# SAMPLE BOARD MEETING MINUTES FOR ABC TECH COMPANY

#### I. MEETING DETAILS

Chairperson: Ralph Bernstein (CEO) Secretary: Jessica Foley

Date: December 15th, 2020 Time: 11:00 AM

Location: Howard W. Blake Auditorium Street Address: 500 W Main Street City: Tampa State: Florida Zip: 33607

#### III. ROLL CALL.

The Secretary took a roll call at 11:04 AM.

The following persons were in attendance:

- Allen Freeman (CFO)
- Chester Rogers (COO)
- Rebecca Thornback
- Hunter J. Richardson
- Fred Lewiston
- Jeffrey Salinger
- Greag Thompson
- Frederick Alverax
- Chad Wennington
- Allison Vasper
- Chester Freedland

The following persons were absent:

- Dan Wellington
- Josh Wellington

#### III. CALL TO ORDER.

Previous Meetings Minutes - Speaker: Ralph Bernstein - 11:16 AM

There was a call to order by the Chairperson to approve the meeting minutes of the previous meeting on November 15, 2020. The minutes were approved by a unanimous vote by all the attendees.

Meeting Agenda Distribution - Speaker: Ralph Bernstein - At 11:24 AM

A meeting agenda was distributed to all attendees of the meeting. After giving 5 minutes to review, a vote of the meeting agenda was produced.

At 11:31 AM, a vote was made, and the meeting agenda was approved by unanimous vote. Chester Rogers added an item to speak about possible Google Ads campaigns and was also approved by unanimous vote.

# **Sample Templates Board Meeting Minutes**

**Peipei Pang** 

**Sample Templates Board Meeting Minutes:** 

Fuel your quest for knowledge with is thought-provoking masterpiece, Dive into the World of **Sample Templates Board Meeting Minutes**. This educational ebook, conveniently sized in PDF (Download in PDF: \*), is a gateway to personal growth and intellectual stimulation. Immerse yourself in the enriching content curated to cater to every eager mind. Download now and embark on a learning journey that promises to expand your horizons.

https://crm.avenza.com/results/book-search/default.aspx/reinforced concrete cantilever beam design example.pdf

#### **Table of Contents Sample Templates Board Meeting Minutes**

- 1. Understanding the eBook Sample Templates Board Meeting Minutes
  - The Rise of Digital Reading Sample Templates Board Meeting Minutes
  - Advantages of eBooks Over Traditional Books
- 2. Identifying Sample Templates Board Meeting Minutes
  - Exploring Different Genres
  - o Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Sample Templates Board Meeting Minutes
  - User-Friendly Interface
- 4. Exploring eBook Recommendations from Sample Templates Board Meeting Minutes
  - Personalized Recommendations
  - Sample Templates Board Meeting Minutes User Reviews and Ratings
  - Sample Templates Board Meeting Minutes and Bestseller Lists
- 5. Accessing Sample Templates Board Meeting Minutes Free and Paid eBooks
  - Sample Templates Board Meeting Minutes Public Domain eBooks
  - Sample Templates Board Meeting Minutes eBook Subscription Services
  - Sample Templates Board Meeting Minutes Budget-Friendly Options

- 6. Navigating Sample Templates Board Meeting Minutes eBook Formats
  - o ePub, PDF, MOBI, and More
  - Sample Templates Board Meeting Minutes Compatibility with Devices
  - Sample Templates Board Meeting Minutes Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Sample Templates Board Meeting Minutes
  - Highlighting and Note-Taking Sample Templates Board Meeting Minutes
  - Interactive Elements Sample Templates Board Meeting Minutes
- 8. Staying Engaged with Sample Templates Board Meeting Minutes
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Sample Templates Board Meeting Minutes
- 9. Balancing eBooks and Physical Books Sample Templates Board Meeting Minutes
  - $\circ\,$  Benefits of a Digital Library
  - Creating a Diverse Reading Collection Sample Templates Board Meeting Minutes
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Sample Templates Board Meeting Minutes
  - Setting Reading Goals Sample Templates Board Meeting Minutes
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Sample Templates Board Meeting Minutes
  - Fact-Checking eBook Content of Sample Templates Board Meeting Minutes
  - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
- 14. Embracing eBook Trends
  - Integration of Multimedia Elements

