

iron-deficiency anemia

Causes: Inadequate iron stores and/or insufficient consumption of iron-rich foods.

Signs & Symptoms: Fatigue, pallor, SOB, low Hb-A (HGB <11 mg/dL, HCT <33%), pica (Craving food cravings).

Medic: Ferrous sulfate - take on empty stomach.

Vitamin C increases absorption. Increase fluid and fiber intake to prevent constipation.

Nursing Care:

Encourage increased intake of iron-rich foods (meat, green leafy vegetables, fruit, beans).

Ge

Underlying iron deficiency can become problematic

2022

Score: PROBABLY MODERATE >3+, 1 MODERATE, 100% EVIDENCE 1

ADVERSE: 100% MODERATE, 100% EVIDENCE 1

Spontaneous Abortion

Termination of pregnancy before 20 weeks gestation.

Types:

Threatened: Spotting, no tissue passed, closed cervix.
Imminent: Mild to severe bleeding, no tissue passed, dilated cervix with tissue bulging.
Incomplete: Severe bleeding, partial fetal tissue passed, dilated cervix.
Complete: Minimal bleeding, complete uterine contents passed, closed cervix.

Procedure:

Dilation & curettage (D&C) or administration of prostaglandins and aspirin for inevitable or incomplete abortion (to completely remove uterine contents).



GESTATIONAL DIABETES

IMPAIRED GLUCOSE TOLERANCE DURING PREGNANCY. NORMAL GLUCOSE LEVEL - 90-100 mg/dL.

Risks: Preeclampsia, infection, pre-term rupture of membranes, pre-term labor, hypotension, macrosomia, lactational hypoglycemia, hypoglycemia, increased risk of developing diabetes following pregnancy.

Signs & Symptoms: Fatigue, polyuria, polydipsia, weight gain, blurred vision.

What is it? Glucose intolerance during pregnancy, usually develops between 24-28 weeks gestation.

Signs & Symptoms: Rapid weight gain, increased thirst, increased urination, vaginal infection.

Risk factors: Obesity, maternal age, hypertension, gestational diabetes, previous history of diabetes, previous history of macrosomia.

Signs & Symptoms: Test vaginal infection or presence of ketones in urine.

Preterm Labor

What is it? Glucose intolerance during pregnancy, usually develops between 24-28 weeks gestation.

Signs & Symptoms: Rapid weight gain, increased thirst, increased urination, vaginal infection.

Risk factors: Obesity, maternal age, hypertension, gestational diabetes, previous history of diabetes, previous history of macrosomia.

Signs & Symptoms: Test vaginal infection or presence of ketones in urine.

ECTOPIC PREGNANCY

is an implantation of the fertilized ovum in the fallopian tube (vs. uterus). Patients at risk for tubal rupture and fatal hemorrhaging.

Signs:

vaginal spotting/bleeding, or abdominal pain/tenderness to touch.



Signs & Symptoms:

Unilateral stabbing pain in LLQ or RLQ of abdomen, vaginal spotting/bleeding, referred shoulder pain with tubal rupture, signs of shock or hemorrhage (hypotension, tachycardia, pallor).

Signs & Symptoms: Dark brown bleeding that resembles prune juice, nausea/vomiting, abnormally high hCG levels.

Diagnosis: Ultrasound.

Treatment: Excision of tube (via salpingectomy), chemotherapy for choriocarcinoma.

Diagnosis: 1 hour glucose tolerance test: 1 sensation, no fasting required, 1 sensation, 3 hour test, 3 hour test: over 180 mg/dL, 12 hours prior to test, fasting: 90 mg/dL, 12 hours prior to test, fasting: 90 mg/dL.

TREATMENT: Insulin is usually used, medications are costly.

Maternal Newborn

ANTEPARTUM CARE

INP

AMT

OB G

MAGNESIUM SULFATE

GTPAL

G = Gravida (total # of times pregnant)
T = Term births (at least 37 weeks or more)
A = Aborted (miscarriage or <37 weeks)
L = # of liveborn/terminated
P = # of living children

Gravida refers to the total number of pregnancies (even if aborted). If a woman is pregnant with twins it will count as one pregnancy.

not appropriate.



What is it?

3 types

Signs & Symptoms

Diagnosis

Placenta Previa

What is it? Placenta implants near (or over) the cervical os - can bleed during the third trimester of preg.



