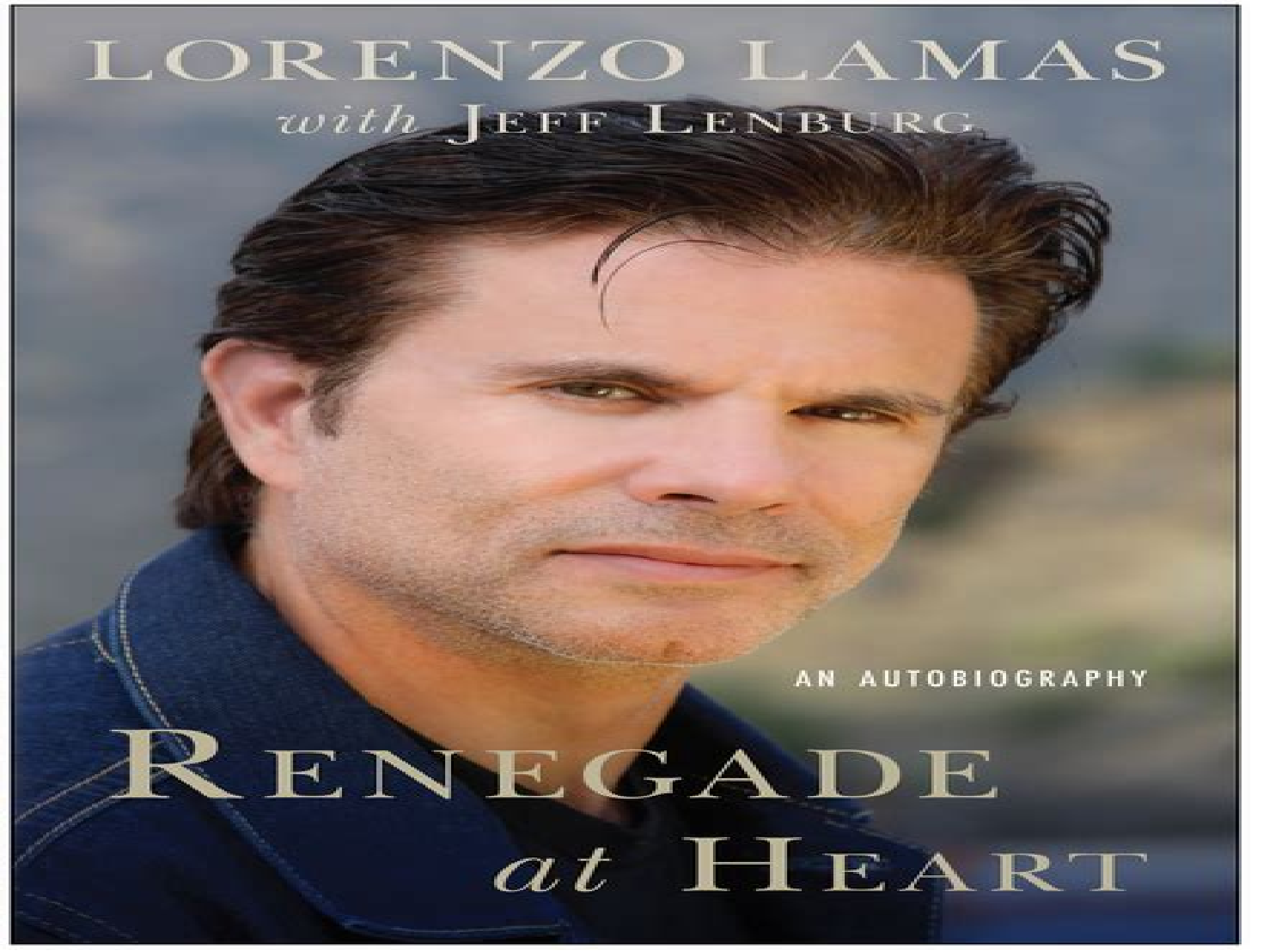


A close-up portrait of actor Lorenzo Lamas, looking slightly to the right with a gentle smile. He has dark, wavy hair and a light stubble. He is wearing a dark blue jacket. The background is a soft-focus outdoor scene with greenery and a body of water.

