

# MEN'S RUNNING SHOES COMPARISON CHART

	Beginner		Intermediate			Advanced	
							
							
	RUN CUSHION	RUN ACTIVE	RUN SUPPORT	RUN COMFORT	ACTIVE BREATHE	KIPRUN KD500	KIPRUN ULTRALIGHT
Cushioning							
Fit							
Light weight							
Energy return							

# Running Shoes Selection Guide

**Yi-Tong Ma**



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