Interactive and Gamified eBooks

#### **Sample Templates Board Meeting Minutes Introduction**

In this digital age, the convenience of accessing information at our fingertips has become a necessity. Whether its research papers, eBooks, or user manuals, PDF files have become the preferred format for sharing and reading documents. However, the cost associated with purchasing PDF files can sometimes be a barrier for many individuals and organizations. Thankfully, there are numerous websites and platforms that allow users to download free PDF files legally. In this article, we will explore some of the best platforms to download free PDFs. One of the most popular platforms to download free PDF files is Project Gutenberg. This online library offers over 60,000 free eBooks that are in the public domain. From classic literature to historical documents, Project Gutenberg provides a wide range of PDF files that can be downloaded and enjoyed on various devices. The website is user-friendly and allows users to search for specific titles or browse through different categories. Another reliable platform for downloading Sample Templates Board Meeting Minutes free PDF files is Open Library. With its vast collection of over 1 million eBooks, Open Library has something for every reader. The website offers a seamless experience by providing options to borrow or download PDF files. Users simply need to create a free account to access this treasure trove of knowledge. Open Library also allows users to contribute by uploading and sharing their own PDF files, making it a collaborative platform for book enthusiasts. For those interested in academic resources, there are websites dedicated to providing free PDFs of research papers and scientific articles. One such website is Academia.edu, which allows researchers and scholars to share their work with a global audience. Users can download PDF files of research papers, theses, and dissertations covering a wide range of subjects. Academia.edu also provides a platform for discussions and networking within the academic community. When it comes to downloading Sample Templates Board Meeting Minutes free PDF files of magazines, brochures, and catalogs, Issuu is a popular choice. This digital publishing platform hosts a vast collection of publications from around the world. Users can search for specific titles or explore various categories and genres. Issuu offers a seamless reading experience with its user-friendly interface and allows users to download PDF files for offline reading. Apart from dedicated platforms, search engines also play a crucial role in finding free PDF files. Google, for instance, has an advanced search feature that allows users to filter results by file type. By specifying the file type as "PDF," users can find websites that offer free PDF downloads on a specific topic. While downloading Sample Templates Board Meeting Minutes free PDF files is convenient, its important to note that copyright laws must be respected. Always ensure that the PDF files you download are legally available for free. Many authors and publishers voluntarily provide free PDF versions of their work, but its essential to be cautious and verify the authenticity of the source before downloading Sample Templates Board Meeting Minutes. In conclusion, the internet offers numerous platforms and websites that allow users to

download free PDF files legally. Whether its classic literature, research papers, or magazines, there is something for everyone. The platforms mentioned in this article, such as Project Gutenberg, Open Library, Academia.edu, and Issuu, provide access to a vast collection of PDF files. However, users should always be cautious and verify the legality of the source before downloading Sample Templates Board Meeting Minutes any PDF files. With these platforms, the world of PDF downloads is just a click away.

#### **FAQs About Sample Templates Board Meeting Minutes Books**

How do I know which eBook platform is the best for me? Finding the best eBook platform depends on your reading preferences and device compatibility. Research different platforms, read user reviews, and explore their features before making a choice. Are free eBooks of good quality? Yes, many reputable platforms offer high-quality free eBooks, including classics and public domain works. However, make sure to verify the source to ensure the eBook credibility. Can I read eBooks without an eReader? Absolutely! Most eBook platforms offer web-based readers or mobile apps that allow you to read eBooks on your computer, tablet, or smartphone. How do I avoid digital eye strain while reading eBooks? To prevent digital eye strain, take regular breaks, adjust the font size and background color, and ensure proper lighting while reading eBooks. What the advantage of interactive eBooks? Interactive eBooks incorporate multimedia elements, quizzes, and activities, enhancing the reader engagement and providing a more immersive learning experience. Sample Templates Board Meeting Minutes is one of the best book in our library for free trial. We provide copy of Sample Templates Board Meeting Minutes in digital format, so the resources that you find are reliable. There are also many Ebooks of related with Sample Templates Board Meeting Minutes. Where to download Sample Templates Board Meeting Minutes online for free? Are you looking for Sample Templates Board Meeting Minutes PDF? This is definitely going to save you time and cash in something you should think about.

