

# What is polymyositis (PM)?

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Polymyositis is one of the inflammatory myopathies, a group of muscle diseases that involves inflammation of the muscles or associated tissues, such as the blood vessels that supply the muscles. A myopathy is a muscle disease, and inflammation is response to cell damage.

Another word for inflammatory myopathy is myositis. The *myo* root means muscle, and the *itis* root means inflammation; so a myositis is an inflammatory muscle disease.



# Polymyositis Rheumatica Manual Guide

**Sterling G. West**



## **Polymyositis Rheumatica Manual Guide:**

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