

QUICK REFERENCE TO PSYCHOTROPIC MEDICATIONS®

DEVELOPED BY JOHN PRESTON, PSY.D., ABPP

To the best of our knowledge recommended doses and side effects listed below are accurate. However, this is meant as a general reference only, and should not serve as a guideline for prescribing of medications. Please check the manufacturer's product information sheet or the P.D.R. for any changes in dosage schedule or contraindications. (Brand names are registered trademarks.)

ANTIDEPRESSANTS

Generic	NAMES	Brand	Usual Daily Dosage Range	Sedation	AChT ¹	HE	Selective Action On Neurotransmitters ²	
							5-HT	DA
imipramine	Tofranil		150-300 mg	mid	mid	++	+++	0
desipramine	Norpramin		150-300 mg	low	low	++++	0	0
amitriptyline	Elavil		150-300 mg	high	high	++	+++	0
nortriptyline	Aventyl, Pamelor		75-125 mg	mid	mid	+++	++	0
doxepin	Anafanil		150-250 mg	high	high	0	++++	0
trazodone	Desynel, Oleptro		150-400 mg	mid	none	0	++++	0
nefazodone	Generic Only		100-300 mg	mid	none	0	+++	0
fluoxetine	Prozac ³ , Sarafem		20-80 mg	low	none	0	++++	0
bupropion	Wellbutrin ⁴		150-400 mg	low	none	++	0	++
sertraline	Zoloft		50-200 mg	low	none	0	++++	+
paroxetine	Paxil		20-50 mg	low	low	+	++++	0
venlafaxine	Effexor ⁴		75-350 mg	low	none	+++	+++	+
desvenlafaxine	Pristiq		50-400 mg	low	none	+++	+++	+
fluvoxamine	Luvax		50-300 mg	low	low	0	++++	0
mirtazapine	Rameron		15-45 mg	mid	mid	+++	+++	0
citalopram	Celexa		10-40 mg	low	none	0	++++	0
escitalopram	Lexapro		5-30 mg	low	none	0	++++	0
duloxetine	Cymbalta		20-80 mg	low	none	+++	+++	0
vilazodone	Viibryd		10-40 mg	low	low	0	++++	0
atomoxetine	Strattera		60-120 mg	low	low	++++	0	0
vortioxetine	Brintellix		10-20 mg	low	none	+	++++	+
levomilnacipran	Fetzima		40-120 mg	low	none	+++	+++	0
MAO INHIBITORS								
phenelzine	Nardil		30-90 mg	low	none	+++	+++	+++
tranylcypromine	Parnate		20-60 mg	low	none	+++	+++	+++
selegiline	Elmsam (patch)		6-12 mg	low	none	+++	+++	+++

¹AChT: Anticholinergic Side Effects

²5-HT: 5-hydroxytryptamine, 5-HT: Serotonin, DA: Dopamine (0 = no effect, + = minimal effect, ++ = moderate effect, +++ = high effect)

³Unversion, but likely effects

⁴Available in standard formulation and time release (XR, XL or CR). Prozac available in 70mg time released/weekly formulation

BIPOLAR DISORDER MEDICATIONS

Generic	NAMES	Brand	Daily Dosage Range	Serum ¹ Level	Generic	NAMES	Brand	Dosage	Daily Range	Serum ¹ Level
lithium carbonate	Eskalith, Lithonate		600-2400	0.6-1.5	divalproex	Depakote			750-1500	50-100
lithium citrate					lamotrigine	Lamictal			50-500	(2)
fluoxetine	Symbyax		6/25-12/50mg ⁴	2	oxcarbazepine	Trileptal			1200-2400	(2)
carbamazepine	Tegretol, Equetro		600-1600	4-10+						

¹Lithium levels are expressed in mEq/L, carbamazepine and valproic acid levels express in mg/ml

²Serum monitoring may not necessary. ³Not yet established. ⁴Available in: 6/25, 6/50, 12/25, and 12/50mg formulations

ANTI-OBSESSIONAL

Generic	NAMES	Brand	Dose Range ¹
clomipramine	Anafanil		150-300 mg
fluoxetine	Prozac ²		20-80 mg
sertraline	Zoloft ³		50-200 mg
paroxetine	Paxil ³		20-60 mg
fluvoxamine	Luvax ³		50-300 mg
citalopram	Celexa ³		10-40 mg
escitalopram	Lexapro ³		5-30 mg
vilazodone	Viibryd ³		10-40 mg

¹Often higher doses are required to control obsessional-compulsive symptoms than the doses generally used to treat depression.