# **Find Sample Templates Board Meeting Minutes:**

reinforced concrete cantilever beam design example
regles pour avoir des collaborateurs heureux et performants
regius model 190 manual
refugees and the myth of human rights
regarder loceacutean la forecirct

reflection paper education

# refrigeration air conditioning and guide

registration for 2015 uj

relationship rewind step text messages

 $regents \ biology \ lab \ anatomical \ evidence \ evolution \ answers$ 

reflections social studies 4th grade ca

rejoinsmoi agrave vegas suivi de indeacutecente mrs robinson

registered nurse career essay

regional geography of canada

red truck labor time guide

#### **Sample Templates Board Meeting Minutes:**

# concepts in biology 14th edition solutions and answers quizlet - Sep 07 2023

web now with expert verified solutions from concepts in biology 14th edition you ll learn how to solve your toughest homework problems our resource for concepts in biology includes answers to chapter exercises as well as detailed information to walk you through the process step by step

# campbell biology 11th edition solutions course hero - Aug 26 2022

web our campbell biology solutions and resources break down some of the more challenging concepts like animal nervous systems and dna biotechnology unfortunately there s no clear cut campbell biology 11th edition answer key and it isn t as simple as providing formulaic solutions though we do have some of those

# campbell biology 12th edition solutions and answers quizlet - Aug 06 2023

web our resource for campbell biology includes answers to chapter exercises as well as detailed information to walk you through the process step by step with expert solutions for thousands of practice problems you can take the guesswork out of studying and move forward with confidence

bio concept check chapter 1 flashcards guizlet - Dec 30 2022

web study with quizlet and memorize flashcards containing terms like starting with the molecular level in figure 1 3 write a sentence that includes components from the previous lower level of biological organization for example a molecule consists of atoms bonded together continue with organelles moving up the biological hierarchy identify the theme of campbell biology 10th edition chapter 1 1 1 concept check - Jul 05 2023

web answers by chapter chapter 1 1 1 concept check 1 2 3 1 2 concept check 1 3 concept check 1 4 concept check test your

understanding level 1 knowledge comprehension test your understanding level 2 application analysis test your understanding level 3 synthesis evaluation chapter 2 chapter 3 chapter 4

biology library science khan academy - Mar 21 2022

web welcome to the biology library biology is the study of life here you can browse videos articles and exercises by topic we keep the library up to date so you may find new or improved content over time

# chapter 12 concept check summer 2020 studocu - Jul 25 2022

web chapter 12 concept check questions note these questions serve as a study guide for your exam in animal cells cytokinesis happens through a process called cleavage where you have a set of contractile proteins and creates a cleavage furrow in the membrane and pinch the cell into two daughter cells

textbook answers gradesaver - Sep 26 2022

web textbook answers animal diversity 7th edition hickman jr cleveland roberts larry keen susan larson allan eisenhour david publisher mcgraw hill education isbn 978 0 07352 425 2 biological science 6th edition freeman scott quillin kim allison lizabeth black michael taylor emily podgorski greg carmichael jeff publisher

biology concept checks flashcards and study sets quizlet - Apr 02 2023

web learn biology concept checks with free interactive flashcards choose from 5 000 different sets of biology concept checks flashcards on quizlet

#### ch 1 review questions concepts of biology openstax - Oct 28 2022

web the smallest unit of biological structure that meets the functional requirements of living is the organ organelle cell macromolecule 4 which of the following sequences represents the hierarchy of biological organization from the most complex to the least complex level organelle tissue biosphere ecosystem population

biology exploring life 1st edition solutions and answers quizlet - Apr 21 2022

web our resource for biology exploring life includes answers to chapter exercises as well as detailed information to walk you through the process step by step with expert solutions for thousands of practice problems you can take the guesswork out of studying and move forward with confidence

free concepts of biology book available for download openstax - Jun 23 2022

web summary concepts of biology is designed for the typical introductory biology course for nonmajors covering standard scope and sequence requirements the text includes interesting applications and conveys the major themes of biology with content that is meaningful and easy to understand

campbell biology 11th edition chapter 1 1 1 concept check - May 03 2023

web answers by chapter chapter 1 1 1 concept check 1 2 3 1 2 concept check 1 3 concept check 1 4 concept check test your

understanding level 1 knowledge comprehension test your understanding level 2 application analysis test your understanding level 3 synthesis evaluation chapter 2 chapter 3 chapter 4

