

PEDIATRIC HEAD TO TOE ASSESSMENT

THE INFANT (FROM 1 TO 12 MONTHS OF AGE)

PHYSICAL GROWTH

1. **Weight:** most rapid physical growth in infancy; the best measure of growth
 - a. Weight gain of 1 to 1½ lbs/month during the first 6 months, doubling of birth weight at 6 months
 - b. Weight gain of ½ to ¾ lb/month from 7th to 12th month, tripling of birth weight at 1 year
2. **Length:** increase by 50% by 1 year
3. **Head Circumference**
 - a. At birth, the head circumference (HC = 33 to 35 cm) is greater than the chest circumference (C/C = 31 to 33)
 - b. HC grows at a rate of 0.5 to 1 inch per month
 - HC equals CC at 1 year
 - c. HC increase of greater than 1 inch per month is a danger sign of hydro-cephalus
4. **Fontanels**
 - a. Posterior fontanel (smaller triangular-shaped, also termed lambda) closes at 2 to 3 months
 - b. Anterior fontanel (bigger, diamond-shaped, also termed bregma) closes at 12 to 18 months. (Usually close at 18 months)
5. **Vision**
 - a. Newborns see only gross patterns of light or bright colors
 - b. At 3 months: can follow moving objects 180 degrees
 - c. At 4 months: infant can recognize his/her mother and familiar objects
 - d. At 6 months: infant can perceive colors
 - e. After 9 months: infant can recognize facial characteristics and often smiles in response to the sight of a familiar face
 - f. At 12 months: Depth perception has developed and infant may recognize where a change in level occurs (e.g. at the edge of the bed)
6. **Teething**
 - a. At 6 to 7 months: the lower central incisors – the first deciduous teeth or temporary or milk teeth erupts
 - b. At 12 months: complete incisors and 2 lower lateral incisors)

PSYCHOSOCIAL SKILLS

- 1 month: smiles indiscriminately
- 2 months: smiles socially
- 3 months: shows interest in the environment
- 4 months: recognizes mother, the most significant person to him/her engages in social interactions/demands attention/shows excitement
- 5 to 6 months: recognizes parents, enjoys plays
- 7 to 8 months: fears strangers and cries in their presence (peak at 8 months)
- 9 to 10 months: shows beginning separation anxiety
- 10 to 12 months: shows emotions, begins to explore environment

SIGNIFICANT DEVELOPMENT MILESTONE IN INFANCY

1 month • Head lags • Lift head for short periods, intermittently when prone • Early crawling movements • Follows moving objects to midline of vision • Smiles indiscriminately
2 months • Posterior fontanel closes • Rolls from side to back • Social smile appears • Holds rattle briefly • Begins to follow moving objects to sides • Head lags when pulled to a sitting position
3 months • Holds head erect and steady when held on sitting position

Sample Pediatric Head To Toe Assessment Documentation

JL Elias



Sample Pediatric Head To Toe Assessment Documentation:

Pediatric Education for Prehospital Professionals Ronald A. Dieckmann, 2006 Pediatric Education for Prehospital Professionals PEPP represents a comprehensive source of prehospital medical information for the emergency care of infants and children **Pediatric Education for Prehospital Professionals (PEPP)** American Academy of Pediatrics (AAP), 2013-08-28 This work represents a comprehensive source of prehospital medical information for the emergency care of infants and children and has been designed to teach professionals how to better assess and manage ill or injured children

