
PLTW Human Body Systems Semester Exam Study Guide

skeletal system - ✓ ✓ function: provides support and structure, stores calcium, minerals, fats, marrow
eg: Bones, Cartilage

Integumentary System - ✓ ✓ function: provides protection regulates body temp, prevents water loss
eg: skin, hair

Muscle System - ✓ ✓ function: provides body movement and generates heat when muscles contract
eg: muscles, tendons

Nervous System - ✓ ✓ function: regulatory system that controls body movement, consciousness, intelligence, memory
eg: brain, spinal cord, nerves

Endocrine System - ✓ ✓ function: secretes hormones which regulate body and cellular growth, chemical levels in the body, and reproductive functions
eg: pituitary gland, thyroid gland

Circulatory System - ✓ ✓ function: pumps blood to distribute hormones, nutrients and gases and removes wastes
eg: heart, veins, arteries

Lymphatic System - ✓ ✓ function: transports and filters lymph and initiates immune response
eg: nodes, lymph vessels, spleen

Digestive System - ✓ ✓ function: mechanically and chemically breakdowns food materials, absorbs nutrients and expels waste

Personal Fitness Semester Exam Study Guide Answers

O. Ray Whittington



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Decoding **Personal Fitness Semester Exam Study Guide Answers**: Revealing the Captivating Potential of Verbal Expression

In an era characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its ability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Personal Fitness Semester Exam Study Guide Answers**," a mesmerizing literary creation penned with a celebrated wordsmith, readers set about an enlightening odyssey, unraveling the intricate significance of language and its enduring affect our lives. In this appraisal, we shall explore the book is central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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