

Group Note Template

Basic Information			
Session Date	Session Start/Stop Time	No. of Clients in Session	Therapist Name
1/12/2022	12:30 - 2:30	3	Dr Lucy Smith
Group Summary			
Group Summary There were 3 clients today within the group therapy session, and are patients of my practice. All are facing similar substance abuse issues with alcohol, and are practicing sobriety.			
Discussion Topic Today's discussion topic is dealing with sobriety, as part of substance abuse therapy. Clients are encouraged to talk about their experiences so far, and how no alcohol is affecting their day to day.			
Intervention			
The session began with introductions, and then with sharing experiences, if comfortable. The clients were then lead through multiple thought exercises considering how life trajectories, relationships, impulses, self-esteem, and work has/has not been affected by their alcohol decisions. This lead to interesting insight, more personal anecdotes and group support, as well as some questions. The final part of the session involved goal-setting, where clients were encouraged to set goals to achieve within the next month. Small steps are recommended, and each client is expected to report back within the next session.			
Plan			
All three clients were happy to meet next time, now having established support. Clients also agreed to make progress on their individual goals set, and will report back in the next session. Each client will also continue to see me privately throughout the month.			
Therapist Signature		Next Session Date	
		15/02/2023	

Sample Group Counseling Notes

Mark Vellucci



Sample Group Counseling Notes:

Handbook of Group Counseling and Psychotherapy Janice L. DeLucia-Waack, Cynthia R. Kalodner, Maria Riva, 2013-12-02 The most comprehensive and thoroughly researched text available on this topic Handbook of Group Counseling and Psychotherapy Second Edition underscores the notion that group work is improved through increased collaboration between researchers and practitioners Edited by renowned leaders in the field this thoroughly updated and revised Second Edition explores current literature and research and offers suggestions for practice in psycho educational counseling and therapy groups The Handbook is divided into five main sections current and historical perspectives best practices multicultural and diverse groups groups in special settings and an introduction to special topics *The AMHCA Handbook of Essential Forms and Marketing Strategies* Mark Vellucci, 2000 This manual provides essential information for counselors in private practice who are either just starting out or have established practices It is organized into six sections which contain forms relating to different aspects of practice The material can be used to create new forms or adapted for individual use They can also serve to generate marketing ideas help work with managed care organizations and improve billing Chapter 1 concerns office policy and procedures and contains sample letters to clients on policy discontinuation of therapy and other acknowledgements Chapter 2 deals with billing to insurance companies and individuals Chapter 3 considers client release and consent forms Chapter 4 discusses intake clinical evaluations and progress monitoring Chapter 5 presents marketing ideas Chapter 6 explains how to work with managed care organizations A CD ROM accompanies the manual JDM *Group Counseling* Don C. Dinkmeyer, James J. Muro, 1979 *Baby Jails* Philip G. Schrag, 2020-01-21 I worked in a trailer that ICE had set aside for conversations between the women and the attorneys While we talked their children most of whom seemed to be between three and eight years old played with a few toys on the floor It was hard for me to get my head around the idea of a jail full of toddlers but there they were For decades advocates for refugee children and families have fought to end the U S government's practice of jailing children and families for months or even years until overburdened immigration courts could rule on their claims for asylum Baby Jails is the history of that legal and political struggle Philip G Schrag the director of Georgetown University's asylum law clinic takes readers through thirty years of conflict over which refugee advocates resisted the detention of migrant children The saga began during the Reagan administration when 15 year old Jenny Lisette Flores languished in a Los Angeles motel that the government had turned into a makeshift jail by draining the swimming pool barring the windows and surrounding the building with barbed wire What became known as the Flores Settlement Agreement was still at issue years later when the Trump administration resorted to the forced separation of families after the courts would not allow long term jailing of the children Schrag provides recommendations for the reform of a system that has brought anguish and trauma to thousands of parents and children Provocative and timely Baby Jails exposes the ongoing struggle between the U S government and immigrant advocates over