Advanced Pediatric Assessment Ellen M. Chiocca, 2024-10-29 Third Edition AJN Book of the Year Award Winner Child Health This acclaimed text delivers the specialized knowledge and skills required for in depth physical and psychosocial assessment and treatment of children from birth through adolescence Comprehensive and detailed it emphasizes the unique anatomic and physiologic differences between infants children and adults and underscores the need for a distinct approach to the pediatric population The fourth edition is updated with a unique chapter on diagnostic reasoning along with new content on this topic throughout Also included is a new section on the pediatric telehealth visit and discussion of the clinical impact of the pandemic on the physical and psychological assessment of pediatric patients New case studies and critical thinking exercises for each chapter illuminate content along with abundant four color photograph and images The text is written with a level of depth that makes it ideal both as a text for advanced practice nursing students and as a reference for practicing pediatric healthcare providers It encompasses the physical psychosocial developmental and cultural aspects of child assessment Detailed tables list normal growth and developmental milestones as well as developmental red flags and developmental screening tools New to the Fourth Edition A fully revised chapter on mental health assessment of children A new section on providing Trauma Informed Care to children A revised chapter on diagnostic reasoning and clinical decision making along with new diagnostic reasoning content throughout Content on the pediatric telehealth visit Focus on the clinical impact of the pandemic on the physical and psychosocial assessment of pediatric patients Key Features Organized by body system to aid in speedy information retrieval Examines the unique anatomic and physiologic differences among infants children and adults Addresses family developmental nutritional and child mistreatment assessment Describes in detail helpful communication techniques when working with children of different developmental levels Incorporates current screening and health promotion guidelines Offers a specific chapter on the diagnostic process and formulating pediatric differential diagnoses Advanced Pediatric Assessment, Third Edition Ellen M. Chiocca, 2019-08-28 Underscores the unique health needs of children at different ages and developmental stages This is the only text reference book to deliver the specialized knowledge and skills needed to accurately assess children during health and illness Comprehensive and detailed it emphasizes the unique anatomic and physiologic differences among infants children and adults The third edition features updated clinical practice guidelines clinical decision making formulating differential diagnoses and evidence based practice

It newly addresses toxic stress and trauma informed care and child witnesses to violent acts Additionally the book provides several new features facilitating quick access to key information along with new instructor and student resources Using a body system that highlights developmental and cultural considerations the text examines the physical and psychosocial principles of growth and development with a focus on health promotion and wellness Especially useful features include a detailed chapter on helpful communication techniques when assessing children of various ages and developmental levels a chapter on the assessment of child abuse and neglect over 280 photos and charts depicting a variety of commonly encountered pediatric findings and sample medical record documentation in each chapter New to the Third Edition Now in full color Now includes NEW instructor resources Power Points Test Bank 4 color Image Bank Updated clinical practice guidelines Clinical decision making formulating differential diagnoses and evidence based practice Immigrant and refugee health Toxic stress and trauma informed care Child witnesses to violent acts Content outline at the beginning of each chapter Call out boxes summarizing key information Summary boxes on essential areas of physical exams Key Features Focuses exclusively on the health history and assessment of infants children and adolescents Describes the unique anatomic and physiologic differences among infants children and adults Provides comprehensive and in depth information for APN students and new practitioners Addresses family developmental nutritional and child mistreatment assessment Includes clinical practice guidelines for common medical conditions Incorporates up to date screening and health promotion guidelines

Basic Life Support Provider: Pediatric Education for Prehospital Professionals ,2009-10-05 Basic Life Support Provider Pediatric Education for Prehospital Professionals BLS PEPP is a comprehensive source of prehospital medical information for the emergency care of infants and children BLS PEPP is designed to give First Responders and EMT Basics the education skills and confidence they need to effectively treat pediatric patients Developed by the American Academy of Pediatrics BLS PEPP specifically teaches prehospital professionals how to better assess and manage ill or injured children BLS PEPP combines complete medical content with dynamic features and an interactive course to better prepare prehospital professionals for the field Advanced Pediatric Assessment, Second Edition Ellen M. Chiocca,2014-12-18 Now in its second edition Advanced Pediatric Assessment is an in depth current guide to pediatric focused assessment addressing the unique anatomic and physiological differences among infants children and adults as they bear upon pediatric assessment The second edition is updated to reflect recent advances in understanding of pediatric assessment for PNP's FNP's and other practitioners as well as students enrolled in these advance practice educational programs This includes a new chapter on the integration of pediatric health history and physical assessment a Notable Clinical Findings section addressing abnormalities and their clinical significance at the end of each assessment chapter updated clinical practice guidelines for common medical conditions updated screening and health promotion guidelines and summaries in each chapter Based on a body system framework which highlights developmental and cultural considerations the guide emphasizes the physical and psychosocial

