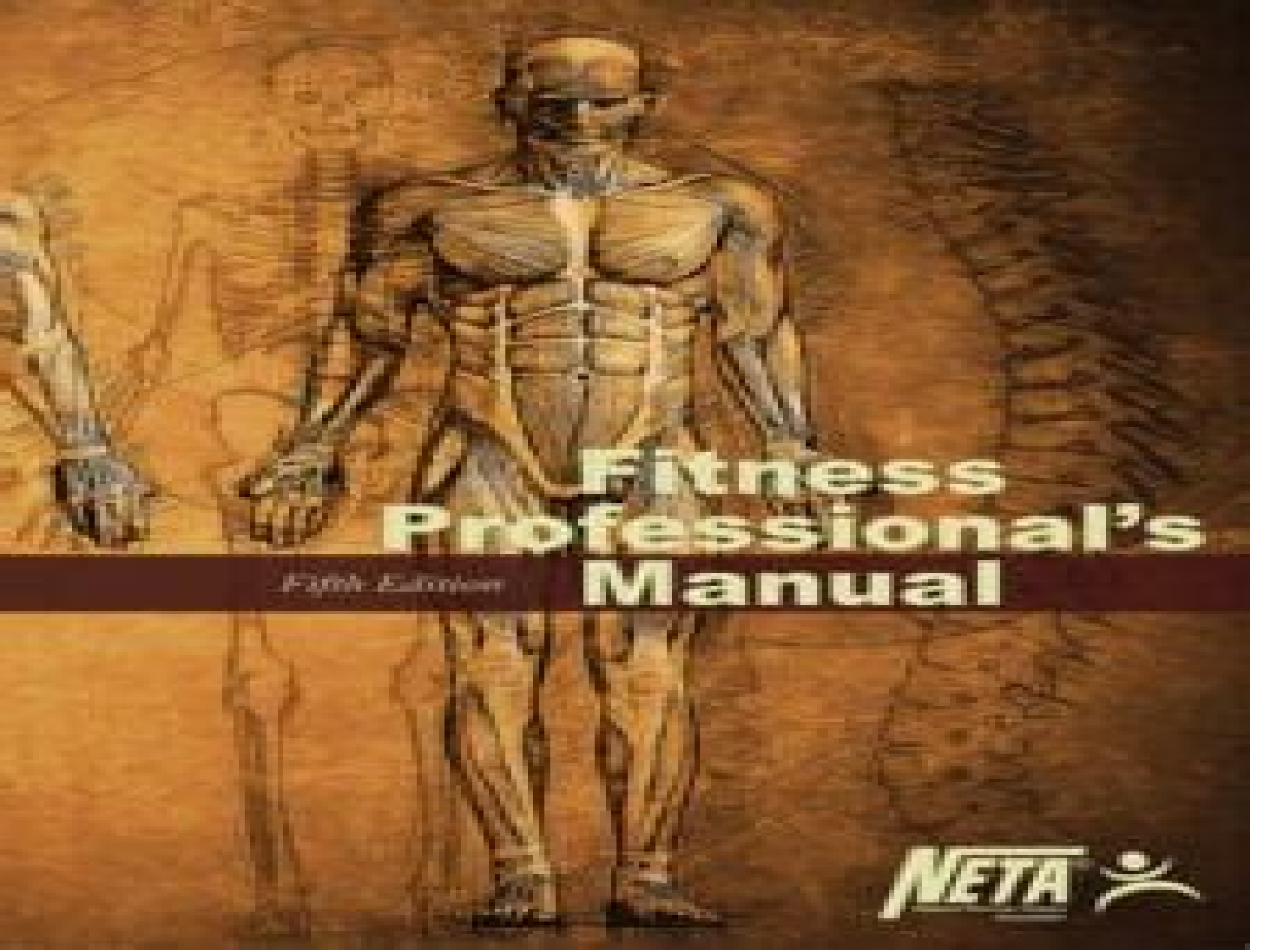




Fitness Professional's Manual

Fifth Edition



Personal Fitness Manual Neta

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