QUICK REFERENCE TO PSYCHOTROPIC MEDICATIONS®

DEVELOPED BY JOHN PRESTON, PSY.D., ABPP

To the best of our knowledge recommended doses and side effects listed below are accurate. However, this is meant as a general reference only, and should not serve as a guideline for prescribing of medications. Please check the manufacturer's product information sheet or the P.D.R. for any changes in dosage schedule or contraindications. (Brand names are registered trademarks.)

ANTIDEPRESSANTS

NAMES Generic	Brand	Usual Daily Dosage Range	Sedation	ACH[1]	Selective Action On Neurotransmitters[2] NE	5-HT	DA
imipramine	Tofranil	150-300 mg	mod	mod	+ +	+ + +	0
desipramine	Norpramin	150-300 mg	low	low	+ + + + +	0	0
amitriptyline	Elavil	150-300 mg	high	high	+ +	+ + + +	0
nortriptyline	Aventyl, Pamelor	75-125 mg	mod	mod	+ + +	+ +	0
clomipramine	Anafranil	150-250 mg	high	high	0	+ + + + +	0
trazodone	Desyrel, Oleptro	150-400 mg	mod	none	0	+ + + +	0
nefazodone	Generic Only	100-300 mg	mod	none	0	+ + +	0
fluoxetine	Prozac*, Sarafem	20-80 mg	low	none	0	+ + + + +	0
bupropion	Wellbutrin*	150-400 mg	low	none	+ +	0	+ +
sertraline	Zoloft	50-200 mg	low	none	0	+ + + + +	+
paroxetine	Paxil	20-50 mg	low	low	+	+ + + + +	0
venlafaxine	Effexor*	75-350 mg	low	none	+ + +	+ + +	+
desvenlafaxine	Pristiq	50-400 mg	low	none	+ + +	+ + +	+
fluvoxamine	Luvox	50-300 mg	low	low	0	+ + + + +	0
mirtazapine	Remeron	15-45 mg	mod	mod	+ + +	+ + +	0
citalopram	Celexa	10-40 mg	low	none	0	+ + + + +	0
escitalopram	Lexapro	5-20 mg	low	none	0	+ + + + +	0
duloxetine	Cymbalta	20-80 mg	low	none	+ + +	+ + +	0
vilazodone	Viibryd	10-40 mg	low	low	0	+ + + + +	0
atomoxetine	Strattera	60-120 mg	low	low	+ + + + +	0	0
vortioxetine	Brintellix	10-20 mg	low	none	+	+ + + + +	+
levomilnacipran	Fetzima	40-120 mg	low	none	+ + +	+ + +	0
MAO INHIBITORS							
phenelzine	Nardil	30-90 mg	low	none	+ + +	+ + +	+ + +
tranylcypromine	Parnate	20-60 mg	low	none	+ + +	+ + +	+ + +
selegiline	Emsam (patch)	6-12 mg	low	none	+ + +	+ + +	+ + +

[1]ACH: Anticholinergic Side Effects
[2]NE: Norepinephrine, 5-HT: Serotonin, DA: Dopamine (0 = no effect, + = minimal effect, + + + = moderate effect, + + + + + = high effect)
[3]Unknown, but likely effect.
[4]Available in standard formulation and time release (XR, XL or CR). Prozac available in 90mg time released/"weekly formulation.

BIPOLAR DISORDER MEDICATIONS

NAMES Generic	Brand	Daily Dosage Range	Serum[1] Level
lithium carbonate	Eskalith, Lithonate	600-2400	0.6-1.5
olanzapine[2]			
fluoxetine	Symbyax	6/25-12/50mg*	?
carbamazepine	Tegretol,Equetro	600-1600	4-10+

NAMES Generic	Brand	Dosage	Daily Range	Serum[1] Level
divalproex	Depakote		750-1500	50-100
lamotrigine	Lamictal		50-500	(2)
oxcarbazepine	Trileptal		1200-2400	(2)

[1]Lithium levels are expressed in mEq/L, carbamazepine and valproic acid levels express in mcg/ml.
[2]Serum monitoring may not necessary. *Not yet established. *Available in: 6/25, 6/50, 12/25, and 12/50mg formulations.

ANTI-OBSESSIONAL

NAMES Generic	Brand	Dose Range[1]
clomipramine	Anafranil	150-300 mg
fluoxetine	Prozac*	20-80 mg
sertraline	Zoloft*	50-200 mg
paroxetine	Paxil*	20-60 mg
fluvoxamine	Luvox*	50-300 mg
citalopram	Celexa*	10-40 mg
escitalopram	Lexapro*	5-30 mg
vilazodone	Viibryd*	10-40 mg

[1]often higher doses are required to control obsession-compulsive symptoms than the doses generally used to treat depression.

PSYCHO-STIMULANTS

NAMES Generic	Brand	Daily Dosage[1]
methylphenidate	Ritalin	5-50 mg
methylphenidate	Concerta*	18-54 mg
methylphenidate	Methodate	5-40 mg
methylphenidate	Methylin	10-60 mg
methylphenidate	Daytrana (patch)	15-30 mg
methylphenidate	Quillivant XR (liquid)*	10-60 mg
dexmethylphenidate	Focalin	5-40 mg
dextroamphetamine	Dexedrine	5-40 mg
lisdexamphetamine	Vyvanse	30-70 mg
d- and l-amphetamine	Adderall	5-40 mg
modafinil	Provigil, Sparlon	100-400 mg
armodafanil	Nuvigil	150-250 mg

[1]Note: Adult Doses. *Sustained release

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Thomas L. Schwartz

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