Incomplete

2 types

not

2x 2x

1x

NURSING CARE:

Do not perform vaginal exam (or digital exam) unless ordered by provider and nurse is prepared to manage patient on need for blood transfusion. Monitor for signs of hemorrhage.

Signs of Pregnancy

Signs:

missed menses, breast tenderness, nausea/vomiting, fatigue, weight gain.

Probable signs:

breast tenderness, uterine enlargement, positive pregnancy test, increased urination, fatigue, weight gain.

Positive signs:

detecting a fetal heartbeat, ultrasound of fetus or ultrasound.

Calculating due date

add 280 days (1 year from last menstrual period)

Fundal Height

15-20 cm (from symphysis pubis to the top of the uterus)

18-22 weeks gestation, 18-22 weeks gestation.



Linea Nigra

Obgyn Study Guide

Jin-Ying Zhang



Obgyn Study Guide:

CEN® Exam Prep Study Guide Springer Publishing Company, 2023-03-16 CEN Exam Prep Study Guide gets right to the point with a targeted content based on the latest BCEN exam blueprint This easy to follow guide includes all the tools you need to prepare practice and pass the exam and nothing you don't PREPARE Concise coverage of the content you'll be tested on Quick reference features with complications alerts and nursing pearls Need to know information to prepare you for exam day PRACTICE Two full length practice tests one in book and one online to assess your readiness and simulate the test taking experience Detailed rationales for correct and incorrect answers Pop quizzes that highlight key information you don't want to miss PASS The first time with Springer Publishing Exam Prep's 100% Pass Guarantee With confidence knowing you're well prepared with all the skills and knowledge you need on exam day and in practice With pride in your commitment to patient health and safety CEN is a registered trademark of Board of Certification for Emergency Nursing BCEN BCEN does not sponsor or endorse this resource nor does it have a proprietary relationship with Springer Publishing **Study Guide**

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Certified Medical Assistant-OBGYN Certitrek Publishing, 2015-08-01 This study guide and practice exam will provide an overview of the clinical and practical areas which will be covered in the Specialty Certified Medical Assistant OBGYN certification exam The study guide will include a review of 1 Medical terminology abbreviations Practice exam 75 questions and answer key **Neonatal Intensive Care Nursing Exam Prep Study Guide** Springer Publishing Company, 2023-04-24

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PSAT/NMSQT Study Guide, 2023: 4 Practice Tests + Comprehensive Review + Online Practice Brian W.

Stewart, 2022-06-07 Barron's PSAT NMSQT Study Guide Premium includes everything you need to be prepared for exam day with comprehensive review and practice from experienced educators This edition also includes the most up to date information on the new digital exam to be administered in the US in fall 2023 All the Review You Need to Be Prepared An expert overview of the PSAT NMSQT including answers to frequently asked questions advice on curbing test anxiety and information about the National Merit Scholarship program In depth subject review covering all sections of the test Reading Writing and Language and Math Tips and strategies throughout from the author an experienced tutor and test prep professional Practice with Confidence 4 full length practice tests 3 in the book and 1 online including 1 diagnostic test to assess your skills and target your studying Review chapters contain additional practice questions on each subject All practice questions include detailed answer explanations Online Practice 1 full length practice test online with a timed test option to simulate the exam experience Detailed answer explanations included with expert advice Scoring to check your learning progress An online vocabulary appendix for extra review **The Complete Guide to Fertility Awareness** Jane

Knight, 2016-11-03 Fertility Awareness is key to understanding sexual and reproductive health at all life stages It can be used to either plan or avoid pregnancy Fertility Awareness Methods FAMs are highly effective when motivated couples are taught by trained practitioners These methods are in demand for ecological medical cultural religious and moral reasons The ability to control fertility naturally is a lifestyle choice The Complete Guide to Fertility Awareness provides the science and methodology suitable for health professionals and a general audience It covers reproductive physiology and the fertility indicators temperature cervical secretions and cycle length calculations It explores ways to optimise conception and to manage conception delays Case studies and self assessment exercises are included throughout The book addresses the scientific credibility of new technologies including fertility apps home test kits monitors and devices The Complete Guide to Fertility Awareness offers evidence based information for general practitioners practice nurses school nurses midwives sexual health doctors and nurses a unique perspective on subfertility for gynaecologists and fertility nurses an authoritative source of reference for medical nursing and midwifery students a straightforward and practical reference for new and experienced FAM users the core text for the FertilityUK Advanced Skills Course in Fertility Awareness **All-in-one CCIE**

