



757swim Aquatic Center
5720 Warhill Trail
Williamsburg, VA 23188



American
Red Cross

LIFEGUARD CERTIFICATION CLASS

GET CERTIFIED IN ONE DAY

A hybrid approach with self-paced online learning and one day in-person water assessment. The class includes CPR/First Aid/AED Certifications.

Cost:

Lifeguard Certification Class: \$325

Lifeguard Recertification Class: \$225

Requirements

- Must be 15 years old
- Must be able to swim 300 yards and tread water for 2 minutes
- Completion of online portion before day of water assessment

Dates of swimming test and in-person water assessment (choose 1):

Feb 3/4, March 10/11, May 5/6, June 2/3

Approximately 6 hours

Friday Swimming Tests: 4:30-5:00 pm

Saturday In-Person Assessment: 9:00-3:00 pm

Lifeguard Recertification Classes

April 29

- Lifeguard Certification may not be more than 30 days expired.

We also offer certifications for CPR, First Aid or AED training only.

If interested, please email payments@757swim.com to register for classes.



Red Cross Lifeguard Certification Study Guide

Ensheng Dong



Red Cross Lifeguard Certification Study Guide:

American Red Cross Lifeguard Exam Educational Testing Group, 2018-04-09 This practice test includes 140 multiple choice test questions about American Red Cross Lifeguard Exam The test has been carefully developed to assist you to pass your actual test It will help you prepare for and pass your exam on the first attempt but it does not include any study guide The book focuses only on carefully selected practice questions THREE main topics LIFEGUARDING and WATER SKILLS are covered in this test Lifeguarding questions focus on 9642 Lifeguarding Skills 9642 Professional Rescuer and First Aid Water Skills questions focus on 9642 Basic Water Rescue 9642 Waterfront Skills 9642 Waterpark Skills 9642 Shallow Water Lifeguarding Skills *Ferguson Career Resource Guide to Internships and Summer Jobs, 2-Volume Set* Carol Turkington, 2014-05-14 Provides details on over 550 internships and summer jobs Certification and Accreditation Programs Directory Michael A. Paré, 1996 Providing detailed profiles on certification and accreditation programmes in the US this book includes information on certification and accreditation programmes that denote skill level professionalism accomplishment and excellence *American Red Cross Water Safety Instructor's Manual*, 2004 *The Complete Idiot's Guide to Cool Jobs for Teens* Susan Ireland, 2000-03-01 From beaches and amusement parks to fast food restaurants babysitting and clerking more teens are looking for jobs than ever before With the help of this guide to cool jobs they will know what to expect and what employers will expect of them *Subject Guide to Books in Print*, 1997 **Paperbound Books in Print**, 1992 *From Survival to Success* Nguyen Quan, 2025-07-09 Welcome to From Survival to Success The Complete Guide to Swimming a comprehensive resource designed to transform your relationship with swimming whether you re a beginner dipping your toes into the water for the first time or an experienced swimmer aiming to refine your skills and achieve greater success My name is Nguyen Quan and as a lifelong swimmer coach and enthusiast I ve poured my passion and expertise into creating a guide that empowers you to navigate the world of swimming with confidence technique and purpose Swimming is more than just a sport or a survival skill it s a journey of personal growth discipline and joy This book is crafted to take you from the fundamentals of staying afloat to mastering advanced techniques that can propel you to competitive success or simply enhance your enjoyment of the water Drawing from years of experience in coaching and competitive swimming I ve structured this guide to be practical accessible and inspiring for swimmers of all levels In these pages you ll find a blend of step by step instructions expert tips and motivational insights to help you overcome challenges and unlock your potential From understanding the physics of water to perfecting your strokes building endurance and even preparing for competitions this book covers every aspect of swimming with clarity and depth Whether your goal is to swim for fitness compete at a high level or simply feel at home in the water From Survival to Success is your companion on this rewarding journey Let s dive in and start swimming toward your goals together *The Back Door Guide to Short-term Job Adventures*, 2002 **Courses and Degrees** Stanford University, 1992 **Medical and Health Care Books and Serials**

