

Physical Therapy Documentation Cheat Sheet

Physical therapy documentation is an essential part of a physical therapist's job. It records the patient's progress and helps in communication with other healthcare professionals and insurance companies.

Abbreviations

Abbreviations can help save time and space in physical therapy documentation. However, it is essential to use them correctly and consistently. Here are some commonly used abbreviations in physical therapy documentation:

Letter A		Letter D	
Abbreviation	Definition	Abbreviation	Definition
AAROM	Active assisted range of motion	DA	Direct access
ABD	Abduction	DB	Dumbbell
AC	Acromioclavicular joint	DDD	Degenerative disc disease
ACDF	Anterior cervical discectomy and fusion	DFM	Degenerative joint disease
		DKTC	Double knee to chest
ADL	Activities of daily living	DLS	Double limb support
AFO	Ankle foot orthotic	DNF	Deep neck flexors
AKA	Above knee amputation	DPC	Digital patient care
AP	Anterior to posterior	Letter E	
APTA	American Physical Therapy Association	Abbreviation	Definition
		ECG or EKG	Electrocardiogram
AROM	Active range of motion	EDS	Ehlers-Danlos syndrome
Letter B		EIL	Extension in lying
Abbreviation	Definition	EIS	Extension in standing
BAPS	Biomechanical ankle platform system	EOB	Edge of bed
BFRT	Blood flow restriction training	EOS	End of session
BID/BIW	Twice a day/ Twice a week	ER	External rotation
BKA	Below knee amputation	ES	Electrical stimulation
b/l	Bilateral	Letter F	
BOS	Base of support	Abbreviation	Definition
BOS	Beginning of session	FAI	Femoroacetabular impingement
BP	Blood pressure	FIL	Flexion in lying
BPPV	Benign paroxysmal positional vertigo	FMS	Functional movement screen
Letter C		FOB	Foot of bed
Abbreviation	Definition	FOM	Functional outcome measure
cc	Cable column	Letter G	
CCP	Cervical cold pack	Abbreviation	Definition
CEU	Continuing Education Unit	GH	Glenohumeral joint
CHP	Cervical hot pack	GIRD	Glenohumeral internal rotation deficit
CP	Cold pack	Letter H	
CPT	Current Procedural Terminology	Abbreviation	Definition
CVAD	Central venous access devices	HABD	Horizontal abduction
cx	Cancel	HADD	Horizontal adduction
CX or CS	Cervical spine	HBB	Hand behind back

Physical Therapy Documentation Samples

Barbara Resnick



Physical Therapy Documentation Samples:

Physical Therapy Documentation Mia Erickson, Mia L. Erickson, Rebecca McKnight, Ralph Utzman, 2008 Complete accurate documentation is one of the essential skills for a physical therapist This book covers all the fundamentals includes practice exercises case studies throughout

Documentation for Rehabilitation Lori Quinn, James Gordon, 2015-12-11 Better patient management starts with better documentation Documentation for Rehabilitation A Guide to Clinical Decision Making in Physical Therapy 3rd Edition shows how to accurately document treatment progress and patient outcomes Designed for use by rehabilitation professionals documentation guidelines are easily adaptable to different practice settings and patient populations Realistic examples and practice exercises reinforce concepts and encourage you to apply what you ve learned Written by expert physical therapy educators Lori Quinn and James Gordon this book will improve your skills in both documentation and clinical reasoning A practical framework shows how to organize and structure PT records making it easier to document functional outcomes in many practice settings and is based on the International Classification for Functioning Disability and Health ICF model the one adopted by the APTA Coverage of practice settings includes documentation examples in acute care rehabilitation outpatient home care and nursing homes as well as a separate chapter on documentation in pediatric settings Guidelines to systematic documentation describe how to identify record measure and evaluate treatment and therapies especially important when insurance companies require evidence of functional progress in order to provide reimbursement Workbook textbook format uses examples and exercises in each chapter to reinforce your understanding of concepts NEW Standardized Outcome Measures chapter leads to better care and patient management by helping you select the right outcome measures for use in evaluations re evaluations and discharge summaries UPDATED content is based on data from current research federal policies and APTA guidelines including incorporation of new terminology from the Guide to Physical Therapist 3 0 and ICD 10 coding EXPANDED number of case examples covers an even broader range of clinical practice areas