PSYCHO-STIMULANTS

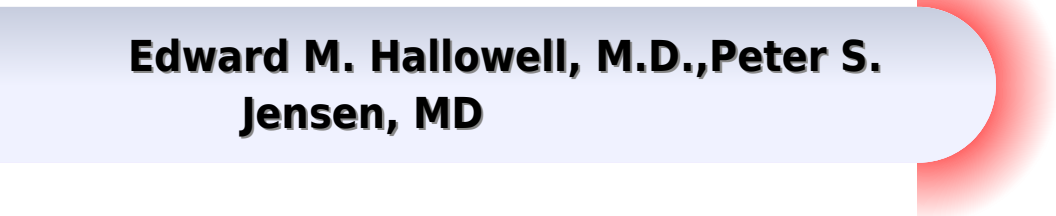
Generic	NAMES	Brand	Daily Dosage ¹
methylphenidate	Ritalin		5-30 mg
methylphenidate	Concerta ²		18-54 mg
methylphenidate	Mefadate		5-40 mg
methylphenidate	Methylfen		10-60 mg
methylphenidate	Daytrana (patch)		15-30 mg
methylphenidate	Quilvan XR (liquid) ²		10-60 mg
desmethylphenidate	Focalin		5-40 mg
desmethylphenidate	Desoxine		5-40 mg
lisdexamphetamine	Vyvanse		30-70 mg
d- and l-amphetamine	Adderall		5-40 mg
modafinil	Provigil, Sparlon		100-400 mg
armodafinil	Provigil		150-250 mg

¹State: Adult Doses

²Sustained release

Quick Reference Guide To Psychotropic Medication

**Edward M. Hallowell, M.D., Peter S.
Jensen, MD**



Quick Reference Guide To Psychotropic Medication:

Quick Reference Guide Mary C. Townsend, 1996 *Handbook of Clinical Psychopharmacology for Therapists* John D. Preston, John H. O'Neal, Mary C. Talaga, Bret A. Moore, 2021-01-02 NOTE FROM THE PUBLISHER Due to the recent illegal counterfeiting of this book we cannot guarantee book quality when purchased through third party sellers A comprehensive professional resource for mental health treatment now in a fully revised and updated ninth edition The Handbook of Clinical Psychopharmacology for Therapists is the gold standard for mental health clinicians looking for clear reliable information about the pharmacological treatment of mental health issues Organized by disorder and within each disorder by medication this book is designed to familiarize clinicians and students with the basic terminology and models of psychopharmacology This fully revised and updated ninth edition provides essential information on new medications and treatment options and includes the latest research on side effects contraindications and efficacy of all major medications prescribed for mental health disorders You ll also find new chapters on sleep disorders and experimental treatments updated information on child and adolescent psychopharmacology and the latest best practices for treating pregnant and breastfeeding patients and patients with substance use disorders This handbook makes it simple to get the facts about drug interactions and side effects find out how medications affect adults children and adolescents differently learn how different cultures view medical treatment vital information for anyone who treats clients from a variety of backgrounds and discontinue medication safely when needed This essential guide to psychopharmacology has been adopted as a textbook at universities nationwide and is an important resource for every therapist s library

A Practitioner's Guide to Prescribing Antiepileptics and Mood Stabilizers for Adults with Intellectual Disabilities Jose de Leon, 2012-03-02 Emotional behavioral and neuropsychiatric conditions are common in individuals with intellectual disabilities IDs most notably epilepsy aggression self injurious behaviors and bipolar and other mood disorders Despite the prevalence of such problems there is a scarcity in the literature of reliable information on medical treatments for those with IDs A Practitioner s Guide to Prescribing Antiepileptics and Mood Stabilizers for Adults with Intellectual Disabilities provides a detailed framework for prescribing for this challenging population Featuring the most up to date information on factors that inform prescribing the Guide addresses basic issues and controversies e g the rift between evidence based and personalized medicine in treating adults with cognitive deficits Clients specific needs are emphasized in developing appropriate and effective pharmacological intervention for improved outcomes and quality of life Drugs discussed in the Guide include carbamazepine clonazepam diazepam ethosuximide felbamate gabapentin lacosamide lamotrigine levetiracetam lithium lorazepam oxcarbazepine phenobarbital phenytoin pregabalin primidone rufinamide tiagabine topiramate valproate and zonisamide For each of these compounds the guidelines cover Indications for use relative and absolute contraindications Assessment during treatment therapeutic drug monitoring warning signs and symptoms for caretakers Dosage administration initial and maximum recommended dosage modifications

