



4. "Pues entonces, ¿esta falda y esta blusa?"
5. "Busco algo bonito para una fiesta."

Dependiente

Teresa



6. "Bueno, hay cosas que no cuestan tanto."
7. "Bueno, uhm, aquí en México no llevamos esa ropa en las fiestas."
8. "¡... pero es mi gorra favorita!"

Dependiente

Berta

Ramon

Actividad 3

Can you remember what happened in the video? Write the letter of the correct answer on the line.

1. A Teresa no le gusta la falda y el vestido; ____ **c** ____
a. le quedan bien.
b. le quedan más o menos.
c. le quedan mal.
2. A Teresa no le gusta su ropa, pero sí tiene ropa ____ **a** ____
a. bonita.
b. fea.
c. muy vieja.



3. Teresa quiere ____ **b** ____
a. comprar algo extravagante.
b. comprar algo nuevo.
c. no ir a la fiesta.

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N Noddings



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web ms und sport sport und bewegung sind gut für körper und seele das gilt auch für menschen mit multiple sklerose wer regelmäßig in bewegung ist bringt sein herz kreislauf system in schwung reduziert überflüssiges körperfett senkt den cholesterinspiegel und beugt depressionen vor

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web erfahren sie wie sie mit multipler sklerose ms aktiv bleiben und ihre bewegungsfreiheit erhalten können entdecken sie die vielfältigen möglichkeiten von msundichbewegt auf msundich de und lassen sie sich von inspirierenden geschichten

Übungen und tipps für ein aktives leben mit ms begeistern

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web lange zeit hieß es ms und sport würden sich nicht vertragen diese sichtweise gilt mittlerweile als widerlegt heute ist die gesundheitsfördernde wirkung von sport auch bei multipler sklerose unumstritten bewegungsübungen können bei der behandlung von ms sogar wichtige therapiebausteine sein