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Improving Family Planning Services for Teenagers Urban and Rural Systems Associates, 1978

Tintinalli's Emergency Medicine: A Comprehensive Study Guide, Seventh Edition Judith Tintinalli, J. Stapczynski, O. John Ma, David Cline, Rita Cydulka, Garth Meckler, 2010-11-12 The landmark emergency medicine text is now in full color 17 additional chapters available for download With 418 contributors representing over 120 medical centers around the world Tintinalli's Emergency Medicine is the most practical and clinically rigorous reference of its kind It covers everything from prehospital care disaster preparedness and basic resuscitative techniques to all the major diseases requiring emergency treatment such as pulmonary emergencies renal and GU disorders and hemophilia This authoritative in depth coverage makes this classic text indispensable not only in emergency departments but also for residents and practitioners when studying or preparing for any exam they may face While continuing to provide the most current information for acute conditions the seventh edition of Tintinalli's Emergency Medicine has been substantially revised and updated to cover all of the conditions for which patients seek emergency department care in a concise and easy to read manner

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Procedures Essentials of Sonography and Patient Care - E-Book M. Robert deJong, 2012-05-18 Providing a solid foundation in sonography Essentials of Sonography and Patient Care 3rd Edition prepares you to succeed in the classroom and in practice It describes the origins and evolution of diagnostic medical sonography and includes proven study techniques such as note taking effective listening and test taking strategies Addressing the clinical environment this book covers topics such as taking a patient's vital signs safety considerations body mechanics patient transfer infection control emergency procedures and assisting patients with special needs Career discussions include the sonographer's role in various clinical settings ethics and professionalism and job search and interview techniques Written by expert sonographer Marveen Craig Essentials of Sonography and Patient Care points you toward a sound future in sonography Scanning protocols for the four major clinical specialty exams detail what constitutes a complete sonographic examination Thorough step by step presentation of patient care in a sonography setting teaches you how to perform basic medical techniques and interact with patients Sonographer Safety Issues chapter explains how to scan with proper scanning technique and posture to avoid repetitive motion musculoskeletal injuries Note boxes add information on applying concepts to the clinical setting HIPAA information provides the knowledge you need to comply with federal law Objectives and key terms introduce each chapter's important content Chapter summaries simplify study and review by recapping the most important points Glossary of Spanish phrases covers common instructions for better communication with Spanish speaking patients Updated scanning protocols for the four major clinical specialty exams ensure that you are well prepared for clinical practice Updated instrumentation information and photos introduce the equipment you will be using during training and in clinical practice End of chapter critical thinking questions help in applying chapter content to reality based scenarios Professional Organizations and Agencies appendix furthers your career with a listing of influential organizations and agencies **CMDT 2017 eBook ValPak: CMDT 2017 and Study Guide, Second Edition** Maxine A. Papadakis, Stephen J. McPhee, Nathaniel Gleason, Gene R. Quinn, 2016-10-17 SAVE WHEN YOU BUY THE CMDT VALUE PACK AND TAP INTO THE EXPERTISE OF THE 1 ANNUAL BOOK IN INTERNAL MEDICINE This dollar saving package includes CURRENT Medical Diagnosis Treatment 2017 CMDT is the most successful annual book covering the field of internal medicine and has been acclaimed for its comprehensive coverage of current inpatient and outpatient care diagnostic tools relevant to day to day practice and full review of all primary care topics In addition to its use as a reference text CMDT is outstanding as a core clinical textbook for medical students and nurse practitioner and physician assistant students to study for a variety of exams in a variety of medical and health related markets CURRENT Medical Diagnosis Treatment Study Guide 2nd edition The study guide is organized according to the Core Curriculum of the Clerkship Directors in Internal Medicine The 30 core topics include essentials conditions presentations and diseases seen by general practitioners in the inpatient and outpatient setting The Second Edition study guide has been extensively updated and covers the essential issues a third year medical student must know for