# concept ap biology checks flashcards and study sets quizlet - Mar 01 2023

web ap biology concept checks learn concept ap biology checks with free interactive flashcards choose from 774 different sets of concept ap biology checks flashcards on quizlet

# campbell biology ap edition 10th edition solutions and answers - Jun 04 2023

web with expert solutions for thousands of practice problems you can take the guesswork out of studying and move forward with confidence find step by step solutions and answers to campbell biology ap edition 9780133447002 as well as thousands of textbooks so you can move forward with confidence

concepts of biology 1 test 1 flashcards quizlet - Nov 28 2022

web this is my set of questions i made to prepare for the concepts in biology test number one the professor is surmacz chapter 1 1 1 concept check page 9 2 gradesaver - Jan 31 2023

web answers by chapter chapter 1 1 1 concept check 1 2 3 1 2 concept check 1 3 concept check 1 4 concept check test your understanding level 1 knowledge comprehension test your understanding level 2 application analysis test your understanding level 3 synthesis evaluation chapter 2 chapter 3 chapter 4

campbell biology 11th edition solutions and answers quizlet - Oct 08 2023

web with expert solutions for thousands of practice problems you can take the guesswork out of studying and move forward with confidence find step by step solutions and answers to campbell biology 9780134093413 as well as thousands of textbooks so you can move forward with confidence

basic concepts of biology chapter exam study com - Feb 17 2022

web test and improve your knowledge of basic concepts of biology with fun multiple choice exams you can take online with study com

<u>chapter 6 concept check summer 2020 studocu</u> - May 23 2022

web concept check questions are questions that cover the whole chapter making sure you understand what the chapter is about general biology i bsc 1010c 318 documents students shared 318 documents in this course academic year the answers to these questions can be found in the narrated chapter 6 powerpoint video

the travel diaries of peter pears 1936 1978 aldeburgh studies - Dec 27 2021

web the travel diaries of peter pears 1936 1978 in the travel diaries of peter pears 1936 1978 ecu the travel diaries of peter pears 1936 1978 peter pears the travel diaries of

the travel diaries of peter pears 1936 1978 google books - May 12 2023

web pears s twelve travel diaries brought together for the first time in this volume record much of that travel and provide valuable contextual material on the musical development of

the travel diaries of peter pears 1936 1978 v 2 abebooks - Apr 11 2023

web the travel diaries of peter pears 1936 1978 v 2 aldeburgh studies in music by pears peter reed philip at abebooks co uk isbn 10 085115364x isbn 13

the travel diaries of peter pears 1936 1978 aldebu download - Feb 26 2022

web the travel diaries of peter pears 1936 1978 aldebu rethinking britten dec 08 2021 rethinking britten offers a fresh portrait of one of the most widely performed composers

# the travel diaries of peter pears 1936 1978 worldcat org - Aug 03 2022

web the travel diaries of peter pears 1936 1978 worldcat org

the travel diaries of peter pears 1936 1978 aldeburgh studies - Mar 30 2022

web travel diaries of peter pears 1936 1978 by peter peter pears and 5 related entities entities finder the travel diaries of peter pears 1936 1978 google books the travel diaries of

ebook the travel diaries of peter pears 1936 1978 aldebu - Jun 01 2022

web the travel diaries of peter pears 1936 1978 aldebu benjamin britten mar 11 2021 this work constitutes the largest and most comprehensive research guide ever published

the travel diaries of peter pears 1936 1978 open library - Jul 02 2022

web may  $1\,1999\,$  travel diaries of peter pears  $1936\,1978\,$  by peter pears peter reed may  $1\,1999\,$  boydell press edition paperback in english new ed edition