associated with drug drug interactions personal characteristics and where appropriate genetic variations Adverse drug reactions common relatively uncommon and potentially lethal plus risk of metabolic syndrome Guidelines for discontinuation References tables and drug utilization reviews A Practitioner s Guide to Prescribing Antiepileptics and Mood Stabilizers for Adults with Intellectual Disabilities is an indispensable decision making reference for psychiatrists neuropsychologists psychopharmacologists neurologists internists and clinical psychologists

Descriptions and Prescriptions Michael R. Emlet, 2017-09-04 As Christians we should neither blindly accept nor entirely dismiss psychiatric labels diagnoses and medicines that are prescribed to help those who are suffering Descriptions and Prescriptions provides a balanced biblically and scientifically informed approach that will help us understand and minister to those struggling with mental

[The Nurse's Guide to Holistic Psychiatric Care](#) Harsha Willow Ramsey, 2024-12-30 The Nurse s Guide to Holistic Psychiatric Care is an essential resource for psychiatric nurses seeking to integrate complementary and alternative approaches into their practice This groundbreaking book provides a comprehensive framework for delivering holistic person centered care that addresses the complex interplay of biological psychological social and spiritual factors in mental health and well being Grounded in the latest research and best practices this guide offers practical strategies for assessing and treating a wide range of mental health conditions using a holistic lens From mindfulness based interventions for anxiety and depression to nutritional approaches for bipolar disorder readers will discover a wealth of evidence based tools and techniques to enhance their clinical repertoire The book also explores key principles of holistic nursing including cultural humility empathic communication and collaborative care planning Readers will learn how to cultivate therapeutic presence build authentic relationships with patients and families and navigate ethical dilemmas in integrative mental healthcare Featuring case studies reflective exercises and practical tips this book is both a comprehensive guide and an inspiring call to action for psychiatric nurses It challenges readers to expand their understanding of what it means to provide truly holistic care and to embrace their role as catalysts for healing and transformation Whether you are a seasoned practitioner or a nursing student The Nurse s Guide to Holistic Psychiatric Care will equip you with the knowledge skills and confidence to bring integrative approaches to your practice and to make a profound difference in the lives of those you serve

Pocket Guide to Psychiatric Nursing Mary C Townsend, Karyn I Morgan, 2018-01-09 Here s the most complete and easy to use resource on how to develop practical individualized plans of care for psychiatric and mental health patients It s the perfect quick reference for clinical This Pocket Guide is really two books in one The first half provides the diagnostic information needed to create a care plan the second half covers the safe prescription and administration of psychotropic medications And the concepts can be applied to a variety of healthcare settings from in patient hospitalization through the outpatient clinic to home health and private practice

The Maudsley Prescribing Guidelines in Psychiatry David M. Taylor, Carol Paton, Shitij Kapur, 2012-02-06 Helps with complex prescribing needs The evidence base for drug treatments in psychiatry ranges from

meta analyses and randomised controlled clinical trials to single case reports and from NICE guidelines to individual SPCs Where do you look for information when transferring a patient from one drug to another Where do you find a clear overview when dealing with a complex patient e g with co morbid epilepsy or liver disease or HIV infection Where can you seek advice on prescribing psychotropics during pregnancy The Maudsley Prescribing Guidelines in Psychiatry The leading clinical reference for handling prescribing problems as encountered in daily practice and for formulating prescribing policy Evidence based and written by experts This book is the essential guide for anyone responsible for prescribing dispensing or administering drugs for patients with mental health disorders All the evidence has been reviewed and summarized succinctly by an expert team of psychiatrists and pharmacists New content and improved format This new edition makes greater use of tables and boxes to facilitate quick reference and includes new sections on cytochrome mediated interactions and psychiatric side effects of non psychotropic drugs Clinically relevant Chapters address plasma monitoring schizophrenia bipolar disorder depression and anxiety children and adolescents substance abuse and special patient groups Each section has a full reference list The book covers prescribing drugs outside their licensed indications and their interaction with substances such as alcohol nicotine and caffeine Useful for all levels of experience Trainees will gain important information regarding the rational safe and effective use of medications for patients with mental illness Experienced clinicians will find excellent guidance regarding more complex issues that they may not encounter regularly Why the Maudsley Prescribing Guidelines in Psychiatry Long recognized as an international trailblazer in mental health care the Maudsley Hospital earned its reputation for excellence in both in patient and community care It is highly regarded for its research and pioneered the use of clinical neuroscience You can trust The Maudsley Prescribing Guidelines in Psychiatry to be scientifically sound and clinically effective

