

CASE STUDY PART 1 INTRODUCTION

Personal Trainer, Inc, owns and operates fitness centres in various cities in Victoria and southern NSW. The fitness centres have done well, and the company is planning an expansion by opening a new “supercentre” in Brisbane, Queensland.

BACKGROUND

Kate Umi, CEO, heads Personal Trainer’s management team. Three managers report to her at the firm’s Melbourne headquarters: Janet McDonald, manager, finance; Tai Tranh, manager, sales and marketing; and Ryan Curry, manager, operations. The managers who run the 12 existing centres all report to Ryan. Kate wants the new supercentre in Brisbane to emphasis a wide variety of personal services and special programs for members. If the supercentre approach is successful, it will become the model for Personal Trainer’s future growth. Kate personally selected Jason Lewis, a manager with three years of fitness centre experience, to run the new facility.

The new supercentre will feature a large exercise area with state-of-the-art equipment, a swimming pool, a sporting goods shop, a health food store, and a snack bar – with healthy

Personal Training Case Study

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