the duration and conditions of confinement of children who seek safety in America **Resources in Women's Educational Equity** ,1980 Literature cited in AGRICOLA Dissertations abstracts international ERIC ABI INFORM MEDLARS NTIS Psychological abstracts and Sociological abstracts Selection focuses on education legal aspects career aspects sex differences lifestyle and health Common format bibliographical information descriptors and abstracts and ERIC subject terms used throughout Contains order information Subject author indexes **Resources in Education** ,1998 **Research in Education** ,1971 **Group Counseling for School Counselors** Greg Brigman,Barbara Earley,1991 Many ways of working with elementary through high school students in groups to provide maximum services in the minimum of time are presented in this book of 80 reproducible handouts You get more than 100 fully designed group sessions on general topics such as self concept friendship and refusal skills to name just a few **School Counseling Practicum and Internship** Helen S. Hamlet,2016-10-28 School Counseling Practicum and Internship 30 Essential Lessons combines crucial counselor knowledge with the experience of experts in the field into one practical guide for addressing the real world of school counseling Drawing on more than a decade of teaching author Helen S Hamlet PhD presents a collection of lessons and techniques that includes forms websites activities and current information focusing on a range of challenging issues This unique text is a resource that practicum and internship students counselor educators and practicing school counselors will keep and refer to for years to come New Developments in Group Counseling ERIC Clearinghouse on Counseling and Student Services, Greensboro, NC.,1997 Group counseling is a rapidly changing field This collection of 31 digests examines various aspects of group process and group counseling The digests are arranged under different subject headings In section 1 the nature of group work is examined along with the evolution of group work training since 1990 The second section looks at application of theories in groups highlighting such approaches as solution focused counseling impact therapy and the use of gestalt psychodrama The next heading explores groups in the schools and includes discussions of interferences to small group work children of divorce the use of creative arts psychodrama techniques and the inclusion of students with disabilities in group work Working with adults and families is covered in section four This section offers insights into helping older adults age conducting parent education groups multiple family group therapy and multifamily group psychotherapy Section five deals with group dynamics and group processes Some of the suggestions here center on efficient therapy groups using corrective feedback using self concept as an integrator of group process and group psychotherapy and close friendships A group model is also offered Since many groups accompany special circumstances section six gives advice on handling clients experiencing grief how to confront hostile behavior group dynamics and problem members interventions with ex cultists members with disabilities and multicultural group counseling The last two sections delve into teamwork and its importance in group work and the education of groups and of group specialists Contains an annotated bibliography of resources on group process and group counseling RJM **Standard Policies, Definitions, and Data Presentations Relating to Fixed Medical**

Treatment Facilities and Patient Accountability United States. Navy Department,1989 American Vocational Journal,1973 **Virginia Counselors Journal** ,1993 Relapse Prevention and Recovery Promotion in Behavioral Health Services , Counseling Children in Groups Merle M. Ohlsen,1973 **Test Critiques** ,1987 The Clinical Documentation Sourcebook Donald E. Wiger,1997-05-05 Accompanying floppy disk contains 24 ready to use sample forms that meet the documentation requirements of virtually every managed care organization Page 4 of cover **Introduction to Counseling** Michael S. Nystul,2006 This book provides an overview of the counseling profession It is written from the perspective of counseling and psychotherapy as both an art and a science The first of the book presents an overview of counseling and the counseling process The second part of the book provides information on formulating a personal approach to counseling with a multicultural perspective The third part of the book addresses special approaches and settings for counselors *Drug Court* Mitchell B. Mackinem,Paul C. Higgins,2008 Through their evaluation interpretation monitoring sanctioning and more drug court professionals judge the moral worth of drug offenders as they treat and manage the offenders through drug court Drug Court will be of interest to a diverse audience including the areas of criminal justice law legal studies drug treatment counseling and sociology BOOK JACKET **Skills and Tools for Today's Counselors and Psychotherapists** Ed Neukrug,Alan M. Schwitzer,2006 Learn essential skills understand the nature of helping learn about change strategies diagnosis and treatment planning explore ethical professional and cross cultural issues and apply your new skills to the helping relationship After reading about the fundamental skills and techniques of counseling in the text you can access complementary role plays skill demonstrations and process stages to see the same essential principles in action Back cover

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