#### the travel diaries of peter pears 1936 1978 aldebu copy - Nov 25 2021

web apr 25 2023 the travel diaries of peter pears 1936 1978 peter pears 1995 peter pears s reputation as an outstanding and distinctive tenor is grounded in his

#### the travel diaries of peter pears 1936 1978 open library - Sep 23 2021

web the travel diaries of peter pears 1936 1978 by pears peter sir 1995 boydell press britten pears library edition in english the travel diaries of peter pears 1936 1978

the travel diaries of peter pears 1936 1978 alibris - Apr 30 2022

web buy the travel diaries of peter pears 1936 1978 by peter pears philip reed editor online at alibris we have new and used copies available in 1 editions starting at

the travel diaries of peter pears 1936 1978 aldeburgh studies - Aug 15 2023

web jun 8 1995 travel diaries reveal musical inspiration personal encounters notes on performances this volume brings

together all the travel diaries of sir peter pears

the travel diaries of peter pears 1936 1978 google - Jun 13 2023

web pear s twelve travel diaries brought together in this volume record much of that travel and provide valuable contextual material on the musical development of both pears and

the travel diaries of peter pears 1936 1978 goodreads - Jan 08 2023

web travel diaries reveal musical inspiration personal encounters notes on performances this volume brings together all the travel diaries of sir peter pears 1910 1986 principal

# the travel diaries of peter pears 1936 1978 aldeburgh studies - Jul 14 2023

web buy the travel diaries of peter pears 1936 1978 aldeburgh studies in music by pears peter reed philip reed philip isbn 9780851157412 from amazon s book store

# the travel diaries of peter pears 1936 1978 amazon com - Sep 04 2022

web may 1 1999 this remarkable book compiled by the executors of the britten pears foundation chronicles peter pears s career as told in his own voice for roughly forty

# the travel diaries of peter pears 1936 1978 aldeburgh - Mar 10 2023

web abebooks com the travel diaries of peter pears 1936 1978 aldeburgh studies in music 9780851153643 and a great selection of similar new used and collectible books

## the travel diaries of peter pears 1936 1978 boydell and brewer - Feb 09 2023

web the travel diaries of peter pears 1936 1978 download flyer recommend to library title details 278 pages 23  $4 \times 15$  6 cm 34 b w illus series aldeburgh studies in music

# the travel diaries of peter pears 1936 1978 searchworks catalog - Oct 05 2022

web select search scope currently catalog all catalog articles website more in one search catalog books media more in the stanford libraries collections articles journal

the travel diaries of peter pears 1936 1978 aldebu pdf - Jan 28 2022

web pronouncement the travel diaries of peter pears 1936 1978 aldebu that you are looking for it will unconditionally squander the time however below with you visit this web

the travel diaries of peter pears 1936 1978 goodreads - Nov 06 2022

web jun 1 1995 the travel diaries of peter pears 1936 1978 peter pears philip reed editor 5 00 1 rating0 reviews travel diaries reveal musical inspiration personal

## **9780851157412** the travel diaries of peter pears **1936 1978** - Oct 25 2021

web abebooks com the travel diaries of peter pears 1936 1978 9780851157412 by pears peter reed peter and a great

selection of similar new used and collectible books

the travel diaries of peter pears 1936 1978 aldeburgh studies - Dec 07 2022

web the travel diaries of peter pears 1936 1978 aldeburgh studies in music by philip reed june 1995 boydell brewer edition hardcover in english

6 examples of how to introduce yourself in an email enhancy - May 13 2023

web nov 18 2022 quick answer learn how to send a great self introduction email to potential employers clients and colleagues effective introductions use captivating email subject lines a formal greeting and a concise and informative body end the email with a call to action such as requesting a meeting or responding to your attached resume and cover introducing yourself 3 email introduction examples indeed - Jul 15 2023

web aug 28 2023 here are three email introduction examples for three different scenarios in business job application open position inquiry and information request job application email subject it technician application

how to introduce yourself in an email examples people ai - Feb 10 2023

web business email introducing yourself when reaching out to potential business partners for a contract or collaboration your email should be concise and provide details about your project use a formal greeting and encourage potential clients to <a href="https://how.to.introduce.org/">how to introduce yourself in an email 24 templates to use</a> - Jun 14 2023

web dec 10 2020 here is a list of 24 easy to use templates to help you introduce yourself in an email start your outreach with confidence using one of those templates pricing

