



## LESSON

# 46

# Reducing the Risk of STDs and HIV

### MAIN GOALS

- I will choose behaviors to reduce my risk of infection with sexually transmitted diseases.
- I will choose behaviors to reduce my risk of HIV infection.

### What You'll Learn

1. Discuss the causes and methods of transmission of common STDs. (p. 466)
2. Discuss the symptoms, diagnoses, and treatments of common STDs. (p. 466)
3. Analyze the complications of common STDs. (p. 468)
4. Analyze ways to prevent infection from STDs. (p. 483)
5. Discuss the progression of HIV infection to AIDS. (p. 464)
6. Identify treatment and prevention strategies for HIV and AIDS. (p. 466)
7. List tests used to determine the presence of HIV. (p. 472)

### Why It's Important

You can avoid becoming infected with an STD or HIV. The information in this lesson will help reduce your risk of being infected.

### Key Terms

- sexually transmitted disease (STD)
- chlamydia
- gonorrhea
- herpes
- genital warts
- pubic lice
- trich
- Kaposi's sarcoma (KS)
- Western blot
- HIV negative

People your age who are abstinent from sexual activity will not become infected with a **sexually transmitted disease (STD)**, a disease caused by pathogens that are transmitted from an infected person to an uninfected person during intimate sexual contact. Sexually transmitted diseases are also known as sexually transmitted infections (STIs).



## Write ABOUT IT!

**Writing About AIDS** The AIDS quilt above represents people who have died of AIDS. After reading about AIDS on page 504, write an entry in your health journal about the ways HIV is spread, and the ways it is not spread. Then make an HIV awareness brochure, using what you wrote in your journal.

# Reducing The Risk Of Stds And Hiv Lesson 46

**Ronald L. Gordner**



## **Reducing The Risk Of Stds And Hiv Lesson 46:**

**Case Studies in Global Health** Ruth Levine, What Works Working Group, 2007 One of the greatest human accomplishments has been the spectacular improvement in health since 1950 particularly in developing countries With death rates falling steadily more progress was made in the health of populations in the past half century than in many earlier millennia A careful look at that success can yield important lessons about how to tackle the challenges of HIV AIDS child health and global health inequities in the future This series of twenty case studies illustrates real life proven large scale success stories in global public health Drawing from a rich evidence base the accessible case write ups highlight experiences in scale up of health technologies strengthening of health systems and the use of health education and policy change to achieve impressive reductions in disease and disability even in the poorest countries An overview chapter draws attention to factors that contributed to the successes Discussion questions help to bring out the main points and provide a point of departure for independent student research

**Risky Lessons** Jessica Fields, 2008-06-03 Curricula in U S public schools are often the focus of heated debate and few subjects spark more controversy than sex education While conservatives argue that sexual abstinence should be the only message liberals counter that an approach that provides comprehensive instruction and helps young people avoid sexually transmitted diseases and pregnancy is necessary Caught in the middle are the students and teachers whose everyday experiences of sex education are seldom as clear cut as either side of the debate suggests Risky Lessons brings readers inside three North Carolina middle schools to show how students and teachers support and subvert the official curriculum through their questions choices viewpoints and reactions Most important the book highlights how sex education s formal and informal lessons reflect and reinforce gender race and class inequalities Ultimately critical of both conservative and liberal approaches Fields argues for curricula that promote social and sexual justice Sex education s aim need not be limited to reducing the risk of adolescent pregnancies disease and sexual activity Rather its lessons should help young people to recognize and contend with sexual desires power and inequalities

**Health Promotion for Children and Adolescents** Maya Rom Korin, 2016-08-11 This timely volume surveys the broad spectrum of interventions used in health promotion and shows how they may be tailored to the developmental needs of children and adolescents Its multilevel lifespan approach reflects concepts of public health as inclusive empowering and aimed at long and short term well being Coverage grounds readers in theoretical and ecological perspectives while special sections spotlight key issues in social and behavioral wellness dietary health and children and teens in the health care system And in keeping with best practices in the field the book emphasizes collaboration with stakeholders especially with the young clients themselves Among the topics covered Child mental health recent developments with respect to risk resilience and interventions Health related concerns among children and adolescents with ADD ADHD Preventing risky sexual behavior in adolescents Violence affecting youth pervasive and preventable Childhood and adolescent obesity Well being of children in the foster care system Health Promotion for

