Progress Note —

Enter Therapist Name, Credentials Here

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Enter Practice Name Here	Enter Therapist Name, Credentials Here
1. Client and Session	
Patient Name:	Date of Birth:
Session Date: Session Time:	
	In-Person □ Synchronous Video □ Phone Call
Participants: O Individual O Others Pre	sent:
A Property Code Description	
2. Diagnosis Code: Description	n:
3. Topics/Issues Discussed	4. Interventions
Child / Youth Behavioral Issues	Anger Management
☐ Childhood / Family of Origin	Build Rapport
Depression/Anxiety	☐ CBT/Behavior Modification
□ Grief & Loss	Communication Skills
□ Identity/Life transition	D Expression of Feelings
□ Relationship(s)/Marriage	☐ Goal Planning/Orientation
Parenting Issues	☐ Increasing Coping Skills
□ Self-Esteem	☐ Processing Coping State
☐ Substance Use	☐ Psycho-Education
□ Trauma	Review Progress/Treatment Plan
☐ Workplace Problem	☐ Self-Care Skills
Other	☐ Other
C Other	La Cases
5. Notes	
o. notes	
6. Assessments	
A. Mood: O Normal O Anxious	○ Angry ○ Depressed ○ Euphoric
B. Affect: O Appropriate O Blunted	o Incongruent o Intense o Reactive
	ion Difficulty O Disoriented O Memory Difficulty
Other:	
D. Suicide/Homicide Risk: O Yes O	No 🛘 If Yes, Risk Assessment Completed
7. Plan	
A. Client Homework: O Yes:	o No
B. Next appointment scheduled for:	at o AM o PM
Therapist's Signature:	Date
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Thomas Griffiths

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