

Study Guide

Biology 30 Unit A: Nervous and Endocrine Systems

This is a list of some things you'll want to be able to do for the unit exam. This is not a complete list of everything that will be on the exam. If you can check off most of these boxes without looking at your notes, you have a good opportunity to do well on the exam.

Unit A: Nervous and Endocrine Systems

Students must be able to:

Part I: Nervous System

- ❑ Recall definitions, such as: equilibrium, internal, external, physiological, homeostasis, disorder, nervous system, endocrine system, neuron, nerve, nerve impulse transmission, central nervous system (CNS), peripheral nervous system, reflex arc, sensory receptor, hormone, feedback, interactions, synapse.
- ❑ Explain how the nervous system controls physiological processes.
- ❑ Explain how the endocrine system contributes to homeostasis.
- ❑ Describe the structure and function of a neuron and myelin sheath.
- ❑ Explain how an action potential begins and is transmitted along a nerve.
- ❑ Explain all-or-none responses.
- ❑ Describe how signals are transmitted across synapses.
- ❑ Identify the role of neurotransmitters and chemicals such as: norepinephrine, acetylcholine, and cholinesterase.
- ❑ Identify main structures in the central and peripheral nervous systems and explain their functions in controlling both somatic (voluntary) and autonomic (involuntary) systems: cerebral hemispheres and lobes, pons, hypothalamus, cerebellum, medulla oblongata, spinal cord, sympathetic nervous system, parasympathetic nervous system, sensory-somatic nervous system.
- ❑ Give an example of how neurons are organized into nerves.
- ❑ Draw and label how a reflex arc (such as the patellar reflex) works.
- ❑ Identify the structures of the human eye and describe their functions: lens, cornea, retina, sclera, choroid, rods and cones, fovea centralis, pupil, iris, and optic nerve.
- ❑ Describe the structure and function of the inner ear's parts: tympanic, pinna, auditory canal, ossicles, cochlea, organ of Corti, auditory nerve, semicircular canals, and Eustachian tube.
- ❑ Explain other ways humans sense their environment and spatial orientation (smell, taste, touch receptors).
- ❑ Look at slides, dissections, and diagrams of brains, eyes, or ears, and identify structures in those organs.

Part II: Endocrine System

- ❑ Identify all major human endocrine glands: adrenal glands, islet cells of pancreas, parathyroid, thyroid, hypothalamus/pituitary.
- ❑ List the function of the hormones: TSH/thyroxine, calcitonin/P TH, ACTH/cortisol, glucagon/insulin, HGH, ADH, epinephrine, aldosterone. Explain how each keeps the body in homeostasis by feedback.
- ❑ Explain how thyroxine regulates metabolism.
- ❑ Explain how insulin, glucagon, and cortisol regulate blood sugar.
- ❑ Explain how HGH regulates growth.
- ❑ Explain how ADH regulates water content.
- ❑ Explain how aldosterone regulates sodium.
- ❑ Explain how the endocrine system allows humans to sense and respond to their internal environment.

Nervous And Endocrine Systems Study Guide Answers

Brendan G. Carr



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