Children and Adolescents is a necessary text for graduate or advanced undergraduate courses in public health education medicine psychology health education social work curriculum nutrition and public affairs It is also important reading for public health professionals researchers in child health health education and child psychology policymakers in education and public health and teachers

The New Public Health and STD/HIV Prevention Sevgi O. Aral, Kevin A. Fenton, Judith A. Lipshutz, 2012-12-09 Despite effective approaches to prevention STD and HIV infection rates remain fairly constant Targeting implementation and monitoring of interventions have posed widespread problems and the recent spate of cuts to prevention budgets has made these roadblocks even more challenging It is clear that working in sexual health requires both a deeper understanding of STI HIV epidemiology and an ongoing quest for up to date realistic prevention strategies The New Public Health and STD HIV Prevention offers readers leading edge access to both Focusing on social determinants of sexual health at risk populations critical factors in approaches to prevention and reviews of new research this authoritative volume explores areas as varied as HPV prevention technology based interventions migration as a factor in disease transmission and competencies key to effective leadership in the field Dispatches from the frontlines of theory research and practice in the U S and abroad include Personal risk public impact balancing individual rights and STD HIV prevention Distribution of prevention resources and its impact on sexual health Prevention measures in diverse populations of women Toward a better approach to preventive interventions with men who have sex with men Adolescent sexual health and STIs Reducing disparities in sexual health lessons from the campaign to eliminate infectious syphilis Public health professionals of all backgrounds interested in or working in improving sexual health will find The New Public Health and STD HIV Prevention an indispensable guide to conceptualizing the problems and clarifying possible solutions

Prevention is Primary Larry Cohen, Vivian Chavez, Sana Chehimi, 2007-05-04 At a time of unprecedented challenges and opportunities for public health Prevention is Primary provides models methods and approaches for building health and equity in communities Written in accessible and understandable language this comprehensive book includes the theory concepts and models needed to harness social justice and practice primary prevention of unnecessary illness and injury in the first place Prevention is Primary written by associates of the nationally renowned Prevention Institute is a theory to practice book for students faculty practitioners and community leaders who want to take a proactive stance against the most pressing health problems in the community including asthma tobacco violence HIV poor nutrition and physical inactivity health disparities and environmental injustice The volume provides a comprehensive and practical understanding of prevention on a community level The authors define the elements of comprehensive quality prevention efforts from the necessary partnerships that need to be developed to the training vision and policies that go into successful efforts

Handbook of HIV Prevention John L. Peterson, Ralph J. DiClemente, 2000-02-29 The Handbook of HIV Prevention is intended to provide a comprehensive overview of the theories methods and approaches for reducing HIV associated risk behaviors It represents the first single source of information about HIV prevention research in

developed and developing countries The Handbook addresses the subject of HIV prevention from two interrelated perspectives First it presents the seminal theories currently used to guide the development and implementation of HIV prevention interventions Second it describes prevention approaches for diverse populations at risk of HIV infection This Handbook provides a compilation of knowledge on HIV prevention by the leading authorities in the field and will be an important resource for students researchers and clinicians in the field

*Sexually Transmitted Infections - E-book* Bhushan Kumar,Somesh Gupta,2013-09-30 Covers all aspects historical epidemiological diagnostic clinical preventative public health and medico legal of STIs in complete detail with a special emphasis on STIs in special groups migrants homosexuals and sexually abused Covers basic and laboratory sciences extensively to blend with the basics required by the clinician for proper understanding of the disease process Clinical photographs illustrations photographs of specimens and cultures histopathology flow charts and line diagrams are given extensively throughout the text to make relevant clinical situation self explanatory Has very useful and practical information for even the clinician in the periphery where the investigative component is either non existent or very basic and many new drugs are not available or unaffordable Management of HIV in adults and children in resource poor countries has been covered extensively along with syndromic management of STIs This enables a physician to choose from approaches in a particular situation depending upon the available means laboratory or therapeutic Covers sexual dysfunction in both men and women and the basics of human sexual behavior and sexual health Section Editors and Contributors from all continents of the world have made this a truly global reference book It is a useful reference text for epidemiologists public health experts clinicians microbiologists health workers social organizations and counselors working in the field of STIs sexual health and HIV