LORENZO LAMAS

with JEFF LENBURG

AN AUTOBIOGRAPHY

RENEGADE
at HEART

Renegade At Heart An Autobiography

Lizzie Saint John ECKEL



Renegade At Heart An Autobiography:

Renegade at Heart Lorenzo Lamas, Jeff Lenburg, 2014-12-09 Meet the real Lorenzo Lamas Lorenzo Lamas has played many roles over the course of his roller coaster career Star of two major television shows five time husband and reality show star Lamas has been tabloid fodder for decades Fans can easily believe they have seen every side of Lamas But the truth is far more interesting and surprising Son of film stars Fernando Lamas and Arlene Dahl and stepson of swimmer and actress Esther Williams Lorenzo was born into Hollywood royalty But his path was not easy Overweight and aimless as a child he found it hard to live up to the expectations of his famous father whose exploits made him the inspiration for the most interesting man in the world But Lorenzo surprised everyone shaping up and ultimately winning countless black belts in tae kwon do and karate Despite his father s early discouragement he pursued acting starring in Falcon Crest and Renegade In Renegade at Heart the Emmy and Golden Globe nominated actor pulls back the curtain to share his startling and explosive story the money and notoriety the fights and falling outs his years of battling abandonment and attachment issues after his parents divorce his epic romances and tabloid making marriages to his four ex wives He delves deep into his relationships with his six children and with his famous father whose penetrating words of wisdom have guided him through turbulent times and to a sense of renewal and new beginnings Featuring 50 rare never before shared family and personal photographs from his private collection Renegade at Heart is everything Lamas s millions of fans have been waiting for the unvarnished truth and his side of his remarkable journey and fully fleshed rumination of the highs and lows of an extraordinary life and survival of an extraordinary man and actor

Deadly Liaisons Jeff Lenburg, 2021-11-30 FROM THE AUTHOR OF THE CRITICALLY ACCLAIMED NOVEL SCARED TO DEATH COMES HIS LATEST PAGE TURNER Luke Beckett is anything but your average Hollywood vice squad detective A cop who refuses to play the game he is like some Avenging Angel always quick to judge and to punish with his rock hard fists those who don t see his way Forced to resign after a prostitute bust goes awry he accepts a police lieutenant position in that God forsaken place Palm Springs where there is hardly enough action to keep his blood circulating That all changes when his ex wife Marcia since re married to an aging American tycoon and one of Palm Springs wealthiest most influential residents is found murdered at a swank party under suspicious circumstances with hardly a clue Assigned to investigate her murder this short tempered superbly trained former big city cop finds more than he expects a secret romance with a lesbian lover and possible mob connections to her untimely death and assassination attempt on his own life in this engaging thought provoking original hard boiled mystery

How to Make a Million Dollars With Your Voice (Or Lose Your Tonsils Trying), Second Edition Gary Owens, Jeff Lenburg, 2019-02-22 PARLAY ONE OF YOUR MOST BASIC NATURAL ASSETS YOUR VOICE INTO AN EXCITING CAREER IN THE ENTERTAINMENT INDUSTRY Now back in print legendary entertainer Gary Owens draws upon his four decades in radio TV film and animation to show you how to break into the voiceover business and carve out a million dollar niche for yourself with your voice Sprinkled with priceless

anecdotes and tips throughout from well known actors producers and agents Owens gives you the inside track on becoming a successful DJ newscaster announcer sportscaster commercial or cartoon voice or other type of voice artist HERE S
 EVERYTHING YOU NEED TO KNOW ABOUT HOW TO Zero in on and promote your vocal talents Develop realistic career goals and an action plan Produce a demo CD that sells Find and land an agent Write winning cover letters and resumes Ace interviews and auditions Along with updated appendices of voice over workshops and seminars and talent agencies representing voice over artists many never before published illustrations not included in the first edition from the entertainer s personal collection round out this second edition **The Book of Duh!** Jeff Lenburg,2019-02 Everyone is guilty of doing it Committing an act so outlandish so stupid that the first thought that comes to mind is Duuuuuuuh Duh moments happen all the time They can strike at any moment At any place at any time of day when you least expect them You Super Glue a quarter to your forehead betting a friend it won t stick Duh Your boss asks you to leave early to run an errand and then to stay late Duh Your mother in law comes to visit after you buy her a one way ticket double Duh Need more examples Okay you asked for it You report a local family disturbance to the police and the officer comes to your door Duh Your blonde girlfriend hears accidents happen close to home so she moves Duh You think becoming a vegetarian means you can t eat Animal Crackers Duh Stand up Take a bow You are not alone Now one laugh filled volume brings them all together the whole Duhs and nothing but the Duhs **THE BOOK OF DUH** This fun filled treasury features the funniest most outrageous Duhs of all Of course who are we tell you that You have lived these and probably more If not join the club It is okay to be Duh **Jørgensen: an Autobiography** Johannes Jørgensen,1929 Pro patria: the autobiography of an Irish conspirator, ed. [or rather written] by W. Mackay William Mackay,1883 **Maria Monk's Daughter. An Autobiography** Lizzie Saint John ECKEL,1875 **The Autobiography and Recollections of Laura, Duchess of Abrantès (widow of General Junot)** Laure Junot Abrantès (duchesse d'),1893 Autobiography of the Late Donald Fraser ... Donald Fraser,1892 **Dreams of the Heart** Violeta Barrios de Chamorro,1996 Chamorro had never held office before and from childhood had had no other aspiration than to raise a family

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