

PERSONAL REFLECTIVE ESSAY

The Summit Of All My Fears

According to philosopher, Friedrich Nietzsche, life is a mysterious journey:

On the mountain of truth you can never climb in vain: either you will reach a point higher up today, or you will be training your powers so that you will be able to climb higher tomorrow.

This perspective particularly echoes in the context of my own personal experiences with a series of attempted mountaineering expeditions with my father and other family members. I have long lived with acrophobia (an extreme fear of heights). This affliction seemed to reverberate through the canyons and gutters of my deepest nightmares. Despite attempts made by my father to acclimatize me to an acknowledgement of the irrationality of my fears, I nevertheless continued to lose my ability to focus when approaching the ledge of even a relatively small cliff. While a healthy respect for heights is necessary for one's survival, my own fears began to encroach upon my life in increasingly nebulous ways as do ominous clouds upon the unsuspecting pinnacle of one's mind.

I was enchanted by the serenity of the vistas to be enjoyed atop Ben Lawers: the highest mountain in the southern part of the Scottish Highlands and rising out of the surrounding countryside to almost four thousand feet. Indeed, I became perhaps morbidly fascinated by the prospect of taming the rugged slopes and I felt increasingly inclined to attempt the ascent....

The Ben, which had been wrestled from warring clans during the fourteenth century became, in my mind, the summit of all my fears, and emerged as a laudal promontory, which I knew had to be overcome. Its prehistoric, alpine chalk-based schist rock slopes were home to the ghostly ruins of cottages and glades of trees likely occupied by the minions of Balor - the demonic God of Death in Celtic mythology. The scaly indentations of the schist layers supporting Balor's monastery of monstrosity: the mountain that seemed to call to me in portentous tones: "I am where rocks are created and climbers are made".

I felt I had to prepare for such a battle with support from a climbing instructor. The Glasgow Climbing Centre was a magnificent example of Gothic architecture and housed a variety of climbing and bouldering walls with steeply overhanging precipices and ledges. Impressions of skulls and fingers were embedded into the artificial escarpments nestling in the hallowed natural light filtering through the original stained glass windows.

My instructor's techniques were demonstrated as he clung to the climbing holds with grim tenacity and great precision. At either side of his steady ascent, amateurs were trying to impress girlfriends by racing up the face of the impassive rocks. One by one they were defeated by their own impatience and arrogance. Bodies lay strewn and humiliated on the safety mat and net below. I carefully followed in the imprints of my instructor as his almost lethargic maneuvering was a marvel to behold.

The final hold was in the shape of an eye; the achievement of its pupil my ultimate challenge just as I myself, ever the student, would come to tutor myself in the art of climbing the Ben. I knew that the enemy Balor could kill me simply by staring at me with his evil eye, which he kept closed most of the time, to avoid tripping over dead bodies below. In myth, Balor was once killed by a slingshot by his son Lug in an epic David and Goliath encounter. I therefore, knew that if he could be defeated once he could be defeated again.

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Reflective Essay Ideas Higher English: Bestsellers in 2023 The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous captivating novels enthralling the hearts of readers worldwide. Lets delve into the realm of top-selling books, exploring the fascinating narratives that have enthralled audiences this year. The Must-Read : Colleen Hoover's "It Ends with Us" This poignant tale of love, loss, and resilience has gripped readers with its raw and emotional exploration of domestic abuse. Hoover skillfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can succeed. Uncover the Best : Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This captivating historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids compelling storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Discover the Magic : Delia Owens "Where the Crawdads Sing" This evocative coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens crafts a tale of resilience, survival, and the transformative power of nature, captivating readers with its evocative prose and mesmerizing setting. These top-selling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of captivating stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a brilliant and thrilling novel that will keep you speculating until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

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