principles of growth and development with a focus on health promotion and wellness Useful features include a detailed chapter on appropriate communication techniques to be used when assessing children of different ages and developmental levels and chapters on assessment of child abuse and neglect and cultural considerations during assessment The text presents nearly 300 photos and helpful tables and boxes depicting a variety of commonly encountered pediatric physical findings and sample medical record documentation in each chapter NEW TO THE SECOND EDITION A chapter on the integration of pediatric health history and physical assessment Notable Clinical Findings addressing important abnormalities and their clinical significance in each assessment chapter Updated clinical practice guidelines for common medical conditions Updated screening and health promotion guidelines Accompanying student case study workbook to be purchased separately KEY FEATURES Focuses exclusively on the health history and assessment of infants children and adolescents Provides the comprehensive and in depth information needed by APN students and new practitioners to assess children safely and accurately Includes family developmental nutritional and child mistreatment assessment Addresses cultural competency including specific information about the assessment of immigrant and refugee children Fosters confidence in APNs new to primary care with children Ellen M Chiocca MSN CPNP APN RNC NIC is a clinical assistant professor in the School of Nursing at DePaul University She received a master of science degree in nursing and a postmaster nurse practitioner certificate from Loyola University Chicago and a bachelor of science degree in nursing from St Xavier University Prior to joining the faculty at DePaul University she taught at Loyola University Chicago from 1991 to 2013 Ms Chiocca s clinical specialty is the nursing of children Her research focuses on how various forms of violence affect children s health She is certified in neonatal intensive care nursing and as a pediatric nurse practitioner In addition to teaching at DePaul Ms Chiocca also continues clinical practice as a pediatric nurse practitioner at a community clinic in Chicago Ms Chiocca has published more than 25 journal articles and book chapters and is also a peer reviewer for the journal Neonatal Network She is currently pursuing a PhD in nursing

Leifer's Introduction to Maternity & Pediatric Nursing in Canada E-Book
Gloria Leifer, Lisa Keenan-Lindsay, 2019-09-06 NEW Fully revised content for a Canadian audience includes statistics terminology references and resources 2019 Canada s Food Guide guidelines from the Society of Obstetricians and Gynaecologists of Canada SOGC the Canadian Paediatric Society CPS and the Public Health Agency of Canada Canadian nursing best practice guidelines assessments and more NEW Strong focus on Health Promotion includes application of the social determinants of health greater emphasis on community nursing primary health care and family centred care approach NEW High Risk Newborn chapter combines preterm post term newborn with the child born with a congenital condition NEW Chapter covers caring for the child with a chronic illness or in palliative care UNIQUE Baby Friendly Initiatives incorporated throughout the text UNIQUE Canadian cultural considerations include content related to Indigenous Peoples threaded throughout all applicable chapters NEW Updated labour information based on Canadian guidelines and the five P s of labour

NEW Complete inclusion of Canadian medications dosages and metric measurements NEW Enhanced and updated art programme reflect Canada's cultural diversity in the health care setting NEW Coverage of Canadian ethical and legal standards and provincial and territorial legislation NEW Critical Thinking questions applies concepts learned in the chapter to practical situations NEW UPDATED Examination review questions prepare you for certification exams NEW Expanded coverage on safety includes maternity and pediatric care in the home and community

Introduction to Maternity & Pediatric Nursing - E-Book Gloria Leifer, 2013-11-28 Part of the popular LPN Threads series Introduction to Maternity Pediatric Nursing provides a solid foundation in obstetrics and pediatric nursing An easy to follow organization by developmental stages discussion of disorders by body system from simple to complex and health to illness and a focus on family health make it a complete guide to caring for maternity and pediatric patients Written in a clear concise style by Gloria Leifer MA RN this edition reflects the current NCLEX test plan with additional material on safety health promotion nutrition and related psychosocial care Cultural Considerations boxes and a Cultural Assessment Data Collection Tool help in developing individualized plans of care Updated health promotion content includes Health Promotion boxes focusing on preventive strategies for achieving prenatal wellness health during pregnancy postnatal health and pediatric illness prevention and wellness including the complete immunization schedules for all ages Nursing Tips provide information applying to the clinical setting Objectives are listed in each chapter opener Key terms include phonetic pronunciations and text page references at the beginning of each chapter Nursing Care Plans with critical thinking questions help you understand how a care plan is developed how to evaluate care of a patient and how to apply critical thinking skills A companion Evolve website includes animations videos answers to review questions and answer guidelines for critical thinking questions an English Spanish audio glossary critical thinking case studies and additional review questions for the NCLEX examination

