

MEDICINAL HERBS

HERB	USES and PROPERTIES
AGRIMONY	Urinary infections; Diarrhoea; IBS; Catarrh; Liver issues;
Agrimonia eupatoria	Astringent/Diuretic/Haemostatic
BARBERRY	Jaundice; Bacterial or fungal infections; Acute diarrhoea;
Berberis vulgaris	Antimicrobial/Cholagogue/Choleretic/Antiemetic
CALENDULA	Skin inflammation; Gastric ulcer; Vaginal thrush; Wounds;
Calendula officinalis	Anti-Inflammatory/Spasmolytic/Vulnerary/Antiseptic
CHAMOMILE (GERMAN)	Restlessness; Anxiety; Sleep; Gastric inflammation; Skin;
Matricaria recutita	Carminative/Antispasmodic/Anti-Inflammatory
DANDELION	Liver support; High blood pressure; Fluid retention; Skin;
Taraxacum officinalis	Diuretic/Choleretic/Liver cleanser
DEVIL'S CLAW	Arthritic and rheumatic issues; Joint and back pain; Gout;
Harpagophytum procumbens	Anti-inflammatory/Analgesic
ECHINACEA	Viral or Bacterial infections; Abscesses; Skin; Respiratory;
Echinacea purpurea	Anti-Viral/Anti-Bacterial/Anti-Inflammatory
ELDERBERRY	Common cold; Sore throat;
Sambucus nigra	Diaphoretic/Diuretic
FEVERFEW	Migraine; Rheumatoid arthritis; Dermatitis;
Tanacetum parthenium	Anti-inflammatory/Antispasmodic
GINKO BILOBA	Vertigo; Cerebral blood flow issues; Memory;
Ginko biloba	Circulatory stimulant/Cognitive function enhancer
GOLDENROD	Urinary infections; Catarrh; Arthritis;

Reference Guide For Medicinal Organic

Chao Zhang



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