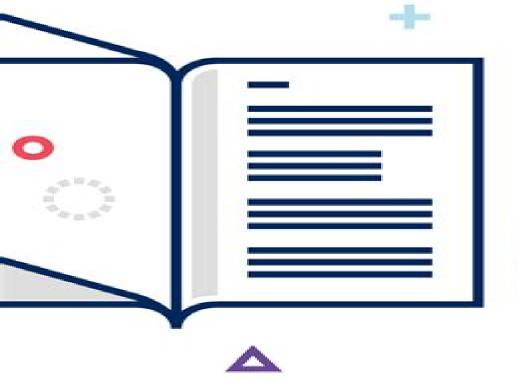




CSEP Certified Personal Trainer® (CSEP-CPT)

CERTIFICATION& STUDY GUIDE

3RD EDITION





Personal Trainer Certification Study Guide

Raffaela Di Napoli

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