

Nursing Restorative Program Examples

- **Bed Mobility**
 - Instructions
 - Encourage/cue patient to help with turning/rolling side to side in bed as able.
 - Encourage/assist with repositioning every 2 hrs.
 - If able have patient use arms and bend knees to push with foot to move up in bed, being mindful to lift buttocks area to prevent friction/tear and causing skin breakdown.
 - Have patient use side rails to aid in repositioning.
 - Frequency
 - 3-5 times per shift
 - Goal
 - Patient will regain baseline independence in bed mobility (turning side to side, repositioning self in bed, and moving from laying to sitting position)
- **Lower Body Dressing**
 - Instructions: Please assist patient with lower body dressing in the following ways to support progress with independence:
 - Lower Body Dress seated at EOB:
 - Setup assist of all clothing, reacher, long-handled shoe horn, and sock pull.
 - SBA with Min A as needed for dressing of brief, pants, socks, slippers or shoes
 - Cue to dress effected limb first (right)
 - Cue to adhere to hip precautions.
 - Frequency
 - Daily
 - Goal
 - Patient will improve independence with lower body dressing, requiring SBA while adhering to hip precautions
- **Feeding/Eating**
 - Instructions: Please assist patient with feeding in the following ways to support progress with independence:
 - Have patient up in wheelchair or at 90 degrees in bed
 - Set-up tray and have food/drinks/utensils within patient's reach
 - Cue to pick up and hold utensil or food and bring to mouth
 - Frequency
 - 3-4 times a day for all meals and snacks
 - Goal
 - Improve ability to feed oneself by being able to hold feeding utensils, cups, food, etc. and bringing to mouth independently.
- **Free Water Protocol**
 - Instructions
 - Oral care before offering water.
 - Patient may have up to 180cc thin water between meals.
 - No other thin fluids. NO food allowed while drinking thin fluids.
 - Bolt upright at 90 degrees. No straws.
 - If wet voicing occurs cue to clear throat or cough then dry swallow.
 - Frequency
 - 3-4 times per day
 - Goal

Sample Restorative Nursing Programs

JA Banks



Sample Restorative Nursing Programs:

Restorative Care Nursing for Older Adults Barbara Resnick, 2004-07-28 The purpose of restorative care nursing is to take an active role in helping older adults maintain their highest level of function thus preventing excess disability This book was written to help formal and informal caregivers and administrators at all levels to understand the basic philosophy of restorative care and be able to develop and implement successful restorative care programs The book provides a complete 6 week education program in restorative care for caregivers many suggestions for suitable activities and practical strategies for motivating both older adults and caregivers to engage in restorative care In addition the book provides an overview of the requirements for restorative care across all settings the necessary documentation and ways in which to complete that documentation

The Long-term Care Nursing Desk Reference Barbara Acello, 2005 From pain assessment methods to intravenous drip calculations the Long Term Care Nursing Desk Reference offers long term care nurses virtually every tool they need to provide high quality regulation compliant long term resident care Written by accomplished author and speaker Barbara Acello MS RN this authoritative reference is jam packed with practical need to know patient care information essential policies and procedures and vital regulatory and safety requirements In short the Long Term Care Nursing Desk Reference is the book you and your nurses have been waiting for

The Long-Term Care Restorative Nursing Desk Reference Barbara Acello, 2009-08-18 The Long Term Care Restorative Nursing Desk Reference is a new all inclusive desk reference that describes the clinical aspects of restorative nursing in detail and provides a much needed guide for nurses in a long term care facility This book offers the help you need to create or sustain an effective restorative care program that puts your resident s needs first

Long-term Facility Improvement Study, 1975 **Mosby's Textbook for Nursing Assistants - E-Book** Sheila A. Sorrentino, Leighann Remmert, 2020-03-16 UPDATED Shorter more focused chapters help you retain important concepts and skills covered in the NATCEP certification exam NEW and UPDATED New chapter organization breaks material into manageable portions improving your ability to retain important information UPDATED Enhanced art program illustrates important content and procedures

[Nursing and Therapy Documentation in Long-Term Care](#) Kate Brewer, 2011-03 This resource will help you Align with MDS 3.0 documentation requirements Coordinate documentation between nurses and therapists to improve resident care Gain the perspective of nursing or therapy to appreciate their specific approach to skilled services Reduce your audit risk and strengthen reimbursement claims with comprehensive documentation Prove medical necessity and need for skilled care by practicing accurate documentation Page 4 of cover

Long-term Care Facility Improvement Study United States. Public Health Service. Office of Nursing Home Affairs, 1975 *DHEW Publication*, 1975 [Departments of Labor and Health, Education, and Welfare Appropriations for 1965](#) United States. Congress. House. Committee on Appropriations. Subcommittee on Department of Transportation and Related Agencies Appropriations, 1964 *Restorative Nursing Program for Long Term Care* LTCS Books, 2023-04-07 2024

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