

# Free Diabetes Education Note

## Education Note

Created by Maryanne E. Barbosa

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### Key Takeaways

- Understanding the types of diabetes is critical for appropriate management and treatment.
- Regular monitoring of blood glucose levels can prevent dangerous complications.
- Diet and exercise play a significant role in managing diabetes.
- Self-management training and support are essential components of diabetes care.

### Personal Reflection

The field of diabetes education provides enriching and insightful learnings, highlighting the importance of patient education and empowerment. It is inspiring how knowledge about the disease state and management strategies can impact patients' lives positively.

### Action Steps

- Commit to ongoing learning about the latest developments in diabetes management.
- Improve outreach to at-risk populations and increase their access to diabetes

# **Sample Diabetes Education Progress Note**

**Ginge Kettenbach, Sarah Lynn  
Schlomer, Jill Fitzgerald**



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*Handbook of Diabetes Medical Nutrition Therapy* Margaret A. Powers (RD.), 1996 Provides dietitians and other health care professionals with the information they need to provide comprehensive diabetes care and self management training Topics covered include understanding diabetes pathophysiology complications of diabetes setting and achieving management goals medical nutrition therapy nutrition assessment diabetes medications and delivery methods exercise benefits and guidelines comprehensive monitoring blood glucose monitoring preparing and evaluating diabetes education programs counseling skills selecting a nutrition approach expanding meal planning approaches the exchange system carbohydrate counting weight reduction cultural considerations macronutrient influence on blood glucose and health complex and simple carbohydrates in diabetes therapy identifying protein needs lipid metabolism and choices issues in prescribing calories low calorie sweeteners and fat replacers fiber metabolism making food choices life stages children and adolescents pregnancy and diabetes caring for older persons and nutrition and specific clinical conditions renal disease hypertension eating disorders surgery gastrointestinal issues dental care HIV AIDS etc

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Medical Management of Type 1 Diabetes Francine R. Kaufman, 2012-06-05 Type 1 diabetes formerly known as juvenile diabetes is a complex disorder that requires a great deal of patient guided self care In recent years advances in diabetes treatment have dramatically shifted potential outcomes in the favor of the patient with diabetes The challenge for health care professionals is to realize this potential through an individualized flexible and responsive treatment plan for patients with type 1 diabetes Now in its sixth edition Medical Management of Type 1 Diabetes offers health care providers the newest information and guidelines for the treatment of type 1 diabetes Built on the foundation of multiple daily insulin

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**Patient Education in Health and Illness** Sally H. Rankin, Karen Duffy Stallings, Fran London, 2005 This practical text reference provides theory based approaches to teaching patients of all ages and their families in a variety of healthcare settings Thorough revision includes a stronger clinical application focus and strong practice examples The text highlights the patient education process and stresses collaboration among health care team members This edition s Strategies for Critical Analysis and Application boxes provide student activities for increased interaction Research boxes throughout enhance the evidence based practice connection Each chapter includes updated URLs and key words to use in search engines

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Implementing Biomedical Innovations into Health, Education, and Practice James O. Woolliscroft,2019-10-23 Our increased understanding of health and disease coupled with major technologic advances has resulted in rapid and significant changes in the practice of medicine How we prepare physicians for clinical practice 20 30 or 40 years from now is of paramount importance to medical educators to the future professionals and to society at large *Implementing Biomedical Innovations into Health Education and Practice* delves into this important question discussing the effects of precision medicine bioinformatics biologic and environmental forces and societal shifts on the physician s approach to diagnosis and therapy The author interviewed world renowned physicians medical educators healthcare leaders and research professionals their insights and quotes are woven throughout the narrative Professionally illustrated this relevant resource is a must have for all medical professionals who incorporate technology and biomedical innovations in their research and clinical practice It encourages thoughtful analysis on adapting and developing the foundational knowledge skills and aptitudes of future physicians and other healthcare professionals and it belongs in your library Having completed deanship at one of America s leading medical schools Jim Woolliscroft produces an insightful contemplative projection of the likely skill and behavioral needs of the physician workforce for the mid 21st century The result is a playbook for physician training that responds effectively to the daunting challenges faced in the coming transformation of the role of physicians in protecting the health of our nation James L Madara MD CEO American Medical Association Dr Woolliscroft s provocative new book will become must

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**Kinn's The Clinical Medical Assistant** Deborah B. Proctor, Brigitte Niedzwiecki, Julie Pepper, Marti Garrels, Helen Mills, 2016-05-10 Clinical Medical Assisting begins with Kinn Elsevier s Kinn s The Clinical Medical Assistant 13th Edition provides you with the real world clinical skills that are essential to working in the modern medical office An applied learning approach to the MA curriculum is threaded throughout each chapter to help you further develop the tactile and critical thinking skills necessary to assist with medications diagnostic procedures and surgeries Paired with our adaptive solutions real world simulations EHR documentation and HESI remediation and assessment you will learn the leading skills of modern clinical medical assisting in the classroom Applied approach to learning helps you use what you ve learned in the clinical setting Clinical procedures integrated into the TOC provide you with a quick reference Detailed learning objectives and vocabulary with definitions highlight what s important in each chapter Step by step procedures explain complex conditions and abstract concepts Rationales for each procedure clarify the need for each step and explains why it s being performed Critical thinking applications test your understanding of the content Patient education and legal and ethical issues are described in relation to the clinical Medical Assistant s job Threaded case scenarios help you apply concepts to realistic clinical situations Portfolio builder helps you demonstrate clinical proficiency to potential employers NEW Chapter on The Health Record reviews how you will maintain and interact with the medical record NEW Chapter on Competency Based Education helps you confidently prepare for today s competitive job market NEW Clinical procedure videos help you to visualize and review key procedures



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