

An APA Research Paper Model

Thomas Delancy and Adam Solberg wrote the following research paper for a psychology class. As you review their paper, read the side notes and examine the following:

- The use and documentation of their numerous sources.
- The background they provide before getting into their own study results.
- The scientific language used when reporting their results.

Center the title one inch from the top. Double-space throughout.

The introduction states the topic and the main questions to be explored.

The researchers supply background information by discussing past research on the topic.

Extensive referencing establishes support for the discussion.

Running on Empty: The Effects of Food Deprivation on Concentration and Perseverance

Many things interrupt people's ability to focus on a task: distractions, headaches, noisy environments, and even psychological disorders. To some extent, people can control the environmental factors that make it difficult to focus. However, what about internal factors, such as an empty stomach? Can people increase their ability to focus simply by eating regularly?

One theory that prompted research on how food intake affects the average person was the glucostatic theory. Several researchers in the 1940s and 1950s suggested that the brain regulates food intake in order to maintain a blood-glucose set point. The idea was that people become hungry when their blood-glucose levels drop significantly below their set point and that they become satisfied after eating, when their blood-glucose levels return to that set point. This theory seemed logical because glucose is the brain's primary fuel (Pindl, 2000). The earliest investigation of the general effects of food deprivation found that long-term food deprivation (36 hours and longer) was associated with sluggishness, depression, irritability, reduced heart rate, and inability to concentrate (Keys, Brozek, Henschel, Mickelsen, & Taylor, 1950). Another study found that fasting for several days produced muscular weakness, irritability, and apathy or depression (Kollar, Slater, Palmer, Docter, & Mandell, 1964). Since that time, research has focused mainly on how nutrition affects cognition. However, as Green, Elliman, and Rogers (1995) point out, the effects of food deprivation on cognition have received comparatively less attention in recent years.

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Arturo Cuomo



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relationship to food production, can be defined as being the ability to account for all quantities of raw materials, waste, ...

Tolerance on Mass Balance for Recall/withdrawal for BRC Aug 3, 2016 — Tolerance on Mass Balance for Recall/withdrawal for BRC - posted in BRCGS ... For example, if you have used 100 Kg of raw materials and 1000 donut ... BRC Auditing - What To Expect Under Food Issue 8 Oct 17, 2019 — The mass balance is the quantity of incoming raw material against the quantity used in the resulting finished products, taking process waste and ... The Mass Balance Approach in Feedstock Substitution An established method to foster sustainability in existing infrastructure · Benefits of the Mass Balance Approach · Biomass balance and ChemCycling · ChemCycling ...

8. Mass Balance Mass-balance analysis may also be referred to as. "Material Flow Analysis" or "Substance Flow Analysis." Table 8.1 provides several examples of possible inputs,. Mass Balance Approach in the Chemical Industry The mass balance Approach (MBA) is a process for determining the use of chemically recycled or bio-based feedstock in a final product when both recycled and ... BRC 3.9.2 Trace Exercise Sample Procedure to conduct a mass balance check · 1. Select a raw material lot number used in a finished product made within the last 6 months. · 2. Review storage ... UNDERSTANDING VULNERABILITY ASSESSMENT Table 6 provides examples of PRNs for different raw materials. Table 6 Priority ... Mass balance exercises at critical points in the supply chain - the mass ...

ISSUE 8 FOOD SAFETY - Frequently Asked Questions - a worked example from the raw material supplier, which ... to conduct a mass balance test every 6 months for each claim or a single mass balance test every. USER MANUAL - SRV02 Rotary Servo Base Unit The Quanser SRV02 rotary servo plant, pictured in Figure 1.1, consists of a DC motor that is encased in a solid aluminum frame and equipped with a planetary ... SRV02 Position Control using QuaRC This laboratory guide contains pre-lab and in-lab exercises demonstrating how to design and implement a position controller on the Quanser SRV02 rotary ... Quanser SRV02 Workbook Jan 1, 2019 — Hakan Gurocak, Washington State University Vancouver, USA, for rewriting this manual to include embedded outcomes assessment. SRV02 Workbook - ... SRV02 User Manual SRV02 User Manual. 1. Presentation. 1.1. Description. The Quanser SRV02 rotary servo plant, pictured in Figure 1, consists of a DC motor that is encased in a. Quanser SRV02 Workbook Jan 1, 2019 — SRV02 Manual (Student).pdf. This laboratory guide contains pre-lab questions and lab experiments demonstrating how to model the Quanser. SRV02 ... SRV02 User Manual This module is designed to mount to a Quanser rotary servo plant (SRV02). The sensor shaft is aligned with the motor shaft. One end of a rigid link is mounted ... SRV02_Rotary Pendulum_User Manual.sxw The following table describes the typical setup using the complete Quanser solution. It is assumed that the ROTPEN is being used along with an SRV02, UPM and Q8 ...

SRV02 Gyroscope User Manual The Quanser SRV02 and gyroscope system provides a great platform to study gyroscope properties along with control experiments that resemble real-life ... Rotary Servo Base Unit The Rotary Servo Base Unit is the fundamental element of the Quanser Rotary Control family. It is ideally suited to introduce basic control concepts and ... Control Systems Lab Solutions Quansers lab equipment for control systems are precise, robust, open architecture solutions

for a wide range of teaching and research applications.