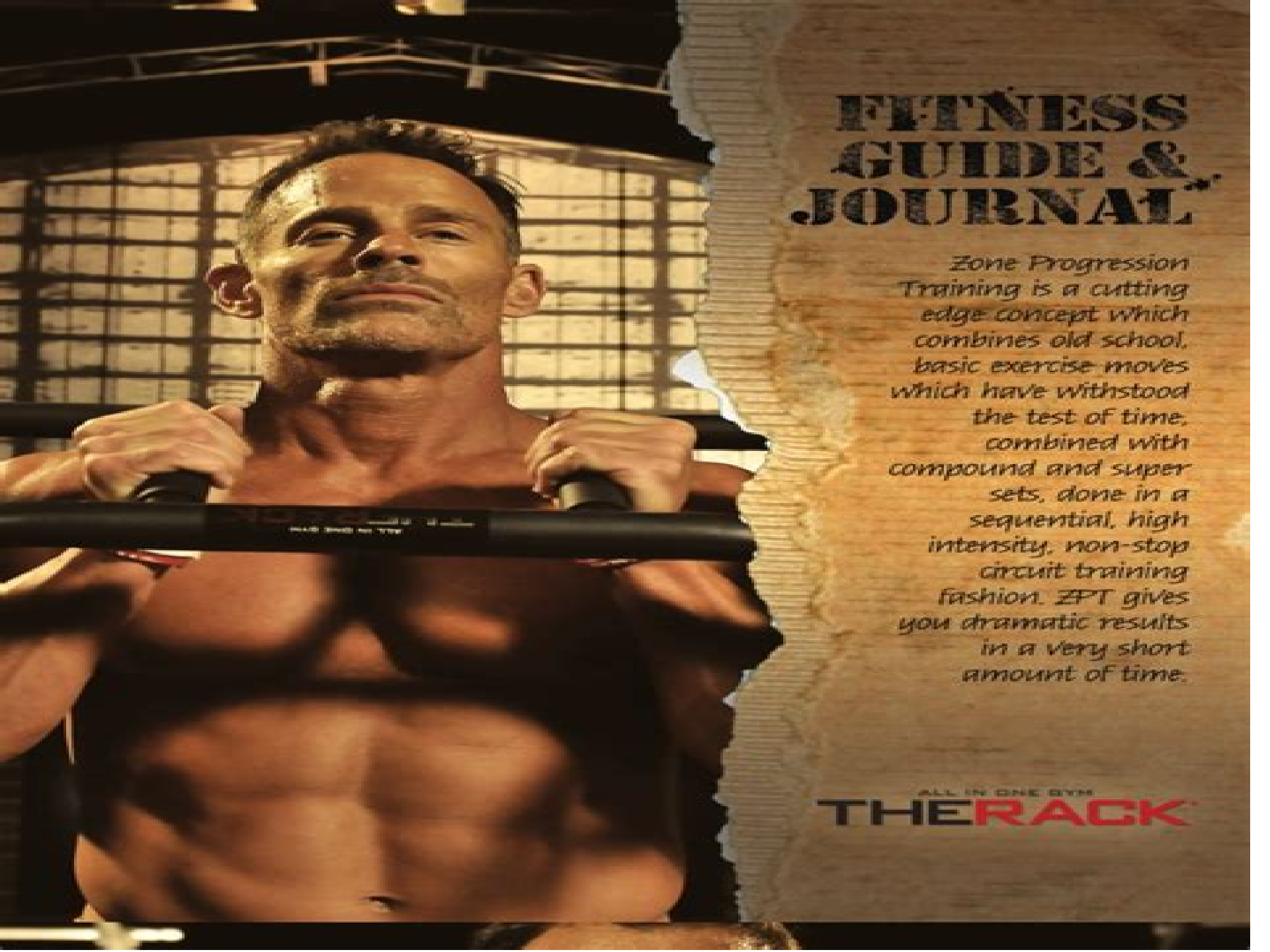




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Rack Workout Guide

Marco Cascella

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