# CPR/AED/First Aid Test-American Red Cross

1.gain consent: When providing care to a non-critical, conscious person the first thing you should do after checking the scene and donning PPE?

2. Call 911, get the first aid kit, and an AED: If there is a 2nd rescuer on the scene, what do you ask this person as you begin to provide emergency care?

3. Check that the scene is safe: What is the very first thing you do before you give care?

4. Check, call, care: Name the 3 C's

5. You are too exhausted, victim wakes up and asks you to stop, scene becomes unsafe, EMS takes over: You must continue giving care until:

6. Unconscious, not breathing, no pulse, severe bleeding, shock, etc: -Life-threatening conditions include?

7. No heartbeat, no breathing, significant blood loss, 3rd degree burn, stroke, anyphylaxsis: When do you call 911?

8. If the situation is a cardiac emergency: When would you call before giving care?

9. If the situation is a respiratory emergency: When would you give care first?

10.30:2: What is the ratio of compressions to breaths in one person CPR?

11.Call 911: What do you do if a person with a life threatening condition refuses care?

12.10 seconds: What is the max amount of time you should spend checking for signs of life breathing/pulse?

13. adult-tap shoulder and shout infant-tap foot and shout: How to check consciousness as a first aid responder?

14.When the victim has a pulse but is not breathing: When is rescue breathing done?

15. Adult- one breath every 5 seconds

# **Red Cross Cpr Test Study Guide**

**Calvin Yates** 

#### **Red Cross Cpr Test Study Guide:**

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employees that will in turn help with compliance Sometimes we need to back up and look at things in a different angle and change what needs changing Safety is probably one of the most boring words in the English language so it has an uphill climb no matter where you are in your safety program It always needs help It's about being efficient with the materials we give employees that has value not check the box empty content type stuff

American Medical Association Complete Guide to Men's Health Angela Perry, M.D., 2008-04-21 Men are often reluctant to discuss issues that are important to their general health and well being This one of a kind guide provides helpful information in an easy to read format on major health concerns including diet and nutrition exercise sexuality and emotional health This quide should help men make better decisions about their health Jeffrey P Koplan M D M P H Director Centers for Disease Control and Prevention CDC Guidelines for staying healthy at any age Overviews of the body's systems and organs heart and lungs reproductive system brain and nervous system urinary system bones and joints and the immune system Explanations of the major diseases and their treatments including heart disease diabetes high blood pressure cancer drug abuse and depression Sensitive discussions of sexuality and reproduction including sexual dysfunction prostate health stds birth control and age related changes to sex and sexuality Diet and exercise guidelines Dozens of tables boxes and charts on key topics Quick reference format for finding the answers you need Trade-Mark Practice in Canada ,2011 GLOBAL HANDBOOK ON FOOD AND WATER SAFETY Sonia Y. De Leon, Susan L. Meacham, Virginia S. Claudio, 2003-01-01 This book is a practical reference on food and water safety that will be useful for food managers trainers educators food handlers and consumers worldwide The first two chapters emphasize the importance of food and water safety on health and life maintenance Each chapter has an introductory paragraph that states the objective and scope of the chapter text Definitions of useful terms tables and illustrations serve to make the key points better understood and easier to remember Review questions at the end of each chapter enhance the learning experience and the chapter references will give the reader a chance to delve into areas of interest for further information A very unique feature of this book is the segment on foodborne disease outbreaks A selection of fifty cases are presented that provide important learning tools for problem solving and evaluating foodborne illnesses Water safety is explained in great detail whether it is used for drinking and cooking or in recreational water facilities Numerous examples of etiologic agents that cause illness from contaminated food and water are discussed Guidelines to supply safe food and water for emergencies that include preparedness in case of bioterrorism power outage floods hurricanes and other disasters are given Practical guidelines about food and water safety when handling foods throughout the food chain are explored in each chapter In addition a glossary of terms commonly used in food and water safety with cross references to the chapter contents is included In light of global trade and increasing cultural diversity in food consumption this book also deals with challenges for the future to ensure a safe water and food supply The Dynamic Teeners of the 21st Century Ii Tm' 2005 Ed., Comprehensive Bug-In & Bug-Out - The Urban Survival Manual for When Society Breaks Down Owen Rivers, Survive Any

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with Jim Lehrer every night but sometimes I only get as far as the theme song da da da da da da da da hefore I fall asleep Sometimes as soon as Margaret Warner says whether or not Jim Lehrer is on vacation I drift right off Somehow just knowing he s well comforts me The occult I need to know exactly what day I m gonna die so that I don t bother putting away leftovers the night before TV s misplaced priorities Someday in the midst of the State of the Union address they ll break in with We interrupt this program to bring you a little clip from Bewitched Travel In London I went to the queen s house I went as a tourist she didn t invite me so she could pick my brain What do you think of my face on the pound Too serious Air conditioning in Florida If it were as cold outside in the winter as they make it inside in the summer they d put the heat on It makes no sense The scandal The judge said I was the best probationer he ever had Talk about proud With a foreword by Mary Tyler Moore

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