



Physical Education Sample Question Paper 2023-2024 Subject Code: - 048



GENERAL INSTRUCTIONS:

1. The question paper consists of 5 sections and 37 Questions.
2. Section A consists of question 1-18 carrying 1 mark each and is multiple choice questions. All questions are compulsory.
3. Sections B consist of questions 19-24 carrying 2 marks each and are very short answer types and should not exceed 60-90 words. Attempt any 5.
4. Sections C consist of Question 25-30 carrying 3 marks each and are short answer types and should not exceed 100-150 words. Attempt any 5.
5. Sections D consist of Question 31-33 carrying 4 marks each and are case studies. There is internal choice available.
6. Section E consists of Question 34-37 carrying 5 marks each and are short answer types and should not exceed 200-300 words. Attempt any 3.

(SECTION - A)

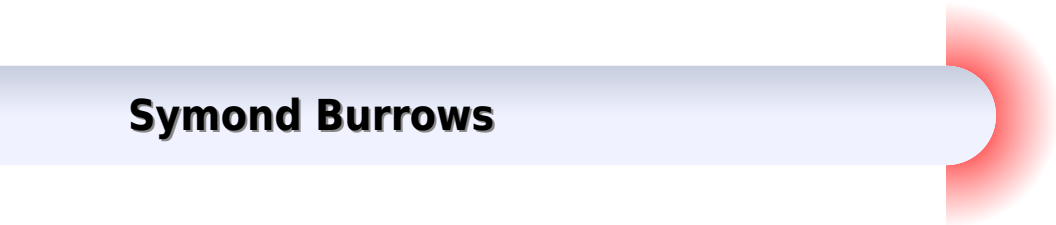
Q1. Identify the Asana:



- a) Pawanmuktasana
- b) Sukhasana
- c) Chakrasan
- d) Gomukhasana

Physical Education Paper Topics

Symond Burrows



Physical Education Paper Topics:

This book delves into Physical Education Paper Topics. Physical Education Paper Topics is an essential topic that must be grasped by everyone, from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into Physical Education Paper Topics, encompassing both the fundamentals and more intricate discussions.

1. The book is structured into several chapters, namely:
 - Chapter 1: Introduction to Physical Education Paper Topics
 - Chapter 2: Essential Elements of Physical Education Paper Topics
 - Chapter 3: Physical Education Paper Topics in Everyday Life
 - Chapter 4: Physical Education Paper Topics in Specific Contexts
 - Chapter 5: Conclusion
 2. In chapter 1, this book will provide an overview of Physical Education Paper Topics. This chapter will explore what Physical Education Paper Topics is, why Physical Education Paper Topics is vital, and how to effectively learn about Physical Education Paper Topics.
 3. In chapter 2, this book will delve into the foundational concepts of Physical Education Paper Topics. This chapter will elucidate the essential principles that must be understood to grasp Physical Education Paper Topics in its entirety.
 4. In chapter 3, this book will examine the practical applications of Physical Education Paper Topics in daily life. This chapter will showcase real-world examples of how Physical Education Paper Topics can be effectively utilized in everyday scenarios.
 5. In chapter 4, the author will scrutinize the relevance of Physical Education Paper Topics in specific contexts. The fourth chapter will explore how Physical Education Paper Topics is applied in specialized fields, such as education, business, and technology.
 6. In chapter 5, the author will draw a conclusion about Physical Education Paper Topics. The final chapter will summarize the key points that have been discussed throughout the book.
- The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of Physical Education Paper Topics.

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