Drug Information Bonnie Snow,1999-11-17 Designed for use as a self study text as a course text in more formal instruction programs or as a refresher for the busy professional the book includes valuable background data on legal and regulatory issues as well as pharmaceutical technology

Clinical Handbook of Psychotropic Drugs Kalyna Z. Bezchlibnyk-Butler,J. Joel Jeffries,2005 The classic reference to psychotropic medications with over 170 000 copies sold The Clinical Handbook has become a standard reference and working tool for thousands of psychiatrists psychologists physicians nurses and other mental health professionals This book is a must for everyone who needs an up to date easy to use comprehensive summary of all the most relevant information about psychotropic drugs Find clear advice about medication options and precautions Look up details of a range of treatment options in easy to read comparison charts Check up on the precautions needed in the young the elderly or pregnant patients See potential interactions and side effects at a glance And much much more Widely regarded as the best practical guide on the market the Clinical Handbook presents readers with reliable easy to find state of the art information information clearly laid out comparison charts and tables and comprehensive index of generic and trade names all the latest scientific data clinical guidelines and patient instructions are uniquely

accessible in the Clinical Handbook Easy to use with succinct bulleted information on all classes of medication Packed with uniquely practical comparison charts *Handbook of Clinical Psychopharmacology for Therapists* John Preston, John H. O'Neal, Mary C. Talaga, 2010 This sixth edition of The Handbook of Clinical Psychopharmacology is a must have resource for therapists who need the most up to date information on the effects side effects and best uses of every psychoactive medication *Handbook of Essential Psychopharmacology* Ronald W. Pies, 2007-04-02 Handbook of Essential Psychopharmacology Second Edition provides an indispensable guide to vital information in the rapidly expanding field of psychopharmacology The updated edition of this popular handbook will continue to be a reference that is simply the essential starting point in psychopharmacology for residents and experienced clinicians alike Busy residents and clinicians will find a quick current and accessible guide to basic facts about psychotropic drugs including dosages indications and drug interactions As in the first edition its structure is clear and easy to read including An all new introductory chapter designed to equip the reader with a basic understanding of pharmacodynamics and pharmacokinetics Four main chapters covering the four main groups of psychotropic medications antidepressants antipsychotics anxiolytics and mood stabilizers A consistent format for all four chapters that summarizes critical information about each group of medications including drug class indications mechanisms of action pharmacokinetics main side effects drug drug interaction potentiating maneuvers and use in special populations A wealth of tables and graphs for quick clinical consultation and unique self instruction sets of questions and answers Fascinating and educational vignettes and puzzlers extensive references for further reading and new to this edition an invaluable appendix of fifty questions and answers designed to test the reader's knowledge and comprehension of the text Densely informative and packed with practical material and special features this truly essential guide is a handy clinical reference for experienced clinicians an ideal teaching tool for educators and a useful resource for residents especially those preparing for the psychiatry board examinations **PMHN Clinical Scenarios in Practice, Volume 1** Ashlee Sally Williamson, Victoria Denise George, Gain real world psychiatric mental health nursing experience with PMHN Clinical Scenarios in Practice Volume 1 your essential guide for mastering complex mental health conditions This expertly written clinical reference bridges textbook knowledge with real patient care by walking you through lifelike nursing scenarios for mood disorders anxiety psychotic episodes and substance use challenges Designed for nursing students new PMHNS and experienced practitioners this resource offers step by step case assessments clinical reasoning tools care planning strategies medication insights and practical documentation examples Each scenario is crafted to reflect real life complexity highlighting comorbidities cultural considerations and trauma informed approaches to care Inside you'll find Detailed clinical scenarios with psychiatric nursing interventions Comprehensive assessments care plans and rationales Ethical legal and cultural factors in mental health nursing Psychopharmacology strategies and patient education tips Tools for family engagement crisis intervention and documentation From managing first episode psychosis to navigating treatment

