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A Gutmann



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The Seven Principles for Making Marriage Work John Mordechai Gottman, Nan Silver, 1999 Drawing on research into the dynamics of healthy relationships a study of the basic principles that make up a long lasting marriage shares advice on how to cope with such issues as work children money sex and stress **The Seven Principles for Making Marriage**

Work John Gottman, PhD, Nan Silver, 2015-05-05 NEW YORK TIMES BESTSELLER Over a million copies sold An eminently practical guide to an emotionally intelligent and long lasting marriage Daniel Goleman author of Emotional Intelligence The Seven Principles for Making Marriage Work has revolutionized the way we understand repair and strengthen marriages John Gottman s unprecedented study of couples over a period of years has allowed him to observe the habits that can make and break a marriage Here is the culmination of that work the seven principles that guide couples on a path toward a harmonious and long lasting relationship Straightforward yet profound these principles teach partners new approaches for resolving conflicts creating new common ground and achieving greater levels of intimacy Gottman offers strategies and resources to help couples collaborate more effectively to resolve any problem whether dealing with issues related to sex money religion work family or anything else Packed with new exercises and the latest research out of the esteemed Gottman Institute this revised edition of The Seven Principles for Making Marriage Work is the definitive guide for anyone who wants their relationship to attain its highest potential **Summary of The Seven Principles For Making Marriage Work by John**

Gottman QuickRead, Lea Schullery, The revolutionary guide for learning the seven principles for creating a happy marriage that will last a lifetime Divorce statistics are higher than ever 67 percent of first marriages will end in divorce within 40 years and half of those will occur within the first 7 years The divorce rate is even higher for second marriages so it makes sense for couples to put forth the effort into making their marriage work But how can you ensure your marriage will go the distance Throughout Dr Gottman s Love Lab Gottman revolutionized the study of marriage by using scientific procedures and observing the habits of married couples in detail over several years His research methods revealed the key to happy marriages as well as the detriments that lead to divorce The seven principles outline the path to success as well as tips for effective communication and agreeable compromise Do you want more free book summaries like this Download our app for free at <https://www.QuickRead.com> App and get access to hundreds of free book and audiobook summaries **DISCLAIMER** This book summary is meant as a preview and not a replacement for the original work If you like this summary please consider purchasing the original book to get the full experience as the original author intended it to be If you are the original author of any book on QuickRead and want us to remove it please contact us at hello@quickread.com **Summary - the Seven Principles for Making Marriage Work** Readtrepreneur Publishing, 2018-03-19 The Seven Principles for Making Marriage Work A Practical Guide from the Country s Foremost Relationship Expert by John Gottman Book Summary Readtrepreneur Disclaimer This is NOT the original book If you re looking for the original book search this link <http://amzn.to/2keP8hT> The

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