

## Free-American Red Cross Lifeguard TEST / (MED 302) 2022 Emergency Medicine Red Cross Lifeguard Test complete Guide Latest

How can you best protect yourself from possible blood borne pathogen transmission when providing care?

- a. Ask the victim first if they have any communicable diseases.
- b. Thoroughly wash your hands before providing care.
- c. Use first aid supplies, such as dressings and bandages, as a barrier when in contact with the victim.
- d. Use personal protective equipment (PPE), such as disposable gloves and a breathing barrier, when providing care.** {{Ans- D

A 12-year-old child at a swim meet grabs their chest and begins to make wheezing noises. After you obtain consent to provide care, the child's parent informs you that the child has a history of asthma, but does not have an inhaler nearby. What care should you provide?

- a. Give 5 back blows.
- b. Summon more advanced medical personnel and place the victim into a position that helps breathing.**
- c. Tell the victim to use an inhaler borrowed from a bystander.
- d. Wait 20 minutes to see if the breathing difficulty goes away. {{Ans- B

Your initial impression of a victim is based on:

- a. The victim's initial vital signs.
- b. How the victim appears to you as you size up the scene.**
- c. The victim's SAMPLE history.
- d. What you have been told about the victim. {{Ans- B

You and another lifeguard find an unresponsive adult on the floor in the locker room. You activate your facility's EAP, size-up the scene, form an initial impression and perform a primary assessment. You find the victim is not moving or breathing, but has a pulse. You should summon EMS personnel, then:

- a. Give ventilations at a rate of about every 5-6 seconds.**
- b. Give back blows and chest thrusts.
- c. Give quick breaths at the rate of 20 to 40 a minute.
- d. Perform CPR. {{Ans- A

You arrive on the scene where a patron appears to be injured. Before approaching the victim, which of the following will you NOT do as you size-up the scene?

- a. Begin performing the primary assessment.**
- b. Use all your senses to determine if the scene is safe.
- c. Form an initial impression.



# Red Cross Lifeguard Study Guide

**Peipei Pang**

A red circular graphic with a gradient, appearing as a semi-circle or a partial circle, located to the right of the author's name.

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## **Table of Contents Red Cross Lifeguard Study Guide**

1. Understanding the eBook Red Cross Lifeguard Study Guide
  - The Rise of Digital Reading Red Cross Lifeguard Study Guide
  - Advantages of eBooks Over Traditional Books
2. Identifying Red Cross Lifeguard Study Guide
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Red Cross Lifeguard Study Guide
  - User-Friendly Interface
4. Exploring eBook Recommendations from Red Cross Lifeguard Study Guide
  - Personalized Recommendations
  - Red Cross Lifeguard Study Guide User Reviews and Ratings
  - Red Cross Lifeguard Study Guide and Bestseller Lists
5. Accessing Red Cross Lifeguard Study Guide Free and Paid eBooks

- Red Cross Lifeguard Study Guide Public Domain eBooks
- Red Cross Lifeguard Study Guide eBook Subscription Services
- Red Cross Lifeguard Study Guide Budget-Friendly Options
- 6. Navigating Red Cross Lifeguard Study Guide eBook Formats
  - ePub, PDF, MOBI, and More
  - Red Cross Lifeguard Study Guide Compatibility with Devices
  - Red Cross Lifeguard Study Guide Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Red Cross Lifeguard Study Guide
  - Highlighting and Note-Taking Red Cross Lifeguard Study Guide
  - Interactive Elements Red Cross Lifeguard Study Guide
- 8. Staying Engaged with Red Cross Lifeguard Study Guide
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Red Cross Lifeguard Study Guide
- 9. Balancing eBooks and Physical Books Red Cross Lifeguard Study Guide
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Red Cross Lifeguard Study Guide
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Red Cross Lifeguard Study Guide
  - Setting Reading Goals Red Cross Lifeguard Study Guide
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Red Cross Lifeguard Study Guide
  - Fact-Checking eBook Content of Red Cross Lifeguard Study Guide
  - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development

- Exploring Educational eBooks

#### 14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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