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Practitioners this authoritative resource encompasses the full scope of holistic evidence based practice across the lifespan and serves as a comprehensive certification review for emergency nurse practitioners ENPs The only book written specifically for this specialty practice it delivers essential core knowledge for ENPs in all relevant programs and practice arenas The book s four editors 57 authors and 15 reviewers all recognized leaders in the field present the most current knowledge available in a clear and succinct format Incorporating diversity and inclusion throughout this resource contains all essential information needed for the provision of skilled care including the history and development of ENP fundamental clinical skills management of medical emergencies shock and trauma and environmental emergencies toxicology emergency medical services and disaster preparedness and the needs of special patient populations all according to the most current evidence based research and guidelines Key Features Edited and authored by the American Association of Emergency Nurse Practitioners Provides succinct and pertinent details regarding patient management and care Addresses complexity and the need for acuity in the ENP setting Mirrors the AAENP Certification blueprint for use as a certification review guide Each chapter consistently written to include learning objectives medical screening physical examination diagnostic testing medical decision making and differential diagnosis management and patient disposition CNS-Diabetes Management Specialty Review and Study Guide Greg Williams,2015-09-25 Includes Multiple choice fact scenario and case based questions Correct answers and explanations to help you quickly master specialty content All questions have keywords linked to additional online references The mission of StatPearls Publishing is to help you evaluate and improve your knowledge base We do this by providing high quality peer reviewed educationally sound questions written by leading educators StatPearls Publishing

Evaluation and Management of Vulvar Disease, An Issue of Obstetrics and Gynecology Clinics Aruna Venkatesan,2017-08-17 Vulvar disorders are prevalent but often overlooked conditions in the curricula of obstetrics and gynecology dermatology and primary care residency training programs This has led many outpatient clinicians to feel unprepared to evaluate the patient with a vulvar complaint Often patients with complex chronic vulvar disorders have seen multiple providers in consultation before they are appropriately diagnosed and treated leading to frustration amongst patients and providers alike as well as excessive health care costs The goal of this issue is to present a practical review on vulvar disease for outpatient clinicians to improve patient care The topics highlighted in this issue represent gaps in knowledge among residents fellows providers and course and conference attendees The issue begins with a general approach to the evaluation and management of vulvar disorders and then moves on to an article on vulvar pathology that will help clinicians obtain the most useful pathology reads from their biopsies Also addressed are specific vulvar disorders or presenting findings that are common or challenging A pelvic floor physical therapy colleague provides information on how this modality can help manage vulvar pain The issue concludes with an article on hot topics in vulvar disease In the last several years there has been a growing number of newly trained physicians committed to advancing patient care in the area

of vulvar disease and many of this issue's authors are part of this group. This issue should serve as a useful resource in the office of any provider who evaluates patients with vulvar complaints.

The book delves into Obgyn Study Guide. Obgyn Study Guide is a vital topic that must be grasped by everyone, from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into Obgyn Study Guide, encompassing both the fundamentals and more intricate discussions.

1. This book is structured into several chapters, namely:

- Chapter 1: Introduction to Obgyn Study Guide
- Chapter 2: Essential Elements of Obgyn Study Guide
- Chapter 3: Obgyn Study Guide in Everyday Life
- Chapter 4: Obgyn Study Guide in Specific Contexts
- Chapter 5: Conclusion

2. In chapter 1, this book will provide an overview of Obgyn Study Guide. The first chapter will explore what Obgyn Study Guide is, why Obgyn Study Guide is vital, and how to effectively learn about Obgyn Study Guide.
3. In chapter 2, this book will delve into the foundational concepts of Obgyn Study Guide. This chapter will elucidate the essential principles that must be understood to grasp Obgyn Study Guide in its entirety.
4. In chapter 3, the author will examine the practical applications of Obgyn Study Guide in daily life. The third chapter will showcase real-world examples of how Obgyn Study Guide can be effectively utilized in everyday scenarios.
5. In chapter 4, the author will scrutinize the relevance of Obgyn Study Guide in specific contexts. The fourth chapter will explore how Obgyn Study Guide is applied in specialized fields, such as education, business, and technology.
6. In chapter 5, this book will draw a conclusion about Obgyn Study Guide. This chapter will summarize the key points that have been discussed throughout the book.

The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. This book is highly recommended for anyone seeking to gain a comprehensive understanding of Obgyn Study Guide.

<https://crm.avenza.com/results/browse/HomePages/renault%20trafic%20owners%20manual.pdf>

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