in Print ,1997 **Lifeguarding Manual** American National Red Cross,2023-12-31 Halfway To Half Way Suzann Ledbetter,2007-05-01 Hannah Garvey the resident manager of Valhalla Springs an exclusive retirement community thought she had this love thing all sewn up She s engaged to David Hendrickson the hunky Kinderhook County sheriff and thinks the future looks pretty rosy until one of Sanity Missouri s most esteemed citizens becomes the county s latest homicide victim Meanwhile Delbert Bisbee and his gang of senior gumshoes are driving Hannah nuts doling out advice delving into an old missing persons case and digging dirt where they don t belong Literally And no matter what they unearth there s just no halfway about it life has a funny way of happening when you re making other plans **Instructor** ,1993 American Red Cross Lifeguarding Manual American Red Cross,2012-01-05 As the number of community pools and waterparks grows nationwide participation in aquatic activities is also growing Lifeguards must receive proper and effective training and maintain their skills to ensure their ability to work effective with others as a part of a lifeguard team This manual will supplement your in service training to keep your knowledge and skills sharp **Moonlighting** Peter Davidson,1983 Bibliography of Swimming, Diving and Lifesaving from July 1938 Through December 1961 Brian Valentine Kelly,1962 Impact Tim Irwin,2014-02-04 New York Times bestseller For more than 25 years organizational psychologist and management consultant Dr Tim Irwin has worked with thousands of leaders in well known global companies He knows most leaders work for recognition and advancement and they want more challenge and responsibility He s also found this to be true Most of us want to make a positive difference through our work and to have our lives count for something more than simply making a living We want to make an impact Yet when we look around our organizations we don t see many leaders who have real impact We see them just managing the daily rat race Somewhere along the line many began working for money instead of for meaning for status instead of for a lasting legacy In Impact Irwin identifies the principles and beliefs that lead to great leadership ways in which you can grow and thrive and be trusted by others Learn how to be the kind of leader that motivates others in meaningful work and great accomplishments and what you can do to stay on track so you avoid a path of personal destruction so many leaders go down today Accessible humorous and engaging Irwin s latest book shows you how to live the vision you began your career with and then finish strong for a lasting impact the hope of every great leader **Measurement and Evaluation in the Schools** Blaine R. Worthen,Walter R. Borg,Karl White,1993 **Tipping the Scales of Justice** Sondra Solovay,2012-03-28 What rights if any do fat people have If a child is obese are the parents legally responsible Can employers treat overweight employees as different or disabled Should fat people be protected by disability laws Cases of illegal hiring practices workplace prejudice harassment unfair treatment medical malpractice and denial of public access are being filed in increasing numbers as the nation continues to obsess over and misunderstand weight Two events in 1998 the controversial felony prosecution of a mother whose child died of obesity related complications and the National Institutes of Health declaration of a national weight standard forced the weight

debate to a new level of public awareness Very little literature on the law and weight exists so each new case is a potential precedent setter Tipping the Scales of Justice presents actual cases and the stories behind the legal arguments showing for the first time the varied and surprising ways that fat has become a courtroom topic An attorney who focuses on weight related cases Sondra Solovay details court attitudes toward weight in relation to employment and discrimination law child family law disability law civil rights minorities public policy diets and exercise and much more while intermingling a personal narrative on major cases and their outcomes This fascinating book will be essential for law courses and libraries as well as a one of a kind perspective for anyone concerned about weight as a legal issue

Red Cross Lifeguard Certification Study Guide Book Review: Unveiling the Magic of Language

In an electronic digital era where connections and knowledge reign supreme, the enchanting power of language has been much more apparent than ever. Its power to stir emotions, provoke thought, and instigate transformation is truly remarkable. This extraordinary book, aptly titled "**Red Cross Lifeguard Certification Study Guide**," published by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound impact on our existence. Throughout this critique, we will delve into the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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Red Cross Lifeguard Certification Study Guide Introduction

