

HOW TO SET THE TIME ON AN ANALOG WATCH



Gently pull the crown out as far as it will go. The watch will spring when the crown is in the "out" position. If the crown has a "correction locking device," you may have to "unlock" it before you can pull the crown out to the "in" position. Rotate the crown counter-clockwise toward the bottom of the watch. This unlocks the crown. When it is unlocked, gently pull the crown out as far as it will go.

Now, rotate the crown clockwise toward the top of the watch as the hands advance past the 12 o'clock position. If the day/date changes you are in the "out" position. If the day/date does not change you are in the "in" position. Proceed to set the correct time and push the crown all the way back in. Make sure hand to set the time and slide in the date for correct day/date setting.

HOW TO SET THE DAY/DATE ON AN ANALOG WATCH

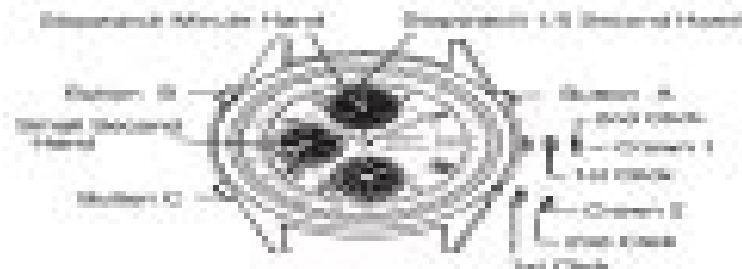
To set the day/date on an analog watch, gently pull the crown out to the first click position.

Rotate the crown clockwise toward the top of the watch face. This date on the watch will advance. If the number "display" in the window is too high, go past "12" and the counter will start at "1" again.

If your watch also displays a day/date window, set this by rotating the crown counter-clockwise toward the bottom of the watch face. The day/date will advance, going past Friday and returning to Monday if necessary. Stop one day before the correct day/date is set.

Now, pull the crown out another step and turn it clockwise as the hands move forward. When you pass 12, the day and date should change automatically to the correct date. If you are setting the watch before noon, stop as soon as you get to the correct time and push the crown all the way back in. If you are setting the watch after noon, go past 12 again before you stop at the correct time and push the crown all the way back in. If the watch is a "correction locking device," unlock the crown after setting the correct time by pressing down on the crown as you turn it clockwise.

CHRONOGRAPHS



A radio chronograph is not only a watch, it is also a sophisticated stopwatch that also measures time in fractions of a second and includes features such as:

- elapsed time,
- accumulated time, which allows you to track playing time, and stop the clock during timeouts,
- split-time measurement, which allows you to make adjustments at times for laps or legs of a race or to time two different runners.

USING ANALOG CHRONOGRAPH FUNCTIONS

The chronograph functions are operated by pressing the buttons on the side of the case.

- START/STOP FUNCTION**
To measure time, first it takes someone to go from point A to point B, simply push button A to stop and start the stopwatch. Each display has in the window, and use button B to reset.
- PLAYING TIME CHRONOGRAPH**
To record elapsed time, use button A to start, stop and reset as often as required. Use button B to reset after the match is over.
- SPLIT FUNCTION**
Press button A at the start of the race. Press the chronograph for one segment of the race, the press B again to return to a display of total running time. Press A at the end of the race, push the B to reset.
- THREE EVENT CHRONOGRAPH**
Press button A at the start of the race. Press button B to see the time for the first function. Press A when the second competitor finishes. Then press B to see the third time. Reset by pushing B again.

HOW TO SET ALARM (PT30/62 Caliber)

- ALARM SETTING**
 1. Pull crown in out to second click and turn to set small alarm hands to the correct time, then push back crown to first normal position.
 2. Pull crown in out to first click.
 3. Press button "A" to set small hands to the desired alarm time.**
 4. Push crown in back into normal position. (Alarm hands indicate the correct time.)
- ALARM CHRONOGRAPH/CHRONOGRAPH**
 1. To stop, pull crown in out to first click.
 2. Alarm ring of the chronograph time for 30 seconds.
 3. To stop it (press button "A", "B" or "C").
 4. To change, push crown in back into normal position.

**Hand moves quickly if the button is kept pressed.
See your dealer representative for information on more advanced function chronographs.

Seiko Sujd28 Watches Owners Manual

L Darling-Hammond



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