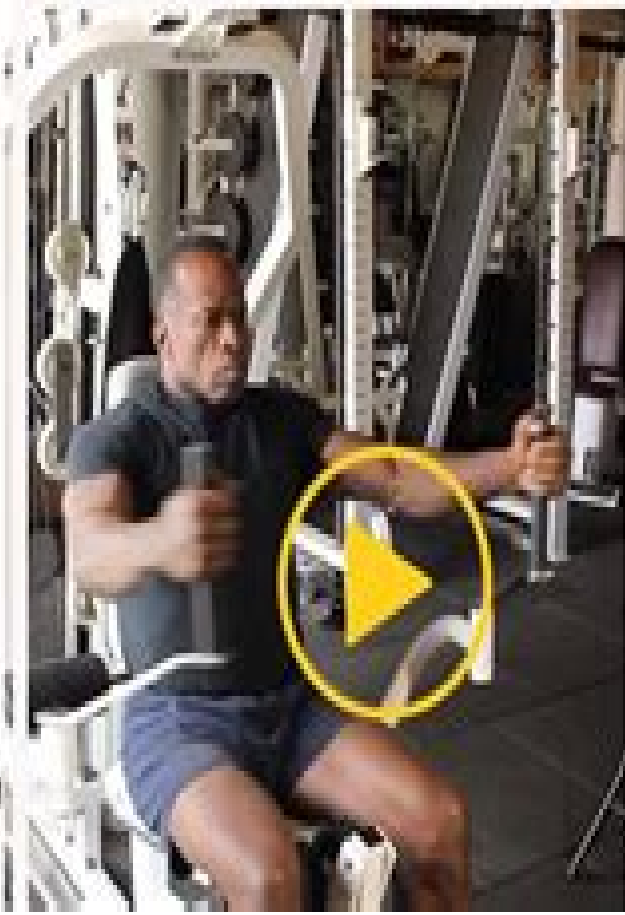


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Exercise demo
and routine



Odyssey 5 Tuff Stuff Exercise Manual

Marcel A. Müller



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