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LIMI. 40. Page 2 ... Chapter 10, Lesson 1 - Delsea Nov 19, 2014 — 1. A driver turning left must - right-of-way to any cross traffic and to oncoming traffic. · 2. When you are at an intersection and waiting to ... Chapter #10 Study Guide Answers. False - Intersections are often controlled by stop signs. 3. When approaching an intersection with a 4-way stop, assume that all drivers will... Chapter-10-Study-Guide-Questions - Name Mods Due Date View Chapter-10-Study-Guide-Questions from HEALTH Drivers Ed at Athens Area Hs ... CHAPTER 10 Intersections STUDY GUIDE FOR CHAPTER 10 LESSON 1 Basic ... Chapter 10 - Driving in Rural Areas Consider passing only if you can answer "yes" to all of these questions. The major responsibility for passing safely belongs to the driver who is passing. 10.3 - Study Guide For Chapter 10 Lesson 3 Roundabouts ... Roundabouts move traffic through intersections at a slower and safer pace. 10. All vehicles in a roundabout are required to yield to pedestrians in a crosswalk. Driver Guide - Chapter 10 - Missouri Department of Revenue CHAPTER 10 — BE IN SHAPE TO DRIVE ... These tests will help the officer decide if you should be arrested and have a chemical test of your breath, blood, or urine. PPT - Chapter 10 PowerPoint Presentation, free download Jul 29, 2014 — Chapter 10 . Intersections Railroad Crossings Roundabouts Complex Intersections Interchanges Responsible Driving - Notes and Study Guide. Auditing: Millichamp, Alan, Taylor, John Now in its tenth edition, Auditing is a comprehensive textbook which provides thorough up-to-date coverage of auditing in an accessible style. Alan Millichamp | Get Textbooks Auditing (Paperback) by Alan Millichamp, John Taylor Paperback, 552 Pages, Published 2022 by Cengage Learning Emea ISBN-13: 978-1-4737-7899-3, ... 9781408044087 - Auditing by Alan Millichamp Now in its tenth edition, Auditing is a comprehensive textbook which provides thorough up-to-date coverage of auditing in an accessible style. Auditing by Alan Millichamp; John Taylor | Paperback ... Title Auditing; Author Alan Millichamp; John Taylor; Binding Paperback; Edition 10th Revised edi; Pages 506; Volumes 1; Language ENG; Publisher Cengage Learning ... Auditing - Alan Millichamp, John Richard Taylor Now in its tenth edition, Auditing is a comprehensive textbook which provides thorough up-to-date coverage of auditing in an accessible style. Auditing 10th edition by Millichamp, Alan, Taylor ... Auditing 10th edition by Millichamp, Alan, Taylor, John (2012) Paperback ... A read but in good condition. All pages are complete and cover is intact. There may ... Auditing by Millichamp Auditing: An Instructional Manual for Accounting Students (Complete Course Texts). Millichamp, Alan H. ISBN 13: 9781858051635. Seller: WorldofBooks Auditing used book by John Taylor: 9781408044087 Format Paperback. Language English. Publisher Cengage Learning. Publication Date Feb. 14th, 2012. Pages 506 pages. Edition 10th Edition. ISBN-13 9781408044087. Auditing by Alan Millichamp - Paperback - 2012 Cengage Learning Emea, 2012. This is an ex-library book and may have the usual library/used-book markings inside. This book has soft covers. AUDITING Alan Millichamp, John Taylor Pages 1- ... Jan 10, 2023 — Auditing, 12th Edition Alan Millichamp & John Taylor Publisher ... He is the author of various successful auditing, accounting and finance books ... Electrical Engineering Aptitude Test Questions and Answers May 29, 2019 — Prepare with these latest aptitude test sample questions and answers for electrical engineering

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