Care of the Obese in Advanced Practice Nursing Lisa L. M. Maher, 2015-12-02 The first book to provide APNs with the tools to effectively treat obese patients This book is the first resource to give the APN the practical tools with which to communicate assess and treat obese patients Designed to help APNs to easily broach an uncomfortable topic the book walks practitioners through the exam providing tips on effective communication understanding lifestyle constraints and working with the patient to improve their condition without shame Emphasizing multidisciplinary approaches and evidence based treatment the book addresses prevention provider recognition and treatment of adult and pediatric obesity with the goal of improving overall quality of life The resource offers practical information on diet and exercise that foster healthy weight loss along with psychological pharmacological and surgical recommendations Effective tips on all facets of working with obese patients bolstered with real life examples that provide the patient's perspective help APNs understand and provide a better quality of care to these vulnerable patients Additionally the book includes substantial information on comorbidities which add to the complexity of obesity treatment Chapters address current trends and causes of obesity

communication dos and don'ts the technical aspects of obesity including genetics and pathophysiology obesity as an addiction eating disorders assessment from the APN point of view disease management pharmacological surgical and medical management and costs and insurance coverage Several tools that can be used to enhance clinical practice are featured in the Appendix Key Features Written specifically for the Advanced Practice Nurse Covers all facets of communication with assessment of and treatment of obese patients Includes case studies and treatment plans from a nursing perspective Highlights a multidisciplinary approach Includes effective tips photographs and real life examples that illustrate the patient's perspective

Applied Knowledge in Paediatrics: : MRCPCH Mastercourse - E-Book Dr. Martin Hewitt, Dr. Roshan Adappa, 2022-08-10 The essential guide to passing the MRCPCH Applied Knowledge in Practice AKP exam Closely aligned to the Royal College of Paediatrics and Child Health RCPCCH theory examination syllabus and also reflective of current UK practice Applied Knowledge in Paediatrics will leave the reader with a sound knowledge of all the core topics relevant to paediatrics and child health It will also provide a useful study aid for those undertaking the MRCPCH Applied Knowledge in Practice examination The book covers how and why illnesses develop in children and young people the appropriate investigations and treatment required the urgency of implementation and the impact of the disease process on the child and their family This comprehensive text is edited by Dr Martin Hewitt a Senior Theory Examiner for the AKP examination and Dr Roshan Adappa a Senior clinician and postgraduate trainer with expert input from more than 60 paediatric specialists 33 chapters provide comprehensive information of all areas of paediatric practice Directly aligned to the Applied Knowledge in Practice syllabus and examination 50 sample questions along with answers and reasoning explaining each of the answer options Chapter on how to prepare for the RCPCCH AKP examination Clinical scenarios in each chapter outlining difficult clinical problems and proposed management plans Clinical images to aid understanding Level of detail to support clinical practice of paediatricians with 12-18 months experience

Examination Paediatrics Wayne Harris, 2017-09-28 Examination Paediatrics is an essential guide for medical trainees undertaking paediatric clinical examinations Aligned with current practice and examination format this new edition provides guidance on history taking examination procedure relevant investigations and management for the majority of chronic paediatric clinical problems encountered in paediatric hospital practice and community paediatric practice Extended cardiology focus with over 50 colour images Catchy mnemonics to aid recall 5 new long cases including hypopituitarism neurofibromatosis type 1 and Rett syndrome 8 new short cases including lymphadenopathy ataxia and nystagmus Tips on body language attitude and the motivation needed to pass your clinical exams

Children and Young People's Nursing Skills at a Glance Elizabeth Gormley-Fleming, Deborah Martin, 2018-02-15 Children and Young People's Nursing Skills at a Glance is the perfect companion for study and revision for pre-registration children's nursing students Highly visual each clinical skill is covered in a two-page spread with superb colour illustrations accompanied by clear informative text Providing up-to-date evidence

based information on a wide range of clinical skills that are required by today's children's nurses this comprehensive and accessible text makes it easy for the reader to grasp the fundamentals in order to meet the care needs of the child and family both in the hospital and community setting Structured around the key systems of the body the book is divided into sixteen sections and covers all the essential clinical skills including Principles of assessment Communication Record keeping Drug calculations and administration Safeguarding Care planning Respiratory and cardiac care Gastrointestinal care ECG reading and interpretation Neurological assessment Musculoskeletal care Aimed at both student nurses and those newly qualified Children and Young People's Nursing Skills at a Glance provides need to know rapid information to ensure safe and effective clinical practice