resistant depression this guide equips you to handle psychiatric cases with clarity and confidence Rooted in evidence based practice it promotes trauma informed and recovery oriented care that respects patient dignity and supports real healing If you re preparing for the PMHN exam teaching future nurses or practicing in psychiatric units outpatient clinics or community settings this clinical guide belongs on your shelf [Making the System Work for Your Child with ADHD](#) Peter S. Jensen,2013-04-18 There s lots of help out there for kids with ADHD but getting it isn t always easy Where can you turn when you ve mastered the basics and doing everything right isn t enough the insurer denies your claims parent teacher meetings get tense or those motivating star charts no longer encourage good behavior Dr Peter Jensen has spent years generating ways to make the healthcare and education systems work as the father of a son with ADHD and as a scientific expert and dedicated parent advocate No one knows more about managing the complexities of the disorder and the daily hurdles it raises Now Dr Jensen pools his own experiences with those of over 80 other parents to help you troubleshoot the system without reinventing the wheel From breaking through bureaucratic bottlenecks at school to advocating for your child s healthcare needs this straightforward compassionate guide is exactly the resource you ve been looking for **The Maudsley Deprescribing Guidelines** Mark Horowitz,David M. Taylor,2024-01-04 The Maudsley Deprescribing Guidelines Comprehensive resource describing guidelines for safely reducing or stopping antidepressants benzodiazepines gabapentinoids and z drugs for patients including step by step guidance for all commonly used medications covering common pitfalls troubleshooting supportive strategies and more Most formal guidance on psychiatric medication relates to starting or switching medications with minimal guidance on deprescribing medication In 2023 the World Health Organisation and the United Nations called for patients as a human right to be informed of their right to discontinue treatment and to receive support to do so The Maudsley Deprescribing Guidelines fills a significant gap in guidance for clinicians by providing comprehensive and authoritative information on this important aspect of treatment This evidence based handbook provides an overview of principles to be used in deprescribing This is derived from fundamental scientific principles and the latest research on this topic combined with emerging insights from clinical practice including from patient experts Building on the recognised brand of The Maudsley Prescribing Guidelines and the prominence of the authors work including in The Lancet Psychiatry on tapering antidepressants the most read article across all Lancet titles when it was released The Maudsley Deprescribing Guidelines covers topics such as Why and when to deprescribe antidepressants benzodiazepines gabapentinoids and z drugs Barriers and enablers to deprescribing including physical dependence social circumstances and knowledge about the discontinuation process Distinguishing withdrawal symptoms such as poor mood anxiety insomnia and a variety of physical symptoms from symptoms of the underlying disorder that medication was intended to treat The difference between physical dependence and addiction substance use disorder Explanation of why and how to implement hyperbolic tapering in clinical practice Specific guidance on formulations of medication and techniques for

making gradual reductions including using liquid forms of medication and other approaches Step by step guidance for safely stopping all commonly used antidepressants benzodiazepines gabapentinoids and z drugs including fast moderate and slow tapering regimens or schedules for each drug and guidance on how to tailor these to an individual Troubleshooting issues which can arise on stopping these medications including akathisia withdrawal symptoms acute or protracted and relapse Written for anyone interested in safe deprescribing of psychiatric medications including psychiatrists GPs pharmacists nurses medical trainees and interested members of the public The Maudsley Deprescribing Guidelines is an essential resource on the subject that provides practical guidance on how to improve patient outcomes in this field of medicine **The**

Competency Restoration Handbook Laura M. Grossi, 2025-09-12 The Competency Restoration Handbook is a collection of foundational materials for competency restoration providers who work with adult pretrial defendants in the United States The book begins with a description of the legal context related to adjudicative competence and an overview of foundational competency restoration practices Following these foundational resources are chapters explaining how various clinical interventions can be adapted to help restore individuals to competency and an assortment of practical tools for use with defendants undergoing competency restoration **The Social Worker and Psychotropic Medication** Kia J.

