

Chapter 15

The Effect of Self-Esteem on Student Achievement

Serdar Körük

15.1 Introduction

Self-esteem is defined as the set of positive or negative evaluations of individuals about their own selves (Rosenberg 1965). Self and self-esteem constitute two different dimensions of personality. The self represents the cognitive part of the personality, whereas self-esteem represents the affective and psychologic dimension. The personality traits of the individuals, their physical features, abilities, skills, social relations, feelings and their ideas about their academic or professional performance and the satisfaction they feel as a result of these ideas, are included in the concept of self-esteem (Yılmaz 2000; İzgiç et al. 2001). A high level of perceived satisfaction indicates that the individual has high self-esteem, whereas a low level of satisfaction indicates low self-esteem. Özkan (1994) defined people with high self-esteem as individuals who are successful in academic and professional areas, who can handle stress, who can establish social and close relations and who have a high level of vitality and enjoyment. At the same time, he defined people with low self-esteem as individuals who have a low level of vitality and enjoyment, who are not self-confident, who feel shame and feelings of worthlessness and who feel inadequate in terms of successes and skills.

The formation of self-image in individuals starts in their babyhood and early childhood periods through the verbal and non-verbal signals that they receive from their parents who are the primary objects of connection (Demiriz and Öğretir 2007). Towards the early childhood period, when the cognitive level is developed, the baby starts to create his or her self-esteem by evaluating his or her physical properties, abilities, strengths and weaknesses. Nine months old babies start to realize that they are mentally different from each other, and they develop their verbal self when they are eighteen months old. The progress of infants' cognitive

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Self Esteem Research Papers

Marco Cascella



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Extending Self-Esteem Theory and Research Timothy J. Owens, Sheldon Stryker, Norman Goodman, 2006-11-02 Self esteem is an academic and popular phenomenon vigorously researched and debated sometimes imbued with magical qualities other times vilified as the bane of the West's preoccupation with self Though thousands of articles have been devoted to the topic and bookshops work to feed the public's appetite for advice on revealing enhancing and maintaining self esteem conflicting claims and findings have placed the field in disarray In a very real sense self esteem is a victim of its own popularity This book seeks to add clarity to a concept earlier examined by such notable self theorists as Morris Rosenberg but eminently worthy of re examination and extension We do this by asking some leading thinkers on self esteem theory measurement and application to assess what we know about self esteem and link it to important aspects of society and the human experience

Self-Esteem Issues and Answers Michael H. Kernis, 2013-04-15 Research and theory on self esteem have flourished in recent years This resurgence has produced multiple perspectives on fundamental issues surrounding the nature of self esteem and its role in psychological functioning and interpersonal processes Self Esteem Issues and Answers brings together these various perspectives in a unique format The book is divided into five sections Section I focuses on core issues pertaining to the conceptualization and assessment of self esteem and when self esteem is optimal Section II concentrates on the determinants development and modifiability of self esteem Section III examines the evolutionary significance of self esteem and its role in psychological processes and therapeutic settings Section IV explores the social relational and cultural significance of self esteem Finally Section V considers future directions for self esteem researchers practitioners parents and teachers This volume offers a wealth of perspectives from prominent researchers from different areas of psychology Each expert contributor was asked to focus his or her chapter on a central self esteem issue Three or four experts addressed each question The result is that Self Esteem Issues and Answers provides a comprehensive sourcebook of current perspectives on a wide range of central self esteem issues

Abstracts of Research Papers - American Alliance for Health, Physical Education, Recreation, and Dance American Alliance for Health, Physical Education, Recreation, and Dance, 1987

The Study of Dyslexia Martin Turner, John Rack, 2005-02-03 In long ago 1999 the Dyslexia Institute and Plenum Press conceived a plan for two books which would gather the best of current knowledge and practice in dyslexia studies This would benefit those but not only those many individuals who train with us acquiring a postgraduate certificate and diploma with our higher education partner the University of York Since then the century changed the hinge of history creaked and Plenum was taken over by Kluwer Academic Publishers but the first of the pair *Dyslexia in Practice* emerged quickly and on schedule Townend and Turner 2000 Written by staff and close associates of the Institute its chapters were produced under close scrutiny and with the expedition of a command economy To our delight the book has seen a success which went beyond the dreams of its editors it has been adopted by other courses similar to our own and is widely

referred to The same was never likely to be true of The Study of Dyslexia which was envisaged as a theoretical companion volume written by authors and researchers of international repute Nearly five years after the idea first took shape this second volume now arrives to complete the enterprise but it has been a very different project

Self-esteem at Work Joel Brockner, 1988 [Self-Esteem Research, Theory, and Practice](#) Christopher J. Mruk, 2006-05-09 Print CourseSmart

The Resilience Factor Karen Reivich, Andrew Shatte, Ph.D., 2003-10-14 Resilience is a crucial ingredient perhaps the crucial ingredient to a happy healthy life More than anything else it is what determines how high we rise above what threatens to wear us down from battling an illness to bolstering a marriage to carrying on after a national crisis Everyone needs resilience and now two expert psychologists share seven proven techniques for enhancing our capacity to weather even the cruelest setbacks The science in The Resilience Factor takes an extraordinary leap from the research introduced in the bestselling Learned Optimism a decade ago Just as hundreds of thousands of people were transformed by flexible optimism readers of this book will flourish thanks to their enhanced ability to overcome obstacles of any kind Karen Reivich and Andrew Shatt are seasoned resilience coaches and through practical methods and vivid anecdotes they prove that resilience is not just an ability that we are born with and need to survive but a skill that anyone can learn and improve in order to thrive Readers will first complete the Resilience Questionnaire to determine their own innate levels of resilience Then the system at the heart of The Resilience Factor will teach them to Cast off harsh self criticisms and negative self images Navigate through the fallout of any kind of crisis Cope with grief and anxiety Overcome obstacles in relationships parenting or on the job Achieve greater physical health Bolster optimism take chances and embrace life In light of the unprecedented challenges we've recently faced there's never been a greater need to boost our resilience Without resorting to feel good pap or quick fix clichés The Resilience Factor is self help at its best destined to become a classic in the genre

