

Unit 8: Study Guide

Treatment of Psychological Disorders

An overview of the various approaches of treatment of psychological disorders include: Behaviorist, Humanistic, Psychoanalytic/Psychodynamic, Gestalt, Cognitive-Behavioral, and Pharmacological. We will also look at the various modes in which therapy can be administered such as the one-on-one approach of Cognitive Psychotherapy or group therapy, as in support or family therapies. Therapy may also be administered on an outpatient basis like a counseling center, or within a hospital or institutional setting. Additionally, students will be exposed to prevention and intervention techniques offered at the community level. Such services include educational programs, crisis intervention, telephone hotlines, and counseling.

CR13: The course provides instruction in treatment of psychological disorders

<u>Text:</u>	Chapter 17 (pp. 685 – 720)
<u>Student Resources:</u>	Flashcards from text www.worthpublishers.com/myers8e
	<i>Relaxing your fears away</i> , <u>Forty Studies</u> , pp. 264 – 271
<u>Timeline:</u>	4 days

An emphasis on

- Treatment Approaches
- Insight Therapies: Psychodynamic/Humanistic Approaches
- Behavioral Approaches
- Cognitive Approaches
- Biological Therapies (Psychopharmacology/Psychosurgery)
- Modes of Therapy (e.g. individual, group)
- Community and Preventive Approaches
- (5 – 7 % of multiple choice)

Notes Study Guide Psychological Disorders

R Bogdan



Notes Study Guide Psychological Disorders:

The Enigmatic Realm of **Notes Study Guide Psychological Disorders**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing in short supply of extraordinary. Within the captivating pages of **Notes Study Guide Psychological Disorders** a literary masterpiece penned by a renowned author, readers embark on a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting impact on the hearts and minds of those that partake in its reading experience.

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