pamelor		75-125 mg	mid	mid	+++	++	0
doxepin	Anafanil		150-250 mg	high	high	0	++++	0
trazodone	Desynel, Oleptro		150-400 mg	mid	none	0	++++	0
nefazodone	Generic Only		100-300 mg	mid	none	0	+++	0
fluoxetine	Prozac ³ , Sarafem		20-80 mg	low	none	0	++++	0
bupropion	Wellbutrin ⁴		150-400 mg	low	none	++	0	++
sertraline	Zoloft		50-200 mg	low	none	0	++++	+
paroxetine	Paxil		20-50 mg	low	low	+	++++	0
venlafaxine	Effexor ⁴		75-350 mg	low	none	+++	+++	+
desvenlafaxine	Pristiq		50-400 mg	low	none	+++	+++	+
fluvoxamine	Luvax		50-300 mg	low	low	0	++++	0
mirtazapine	Rameron		15-45 mg	mid	mid	+++	+++	0
citalopram	Celexa		10-40 mg	low	none	0	++++	0
escitalopram	Lexapro		5-20 mg	low	none	0	++++	0
duloxetine	Cymbalta		20-80 mg	low	none	+++	+++	0
vilazodone	Viibryd		10-40 mg	low	low	0	++++	0
atomoxetine	Strattera		60-120 mg	low	low	++++	0	0
vortioxetine	Brintellix		10-20 mg	low	none	+	++++	+
levomilnacipran	Fetzima		40-120 mg	low	none	+++	+++	0
MAO INHIBITORS								
phenelzine	Nardil		30-90 mg	low	none	+++	+++	+++
tranylcypromine	Parnate		20-60 mg	low	none	+++	+++	+++
selegiline	Elmsam (patch)		6-12 mg	low	none	+++	+++	+++

¹AChT: Anticholinergic Side Effects

²5-HT: Serotonin; 5-HT: Serotonin; DA: Dopamine (0 = no effect, + = minimal effect, ++ = moderate effect, +++ = high effect)

³Unversion, but likely effects

⁴Available in standard formulation and time release (XR, XL or CR). Prozac available in 70mg time released/weekly formulation

BIPOLAR DISORDER MEDICATIONS

Generic	NAMES	Brand	Daily Dosage Range	Serum ¹ Level	Generic	NAMES	Brand	Daily Dosage Range	Serum ¹ Level
lithium carbonate	Eskalith, Lithonate		600-2400	0.6-1.5	divalproex	Depakote		750-1500	50-100
carbamazepine	Symbyax		6/25-12/50mg ⁴	2	lamotrigine	Lamictal		50-500	(2)
carbamazepine	Tegretol, Equetro		600-1600	4-10+	oxcarbazepine	Trileptal		1200-2400	(2)

¹Lithium levels are expressed in mEq/L, carbamazepine and valproic acid levels express in mg/ml

²Serum monitoring may not necessary. ³Not yet established. ⁴Available in: 6/25, 6/50, 12/25, and 12/50mg formulations

ANTI-OBSESSIONAL

Generic	NAMES	Brand	Dose Range ¹
clomipramine	Anafanil		150-300 mg
fluoxetine	Prozac ²		20-80 mg
sertraline	Zoloft ³		50-200 mg
paroxetine	Paxil ³		20-60 mg
fluvoxamine	Luvax ³		50-300 mg
citalopram	Celexa ³		10-40 mg
escitalopram	Lexapro ³		5-30 mg
vilazodone	Viibryd ³		10-40 mg

¹Often higher doses are required to control obsessional-compulsive symptoms than the doses generally used to treat depression.

PSYCHO-STIMULANTS

Generic	NAMES	Brand	Daily Dosage ¹
methylphenidate	Ritalin		5-30 mg
methylphenidate	Concerta ²		18-54 mg
methylphenidate	Mefadate		5-40 mg
methylphenidate	Methylfen		10-60 mg
methylphenidate	Daytrona (patch)		15-30 mg
methylphenidate	Quilvan XR (liquid) ²		10-60 mg
dextromethylphenidate	Focalin		5-40 mg
dextromethylphenidate	Devedrine		5-40 mg
lisdexamphetamine	Vyvanse		30-70 mg
d- and l-amphetamine	Adderall		5-40 mg
modafinil	Provigil, Sparlon		100-400 mg
armodafinil	Provigil		150-250 mg

¹State: Adult Doses

²Sustained release

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