# best business introduction email templates that work with examples - Apr 12 2023

web sep 18 2019 tips to write a good introductory email examples of subject lines for introduction emails top notch templates what is an introduction email the name is self explanatory introduction email is a message to how to introduce yourself in an email all you should know - Mar 31 2022

web feb 11 2022 a good introduction email to a client is composed of four components first create a subject line that depicts the key message you want to share in the email for example you can use as an email subject line something like your company client s company or your name from your company quick intro

how to introduce yourself in an email with examples liveabout - Aug 04 2022

web nov 9 2021 the best way to introduce yourself in an email write a subject line that encourages opening of the message how many emails do you trash without opening pay attention to what you include in the subject line so yours has a chance of getting opened be specific and let the reader know why you are writing

successful ways to introduce yourself over email with examples - Oct 06 2022

web aug 14 2019 when to introduce yourself there are a number of situations in which you might have to introduce yourself

in a professional email each of them has a different social context some examples include introducing yourself to clients if you write a business email introducing yourself to a new or potential client your job is to stand

business introduction email samples templates pipedrive - Mar 11 2023

web 3 business introduction email examples here are some example business introduction emails that illustrate the ideas we established follow up introduction to a meeting in person

#### 11 business introduction email templates for 2023 fit small business - Dec 28 2021

web jan 23 2023 introduce circumstances ex as you may know cameron eck is no longer with the firm so i wanted to make an introduction now that you are officially a client of pk cyber solutions i want to introduce myself as your account manager as there have been a few structure changes throughout our company i am your new account

how to introduce yourself professionally with examples - Jun 02 2022

web jul 31 2023 how to introduce yourself professionally here are four ways you can introduce yourself professionally 1 state your purpose many people introduce themselves by stating their name and current job title but you should also try to add information your new contact can t find on your business card

## how to write a business introduction email template - Jan 09 2023

web dec 19 2022 example of a business introduction email below is an example of a business introduction email to guide you hello thomas my name is christine wellington from lintel holdings lintel holdings is a telecommunications company dedicated to providing customers with great communications services and products

how to introduce yourself in an email copy paste templates - Sep 05 2022

web learn how to introduce yourself in a business email a clear subject line and brief sentences are key include your name reason for contacting and any mutual connections end with a call to action and your contact information examples provided self introduction email 14 examples and template flowrite - Aug 16 2023

web how to introduce yourself in an email with 14 samples and a template learn how to introduce yourself in an email as a new employee for a job to clients team colleagues or business partners with the help of our self introduction email samples how to introduce yourself in an email with examples - Dec 08 2022

web feb 13 2023 introducing yourself over email is a good way to connect with other professionals in a relaxed manner

following best practices will make your introductory emails informative and attention grabbing in this article we explain how to introduce yourself in an email

#### how to introduce yourself in an email with examples zippia - Feb 27 2022

web jul 24 2023 use a short descriptive subject line use a standard greeting like dear or hello followed by the recipient s name introduce yourself with your full name job title if relevant and any other details that the recipient should know about you early in the email provide your reason for writing

how to introduce yourself in an email with example - Jan 29 2022

web aug 29 2023 how to introduce yourself in an email example below you ll find an example email template you can use for your introductions subject hey tim i would like more info about the marketing director position

# how to properly introduce yourself in an email grammarly - May 01 2022

web dec 28 2020 now is a perfect time to share with you our step by step cheat sheet for exactly how to introduce yourself in an email and ensure the best results step 1 the email subject line it won t matter how brilliant an introduction you ve written if your message is never opened

how to introduce yourself in an email samples included spike - Jul 03 2022

web feb 20 2023 get spike free in this guide we will deal with how to formally introduce yourself via email if you need to introduce yourself more casually then you can use many of the same steps however you can also tone down the formal language and get a little more creative don t be afraid to let your personality shine

how to write a professional introduction email business english - Nov 07 2022

web jan 7 2022 published jan 7 2022 follow introducing yourself via email in a professional situation can be unnerving when you don't feel confident with your english level use our template below to guide