

Table 2. Clinical Problem Solving and Decision Making Process Steps and Objectives

Process Step / Objectives *	Key Tasks **
Recognition / Assessment <i>Gather essential information about the individual</i>	– Identify and collect information that is needed to identify an individual's conditions that enables proper definition of their conditions, strengths, needs, risks, problems, and prognosis – Obtain a personal and medical history – Perform a physical assessment
Problem definition <i>Define the individual's problems, risks, and issues</i>	– Identify any current consequences and complications of the individual's situation, underlying condition and illnesses, etc. – Clearly state the individual's issues and physical, functional, and psychosocial strengths, problems, needs, deficits, and concerns – Define significant risk factors
Diagnosis / Cause-and-effect analysis <i>Identify physical, functional, and psychosocial causes of risks, problems, and other issues, and relate to one another and to their consequences</i>	– Identify causes of, and factors contributing to, the individual's current dysfunctions, disabilities, impairments, and risks – Identify pertinent evaluations and diagnostic tests – Identify how existing symptoms, signs, diagnoses, test results, dysfunctions, impairments, disabilities, and other findings relate to one another – Identify how addressing those causes is likely to affect consequences
Identifying goals and objectives of care <i>Clarify purpose of providing care and of specific interventions, and the criteria that will be used to determine whether the objectives are being met</i>	– Clarify prognosis – Define overall goals for the individual – Identify criteria for meeting goals
Selecting interventions / planning care <i>Identify and implement interventions and treatments to address the individual's physical, functional, and psychosocial needs, concerns, problems, and risks</i>	– Identify specific symptomatic and cause-specific interventions (physical, functional, and psychosocial) – Identify how current and proposed treatments and services are expected to address causes, consequences, and risk factors, and help attain overall goals for the individual – Define anticipated benefits and risks of various interventions – Clarify how specific treatments and services will be evaluated for their effectiveness and possible adverse consequences
Monitoring of progress <i>Review individual's progress towards goals and modify approaches as needed</i>	– Identify the individual's response to interventions and treatments – Identify factors that are affecting progress towards achieving goals – Define or refine the prognosis – Define or refine when to stop or modify interventions – Review effectiveness and adverse consequences related to treatments – Adjust interventions as needed – Identify when care objectives have been achieved sufficiently to allow for discharge, transfer, or change in level of care

* Refers to key steps in the care delivery process, related to clinical problem solving and decision making

** Refers to key tasks at each step in the care delivery process

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