Dreeben-Irimia's Introduction to Physical Therapy Practice for Physical Therapist Assistants Christina M. Barrett, 2019-11-12 Dreeben Irimia s Introduction to Physical Therapy Practice for Physical Therapist Assistants Fourth Edition introduces students to the role of the physical therapist assistant in physical therapy care

Fundamentals of the Physical Therapy Examination Fruth, 2017-03-09 Fundamentals of the Physical Therapy Examination Patient Interview and Tests Measures Second Edition provides physical therapy students and clinicians with the necessary tools to determine what questions to ask and what tests and measures to perform during a patient exam This text utilizes a fundamental step by step approach to the subjective and objective portions of the examination process for a broad spectrum of patients This edition has been updated and revised to reflect the new APTA Guide 3 0 and the Second Edition also includes new and extensive coverage of goniometry and manual muscle testing techniques with more than 300 new photographs

Fundamental Orthopedic Management for the Physical Therapist Assistant - E-Book Robert C.

Manske,2021-07-15 NEW Updated content and references are added throughout the book to reflect changes in practice patterns NEW Expanded full color illustrations add clarity to anatomy and procedural drawings and make it easier to learn important concepts NEW Updated chapter summaries highlight essential need to know information NEW Updated educator and student resources on the Evolve website provide tools to make teaching and learning easier *Effective Documentation for Physical Therapy Professionals* Eric Shamus,Debra Feingold Stern,2004 This is a comprehensive textbook for the documentation course required in all Physical Therapy programs The textbook incorporates current APTA terminology and covers every aspect of documentation including reimbursement and billing coding legal issues PT and PTA communication as well as utilization review and quality assurance Midwest Documentation for Rehabilitation- E-Book Lori Quinn,James Gordon,2009-12-18 Four NEW chapters address additional aspects of documentation that rehabilitation professionals will encounter in practice Legal aspects of documentation Documentation in pediatrics Payment policy and coding Computerized documentation Restorative Care Nursing for Older Adults Barbara Resnick,2004-07-28 The purpose of restorative care nursing is to take an active role in helping older adults maintain their highest level of function thus preventing excess disability This book was written to help formal and informal caregivers and administrators at all levels to understand the basic philosophy of restorative care and be able to develop and implement successful restorative care programs The book provides a complete 6 week education program in restorative care for caregivers many suggestions for suitable activities and practical strategies for motivating both older adults and caregivers to engage in restorative care In addition the book provides an overview of the requirements for restorative care across all settings the necessary documentation and ways in which to complete that documentation Legal Aspects of Documenting Patient Care Ronald W. Scott,2000 This Second Edition Of Our Easy To Use Reference Takes A Risk Management Approach To Patient Care Documentation It Shows Clinicians From A Wide Variety Of Disciplines How To Be Objective Precise Unambiguous And Timely When Documenting Treatment Related Matters The Content Is Written In Straightforward Lay Language And Includes Sample Documentation Forms The New Edition Includes Information On Computerized Documentation Coverage Of Telehealth Issues Updates On JCAHO CARF And NCQA Accreditation And Documentation Problems Specific To Non Hospital And Managed Care Settings