**Behavioral Interventions for Prevention and Control of Sexually Transmitted Diseases** Sevgi O. Aral,John M. Douglas,2008-12-03 Before AIDS the role of behavioral interventions in preventing transmission of sexually transmitted diseases was acknowledged in text books and journals but rarely promoted effectively in public health practice This book addresses the complexities and social contexts of human behaviors which spread STDs the cultural barriers to STD education and the sociopolitical nuances surrounding treatment

**Public Health Reports ,2008 Preventing Aids** Seth C. Kalichman,2014-02-25 This book provides a comprehensive overview of behavioral interventions to prevent HIV AIDS risk related behaviors It synthesizes the empirical literature on individual group and community level interventions and provides an objective and detailed assessment of intervention outcomes Factors associated with behavioral risk for HIV transmission theories of HIV risk behavior change and the state of HIV prevention technology transfer are also reviewed Additionally behavioral interventions for adolescents and adults of diverse ethnic and sexual backgrounds are discussed with respect to each intervention type Although the focus is on sexual risk reduction interventions for sexual behavior of substance abusing populations are also covered

Index Medicus ,2003 Vols for 1963 include as pt 2 of the Jan issue Medical subject headings

**Cumulated Index Medicus ,1989 Current**

**Bibliographies in Medicine** ,1993      *AIDS in Asia* Jai P Narain,2004-11-16 This volume discusses the many advances in HIV research new initiatives and their promise for application in the Asian region It highlights the critical need for national commitment and adequate resources and for addressing the underlying HIV risk related behaviours and vulnerabilities The contributors also examine the concept of comprehensive care from home and from the community to the institutional level as well as providing up to date information on HIV drug and vaccine development      HIV Prevention Kenneth H. Mayer,H.F. Pizer,2009-03-13 HIV AIDS continues to be the pandemic of our times and there has not been a comprehensive medically based AIDS prevention book published in the last 5 years It is estimated that 36 to 45 million people including 2 3 million children already are infected worldwide and an additional 4 7 million more are infected each year There are about 6 000 new infections daily and about 12 million AIDS orphans People receiving AIDS treatments feel well and have no detectable viral load but still can infect others And even when a vaccine is found it will take many years before it can be administered across the developing world Discusses all aspects of AIDS prevention from epidemiology molecular immunology and virology to the principles of broad based public health prevention interventions Special focus on the array of interventions that have been proven effective through rigorous study Identifies new trends in HIV AID epidemiology and their impact on creating and implementing prevention interventions Incorporates virology biology infectious diseases vaccinology microbicides and research methodologies into AIDS prevention      Protecting the Health of the Poor Abraar Karan,Geeta Sodhi,2015-12-15 Nowhere is the injustice of the global distribution of income and wealth more palpable than in health While the world s affluent spend fortunes on the most trifling treatments poor people s lives are ruined and often cut short prematurely by challenges that could easily be overcome at low cost childbirth diarrhoea malnutrition malaria HIV AIDS measles pneumonia Millions are avoidably dying from such causes each year and billions of lives avoidably blighted by these diseases of poverty Drawing on in depth empirical research spanning Asia Latin America and Africa this path breaking collection offers fresh perspectives from critically engaged scholars Protecting the Health of the Poor presents a call and a vision for unified efforts across geographies levels and sectors to make the right to health truly universal      **Disease Prevention Research at NIH** Ronald L. Gordan,1993      AIDS and STIs Donna A. Champeau,Karen Elliott,2007      **AIDS Bibliography** ,1995      **Public Health Reports** ,2009

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