Principles and Practice of Pediatric Anesthesia H Snehalata Dhayagude, M Nandini Dave, 2016-05-28 This book provides a detailed overview of techniques in paediatric anaesthesia Beginning with the basic principles of child anatomy growth and development the following section explains general principles of anaesthetising a child from preoperative evaluation and induction to monitoring pain assessment ventilation strategies and transfusion therapy The book covers anaesthesia for numerous sub specialties including neonatal surgery ENT procedures dentistry liver disease thoracic surgery ophthalmic procedures and much more The final sections describe special circumstances and complications and associated topics such as safety and quality and ethical issues Comprehensive appendices provide an index of syndromes and anaesthetic implications a paediatric drug index quick reference tables and formulae and a photo gallery Key points Presents overview of techniques in paediatric anaesthesia Covers numerous sub specialties special circumstances and complications Discusses associated topics including safety and quality and ethical issues Comprehensive appendices provide indexes of syndromes anaesthetic implications and drug dosages as well as quick reference tables and a photo gallery

Introduction to Maternity and Pediatric Nursing - E-Book Gloria Leifer, 2022-08-31 Build the knowledge and clinical judgment you need to succeed in maternity and pediatric nursing Written in a clear easy to read style Introduction to Maternity and Pediatric Nursing 9th Edition describes how you can provide effective evidence based care for women during pregnancy labor and delivery and for newborns and growing children The text spans the continuum of child development organizing topics from simple to complex and from health to illness this approach makes it easy to locate information Another hallmark of the book is its strong focus on family centered care health promotion and illness prevention Written by noted nursing educator Gloria Leifer this bestselling text includes new Next Generation NCLEX exam style case studies plus updates on infection control pandemic responses and more Unfolding case studies follow one family through the conception and birth process and include open ended critical thinking questions applying the content to practice More than 25 nursing care plans include nursing diagnoses plus goals nursing interventions and rationales along with critical thinking questions to promote clinical decision making skills Detailed nursing skills cover a wide range of maternal and pediatric nursing interventions Safety alerts highlight the importance of protecting patients and others from accidents medication errors and the spread of

disease Nursing tips include practical evidence based information applicable in the clinical setting Nursing guidelines reflect the World Health Organization's Baby Friendly Hospital Initiative alternative therapies immunization mandates emergency preparedness preventing medication errors and more Get Ready for the NCLEX Examination at the end of each chapter includes a summary of key points additional online resources review questions and critical thinking questions Cultural Considerations boxes help you address the needs of culturally diverse patients and families Patient Teaching boxes help you communicate instructions for self care with patients and families Medication tables provide quick access to information about commonly used medications NEW Next Generation NCLEX examination style case studies include new format questions to help you prepare for the licensure examination NEW Discussion of the NCSBN Clinical Judgment Measurement Model helps you learn decision making and develop the skills needed to plan effective nursing interventions NEW Thorough updates include infection control pandemic responses pharmacologic tables and pediatric treatments

Guide to Clinical

Documentation Debra D Sullivan, 2018-07-25 Understand the when why and how Here's your guide to developing the skills you need to master the increasing complex challenges of documenting patient care Step by step a straightforward how to approach teaches you how to write SOAP notes document patient care in office and hospital settings and write prescriptions You'll find a wealth of examples exercises and instructions that make every point clear and easy to understand

Health

Assessment in Nursing Janet Weber, Jane Kelley, 2009-10-01 Now in its Fourth Edition Health Assessment in Nursing is a colorful user friendly introductory level health assessment text for RN level students Targeted to ADN and BSN programs this text presumes no prior knowledge of health assessment and is part of a suite that includes Lab Manual to Accompany Health Assessment in Nursing Nurses Handbook of Health Assessment and Weber Kelley's Interactive Nursing Assessment For this edition the COLDDSPA mnemonic which guides students through investigation of symptoms has been revised to show specific applications to content in each chapter A sample application of COLDDSPA is presented at the beginning of each chapter's Nursing History section and another accompanies each case study The Frail Elderly chapter has been streamlined with a stronger focus on the normal variations associated with assessment of elderly clients Includes DVD ROM