Bentley, Shannon Hughes, Joseph Walsh, 2023-09-05 A generation of social work students has benefited from Kia Bentley and Joseph Walsh's practical approach to the social worker's role in psychopharmacology New coauthor Shannon Hughes brings even more fresh ideas to the updated Fifth Edition Important updates include updated and expanded drug information and tables including names typical dosages potential adverse effects as well as never before included FDA approval information updated content on psychogenomics as well as added new content on medication use with sexual minorities and gender diverse people more explicit criticisms of the chemical imbalance theory and the use of the term anosognosia more comprehensive guidelines for talking to children parents and teachers about psychiatric medication expanded content on shared decision making including a presentation on what we think truth telling about medication looks like in the 21st century explicit content on the centrality of avoiding both subtle and overt coercion new section on medication discontinuation and deprescribing and the role of social work in supporting these trends expanded section on prescription writing privileges to account for the recognition of physician assistants nurse practitioners and pharmacists in those roles new section on the use of psychedelics in psychiatry acknowledgement of the potential impact of the COVID 19 pandemic and telemedicine on the future of both social work and psychopharmacological practice significantly increased attention to the human rights social justice interface of social work and psychopharmacology **Practical Psychopharmacology** Nevena V. Radonjić, Jeffrey S. MacDaniels, Thomas L. Schwartz, 2025-08-20 Practical Psychopharmacology 2nd ed takes the novel approach of writing at three different levels beginning intermediate and advanced to give the practicing psychopharmacologist a tailored experience Each chapter focuses on a specific DSM 5TR disorder and outlines abbreviated

treatment guidelines to help the reader understand where their knowledge base and clinical practice currently reside At the first level the book teaches novice prescribers practical diagnostic skills and provides a brief overview of pertinent genetic and neuroimaging findings to increase prescribing confidence Next it provides mid level clinicians with intermediate techniques and guidelines for more difficult cases The final level provides nuanced guidance for advanced practitioners or those who see the most treatment resistant patients This approach allows a clinician to access this book periodically throughout the care of an individual patient and to gradually progress through a series of more advanced psychopharmacological techniques for making accurate and efficient diagnoses

Superparenting for ADD Edward M. Hallowell, M.D., Peter S. Jensen, MD, 2008-12-30 With decades of experience working with ADD children Dr Edward Hallowell has long argued that ADD is too often misunderstood mistreated and mislabeled as a disability Now he teams up with top academic ADD researcher Peter S Jensen M D to bring you an invaluable new approach to helping your ADD child Superparenting for ADD offers a specific game plan including UNCONDITIONAL LOVE Tune out the diagnosticians and simply nourish the spirit of your child for who he is VIEWING THE MIRROR TRAITS Recognize the positive sides of the negative symptoms associated with ADD stubbornness persistence impulsiveness creativity intrusiveness eagerness THE CYCLE OF EXCELLENCE Nurture an environment in which a child can safely take risks reserve time to let a child dabble as a way to learn encourage playful practice support mastery of a skill and then recognize a child s accomplishments

Nursing Diagnoses in Psychiatric Nursing Mary C Townsend, 2010-10-27 It s really 2 books in 1 The first half provides the diagnostic information needed to create a care plan the second half covers the safe administration of psychotropic medications And the concepts can be applied to a variety of healthcare settings from in patient hospitalization through the outpatient clinic to home health and private practice

The Washington Manual Psychiatry Survival Guide Keith S. Garcia, 2003 Written by Washington University house staff and faculty this pocket guide is a quick reference for the hospital practice of psychiatric medicine in the inpatient psychiatric consultation and emergency settings Each section addresses the most frequently encountered problems in these clinical settings and offers practical suggestions on how to obtain information generate reasonable differential diagnoses discriminate among diagnoses and document clinical decisions The book includes Style Pointer sections on patient interview skills and ED Rounds that outline clinical reasoning algorithms in the emergency setting Class Notes sections explain how to concisely and thoroughly document patient encounters emphasizing difficult medical legal situations The Washington Manual Psychiatry Survival Guide is also available electronically for handheld computers See PDA listing for details The Washington Manual is a registered mark belonging to Washington University in St Louis to which international legal protection applies The mark is used in this publication by LWW under license from Washington University

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