

Reflection Sheet

Sketch it out or place picture here.



What happened?

How did they feel? How did others feel?



What did they want?

and/or

Why did they act that way?

Attention	To get back at someone	Work was too hard	Frustrated
To get out of doing work	Control	It was too loud	Other:

What strategies could they try next time?

Count to ten	Talk to someone	Take deep breaths	Take a break
Use a Fidget	Drink water	Think good thoughts	Other ideas:

What do they need to do now?

Stop think and breathe	Apologize	Be safe	For Creative COTA
Make a plan	Clean up	Problem solve with an adult	Of COTA



Self Reflection Sheets For Kids

J Dewey



Self Reflection Sheets For Kids:

Decoding **Self Reflection Sheets For Kids**: Revealing the Captivating Potential of Verbal Expression

In an era characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its ability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Self Reflection Sheets For Kids**," a mesmerizing literary creation penned by a celebrated wordsmith, readers attempt an enlightening odyssey, unraveling the intricate significance of language and its enduring impact on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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