Maternal

& Child Health Nursing Adele Pillitteri, 2010 Growing research shows that many children from immigrant and refugee families are not doing well in school due in part to linguistic and cultural disadvantages Teaching dual language learners requires cultural sensitivity an understanding of language acquisition and intentional teaching strategies Combining research and techniques this resource helps early childhood educators support dual language learners as they develop the skills necessary for school readiness and success

Clinical and Practical Paediatrics - E-Book

Harish Pemde, Vikram Datta, Kamlesh Harish, 2022-03-10 This invaluable reference is designed to fulfill the immediate need of undergraduates and residents to learn the nuances of case presentation examination and viva voce in a simple and concise manner It provides most aspects of clinical and practical paediatrics with the required understanding of various important and common diseases

in children through real cases Updated and mapped content as per the latest clinical guidelines and competency based curriculum Describes clinical aspects appropriate investigations and management in a concise manner for easy retention and reference during the clinical exam A chapter on COVID 19 in children Includes new topics on EEG ECG echocardiography and CT MRI in an easy to learn format Provides communication strategies for counseling the patients or families Enhances practical learning of paediatrics through Charts on growth in children blood pressure and neonatal resuscitation Chapters on X rays laboratory reports including those of EEG echocardiography CT and MRI drug doses and instruments Added many pictures tables boxes and flow diagrams to enable easy registration and recall of the clinical aspects Complimentary digital resources available on MedEnact

Health Assessment for Nursing Practice Susan Fickertt Wilson, Jean Foret Giddens, 2001 HEALTH ASSESSMENT FOR NURSING PRACTICE second edition effectively presents nursing focused physical assessment in an appealing and consistent format Organized by body system each chapter contains sections on anatomy and physiology health history step by step examination procedures normal to abnormal findings and common problems and conditions This new edition includes risk factor boxes summary of findings tables clinical applications and critical thinking exercises and updated content on nutritional assessment Four new chapters cover mental health comfort and pain sleep and rest and the pregnant client making this text a complete reference for learning health assessment Numerous full color illustrations depict examination procedures and normal and abnormal findings

Introduction to Maternity and Pediatric Nursing Gloria Leifer, MA, RN, CNE, 2014-09-11 Part of the popular LPN Threads series Introduction to Maternity Pediatric Nursing provides a solid foundation in obstetrics and pediatric nursing An easy to follow organization by developmental stages discussion of disorders by body system from simple to complex and health to illness and a focus on family health make it a complete guide to caring for maternity and pediatric patients Written in a clear concise style by Gloria Leifer MA RN this edition reflects the current NCLEX test plan with additional material on safety health promotion nutrition and related psychosocial care provides clinical information and insights in a concise structured and informative way that encourages critical thinking Reviewed by Kim Shrieves on behalf of Nursing Times April 2015 Concise yet comprehensive content is presented within the scope of practice for the LVN LPN but with sufficient depth to facilitate students in a ladder program allowing them to be successful with the ADN program requirements for the specialties Step by step procedure lists throughout the text help you master important maternity and pediatric nursing processes with Skills Performance Checklists available on the Evolve website Nursing Care Plans with Critical Thinking Questions reinforce the nursing process and strengthen problem solving skills as applied to maternity nursing Logical organization of content from simple to complex and health to illness makes locating and accessing information easy Key terms with phonetic pronunciations and text page references help improve terminology and language skills of English as a Second Language ESL students and students with limited proficiency in English before they enter clinical practice Health Promotion boxes emphasize the importance of family

centered care health promotion and illness prevention women s health issues and growth and development of child and parent to help you understand and teach wellness and disease prevention to patients in your care Nutrition content highlights the importance of proper nutrition for women before during and after pregnancy for those who are breastfeeding as well as critical information about the nutrition needs and problems of newborns infants and children Nursing Tips throughout provide pertinent information applicable in the clinical setting that reinforces what you have just learned while building on previously learned information NEW Unfolding case studies with illustrations follow first time parents Tess and Luis throughout the stages of pregnancy and birth of their twins with a series of critical thinking questions NEW Updated NCLEX exam style review questions have been revised to a higher cognitive level to better reflect the NCLEX examination NEW Expanded coverage of bioterrorism and natural disasters better reflects the evolving role of the nurse in disaster situations NEW Enhanced appendix includes Pediatric Lab Values for quick and easy reference

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