#### A REFLECTIVE ESSAY

The grand end of instruction ... is not to stamp our minds irresistibly on the young but to stir up their own; not to make them see with our eyes but to look inquiringly and steadily with their own; not to give them a definite amount of knowledge but inspire a fervent love of truth; not form an outward regularity but to touch inward springs.

-Rev. William Channing

Education is not the filling of a pail, but the lighting of a fire.

-W.B. Yeats

As a student, I always had the greatest respect for those teachers who could teach me not by telling me the answer but by showing me that either I already knew it, or that I could find it myself. It was certainly easy and addictive to accept a straightforward explanation to a question and get on with the day, but I came to find that true learning sprang only from the interaction of the inquisitive mind and the thoughtful teacher who was careful enough not to provide the answer but the path to it.

Since I became a teacher in 1996, I have tried to instill in myself these qualities that I held in such high esteem in my own teachers. I have always had compassion for students, recognizing they all come with their own vision and expectations, their own skills and knowledge, some well-developed and some needing improvement. Through this, I have adopted several tenets that guide my personal approach to teaching:

Believe in beneficence. I have come to believe that in general, most all students are inherently good. Particularly at the level of pharmacy school, they have a deep desire to learn and become professionals, though their outward demeanor may not always reflect this attitude. Though some students may seem distracted, uninterested, or challenging in nature, at their heart most students possess an inquisitive nature, and a need to succeed, though they may define their own level of success. As a good teacher, it is my job to find and inspire this desire in all students. I recall having several students who entered the rotation viewing it as little more than just a requirement, but exited expressing a newfound love of the profession or desire to do more. I encourage this attitude by letting students know on the first day of a rotation that a very

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