



**American
Red Cross**

Lesson Plan Template

[Clear Form](#)

Course Name: PSA

Instructor: Jacqueline

Session Begin Date: 06/26

Length of Classes: 40 min

Day _____

Course Level: 1

Location: kiddy area

Session End Date:

Total Number of Classes: 2

Equipment N/A		Reminders Underwater kicks Keep head back	
Time	Activity	Key Words/Phrases	Class Organization
Housekeeping			
2 min	Blow bubbles	" "	All together
Safety Topic(s)			
5 min	Life jackets	Dont just pack it, wear your jacket	All together
Opening Activity			
10 min	ice cream scoops pizza arms backstroke arms superman arms and bubbles bunny hops	" "	All together back and forth across the pool

Red Cross Swim Lesson Plans

Patrick Vollmar

A red circular logo with a white cross in the center, partially obscured by a light blue horizontal bar.

Red Cross Swim Lesson Plans:

Reviewing **Red Cross Swim Lesson Plans**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is actually astonishing. Within the pages of "**Red Cross Swim Lesson Plans**," an enthralling opus penned by a very acclaimed wordsmith, readers set about an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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