

**RPSGT EXAM REGISTERED POLYSOMNOGRAPHIC  
TECHNOLOGIST EXAM STUDY GUIDE 2024 | ALL  
QUESTIONS AND CORRECT ANSWERS | GRADED A+  
| VERIFIED ANSWERS | LATEST VERSION (JUST  
RELEASED)**

How do you score a hypopnea that also has an apnea waveform -----

**CORRECT ANSWER-----**If a portion of an event that meets criteria for hypopnea also meets criteria for apnea, then the entire event is scored as an apnea

What is hypocretin 2 -----**CORRECT ANSWER-----**protein found in the brain and CSF

narcoleptics have an absence of hypocretin in CSF

To be diagnosed for narcolepsy, what should be the average sleep latency -----

**CORRECT ANSWER-----**less than 8 minutes

What do RIP belts stand for -----**CORRECT ANSWER-----**

**Respiratory Inductance Plethysmography**

How is an actigraphy typically used -----**CORRECT ANSWER-----**

logs movements for a minimum of 72 hrs up to 14 days, patients also have to keep a daily journal of daily activities

# Polysomnographic Technologist Study Guide

**Leila Kheirandish-Gozal, David Gozal**



## **Polysomnographic Technologist Study Guide:**

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