The International Journal of Indian Psychology, Volume 7, Issue 1, Version 2 Suresh Makvana, Ankit Patel, 2019-03-21 [Research for Inclusive Quality Education](#) Christopher Boyle, Kelly-Ann Allen, 2022-11-10 This book explores contemporary perspectives and research on inclusion providing a platform for discussing inclusion at an international level and its intersections with belonging and equity How inclusion is defined and applied between schools districts and even countries can vary markedly thus an international understanding of inclusion is urgently needed Experts from several countries in different regions present the latest research in the field of inclusion and provide practices and strategies guided by empirical research to address some of these issues Schools are contextual organisations that represent the broader society culture and values in which they reside Thus how inclusion is practised at the society level has an implication on schools The way we think about inclusion has shifted dramatically in the last decade we now recognise that inclusion represents a broad spectrum of racial ethnic cultural and sexual diversity that is seen in almost all modern schools This book presents international perspectives and research on inclusion belonging and equity to work towards a more consistent collaborative and global understanding

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Health Sciences Literature Review Made Easy Judith Garrard,2016-08-04 Health Sciences Literature Review Made

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Constantinidis,Dimitrios Papagiannis,Evangelos C. Fradelos,2023-10-03 **Applied Psychology Readings** Man-Tak Leung, Lee-Ming Tan,2018-02-27 This book is a compilation of the best papers presented at the 2017 edition of the Singapore Conference of Applied Psychology SCAP an event held annually in Singapore Discussing the latest innovations trends concerns practical challenges encountered and the solutions adopted in the field of applied psychology it is a valuable resource for academics researchers and practitioners wishing to keep themselves up to date with the state of the art in the field

Success and Failures in Implementing Health-Related Changes Alexander Mario Baldacchino,Jan Czesław Czabała,Irena Jelonkiewicz,Marja Kaunonen,Christophe Matthys,Aneta Pasternak,Magdalena Poraj-Weder,Lidia Zabłocka-Żytka,2022-03-28 **International Journal of Indian Psychology, Volume 6, Issue 1, (No. 5)**

IJIP.IN,2018-07-30 *Me n Mine Health and Physical Education Papers 12* Dr. V.K. Sharma, Saraswati Health and Physical Education is a much acclaimed and popular series in Health and Physical Education The series demonstrates a deep understanding of the principles and concepts related to the subject while providing students with all the pedagogical tools necessary for comprehension and application The fully revised edition which includes all the latest developments in the field in its colourful avatar will not only enhance the teaching learning process but will also make it more enjoyable

Self-Esteem and Positive Psychology, 4th Edition Christopher J. Mruk,Christopher J. J. Mruk,2013-03-28 The author s voice is engaged authoritative and convinced of the essential role self esteem plays in connecting psychological theory to clinical practice a perspective many readers will welcome Recommended Choice Current Reviews for Academic Libraries This new edition of the most comprehensive text available on the theories research findings and practice implications of self esteem represents a major shift in our contemporary understanding of self esteem and positive psychology The book has been thoroughly updated to integrate positive psychology themes throughout and explain how self esteem enhancement interventions fit into evidence based practice This insightful work provides scholars clinicians and students with both an extensive overview of research and with Mruk s often cited theoretical framework for self esteem Featuring the author s noted Competence and Worthiness Training program for enhancing self esteem this fourth edition reflects changes in the field by also including expanded coverage of Self esteem in relationships Validity issues in researching self esteem The concept of authenticity in the self Self esteem as a function of motivation and well being Existentially oriented theory Key Features Offers the most comprehensive and thorough overview of self esteem theory and research available Considers self esteem from personality human development and clinical perspectives Contains updated and more integrated coverage of

self esteem as a major element of positive psychology Places clinical practices that enhance self esteem in the context of evidence based practice Features expanded coverage of personal relationships research issues and well being in self

Human-Computer Interaction. Theory, Methods and Tools Masaaki Kurosu, 2021-07-03 The three volume set LNCS 12762 12763 and 12764 constitutes the refereed proceedings of the Human Computer Interaction thematic area of the 23rd International Conference on Human Computer Interaction HCII 2021 which took place virtually in July 2021 The total of 1276 papers and 241 posters included in the 39 HCII 2021 proceedings volumes was carefully reviewed and selected from 5222 submissions The 139 papers included in this HCI 2021 proceedings were organized in topical sections as follows Part I Theory Methods and Tools HCI theory education and practice UX evaluation methods techniques and tools emotional and persuasive design and emotions and cognition in HCI Part II Interaction Techniques and Novel Applications Novel interaction techniques human robot interaction digital wellbeing and HCI in surgery Part III Design and User Experience Case Studies Design case studies user experience and technology acceptance studies and HCI social distancing information communication and work

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