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coaches and author of the international bestseller *The Monk Who Sold His Ferrari* offers 10 high impact lessons for success

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sedentary lives perpetually hoping for some lucky break Why does this happen Why most of our lives are unfulfilled and unsuccessful The Root causes are simple Most of us don't know our potential Most of us don't know that our potential can be improved Most of us don't know how to reach our potential This book will give you 8 success recipes comprising of 52 ingredients to know your potential stretch your potential and reach your potential These 8 success recipes are as follows 1 Understand your Heart and Mind 2 Master your Mindset 3 The Growth Mindset 4 Power of Habits Time Management 5 Learn How to Learn 6 11 Complementary skills that everyone should have 7 8 Golden rules of becoming a 5 Star team member 8 Preparing Succeeding at Interviews *The Source* Dr. A. A. Syed, 2020-04-01 Dr A A Syed passed away on April 4th 2020 surrounded by family In the backdrop an unprecedented global pandemic COVID 19 We can only imagine a world where he remained to serve these patients on the front lines as a respirologist as he continued to serve as up until his final weeks 100% of proceeds from the digital release will go to the Canadian Lung Association Original Synopsis In this his second book DR A A Syed investigates the workings of a higher intelligence one beyond our comprehension to understand fully His firm belief is that all religions point toward one spiritual source and that we should meditate daily on the actions of that source in our world This book provides both daily meditations one for each day of the years and reflections not he personal enlightenment and humanity's healing grace By musing on the philosophies of Taoism Buddhism Christianity Hinduism and Islam The SOURCE blends our global understanding of spirituality and leaves us something of true wonder hope Hope that by doing what believe to be true we can raise our spirits with joy and peace of mind body and soul

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