Documentation Basics for the Physical Therapist Assistant Mia Erickson,Rebecca McKnight,2024-06-01 Complete and accurate documentation is one of the most important skills for a physical therapist assistant to develop and use effectively The new Third Edition of Documentation Basics for the Physical Therapist Assistant continues the path of teaching the student and clinician documentation from A to Z Mia Erickson and Rebecca McKnight have updated this Third Edition to reflect changes in the ever evolving profession Newly addressed are the changes in documentation requirements for major payers changes in the disablement models used and the increasingly common use of electronic documentation in the physical therapy profession Features inside the Third Edition Readers are encouraged to think about disablement and disablement

concepts when writing notes How to document impairments in body structure and function but more importantly activity limitations and participation restriction Descriptions of the differences in documentation methods using a computer vs paper chart Evidence tied to benefits and challenges of computerized documentation Documenting the rationale for treatment and the unique skills of the physical therapist assistant in patient management New inside the Third Edition Incorporation of the International Classification of Functioning Disability and Health disablement model Chapter on electronic documentation Screenshot examples of the popular WebPT electronic medical record platform Updated chapters on reimbursement and legal issues Additional examples for student practice included in each chapter Included with the text are online supplemental materials for faculty use in the classroom Documentation Basics for the Physical Therapist Assistant Third Edition is the perfect guide for all physical therapist assistant students and clinicians who want to update and refine their knowledge and skills in documentation

Clinical Education in Physical Therapy: The Evolution from Student to Clinical Instructor and Beyond Debra F Stern, Rebecca Rosenthal, 2019-04-18 Written in adherence with the Commission on Accreditation in Physical Therapy Education's CAPTE standards Clinical Education in Physical Therapy explores the evolution from student to Clinical Instructor while serving as an essential educational resource for entry level Physical Therapy students This exciting new resource presents an overview on the rewards and challenges of becoming a Clinical Instructor the legal issues involved for the academic institution and the clinical sites clinical education models student characteristics establishing a clinical education program and much more Clinical Education in Physical Therapy includes a dedicated chapter on leadership and professionalism both of which have been stressed in recent years by both the APTA and CAPTE Key Points at the beginning of each chapter establish the primary take aways for readers while case studies in select chapters reinforce practical application of the material

Introduction to Physical Therapy for Physical Therapist Assistants Olga Dreeben-Irimia, 2010-10-22 Health Sciences Professions **Fundamentals of the Physical Therapy Examination: Patient Interview and Tests & Measures** Stacie J Fruth, 2025 Fundamentals of the Physical Therapy Examination Patient Interview and Tests Measures provides physical therapy students and clinicians with the fundamental step by step information needed to determine questions to ask and tests and measures to perform during a patient exam It is

accompanied by Navigate Advantage to include an eBook and 75 instructional videos **Dreeben-Irimia's Introduction to Physical Therapy Practice with Navigate Advantage Access** Mark Dutton, 2024-10-04 Dreeben Irimia's Introduction to Physical Therapy Practice Fifth Edition uncovers the what why and how of physical therapy The text thoroughly describes who provides physical therapy in what setting and how physical therapists and physical therapist assistants interact with patients each other and other healthcare professionals The Fifth Edition delves into the tools and competencies physical therapists and physical therapist assistants use to care for a diverse population of people in a variety of clinical settings The book discusses what it means to practice legally ethically and professionally including practical communication skills

Implementation mapping for selecting, adapting and developing implementation strategies Maria E. Fernandez, Byron J. Powell, Gill Ten Hoor, 2023-11-07 **Fundamentals of Tests and Measures for the Physical Therapist Assistant** Stacie J. Fruth, Carol Fawcett, 2019-02-26 Fundamentals of Tests and Measures for the Physical Therapist Assistant provides students with the tools required to interpret the physical therapy evaluation and replicate the measurements and tests This text guides students in learning how to utilize case information and documentation furnished by the PT to assist in the follow up treatment *The Role of the Physical Therapist Assistant* Holly M. Clynch, 2022-12-05 What are the rules regulations and responsibilities of the PTA What relationship relevance and role modeling are required in the PT PTA relationship Be prepared for your new role as a PTA This is the perfect introduction to the history of the Physical Therapist Assistant and their responsibilities today The 3rd Edition of this groundbreaking text delves into the ever expanding role of the PTA in the clinical setting as well as the regulations that govern the PTA s scope of work Inside you ll find the knowledge you need to grow as a PTA from your first semester through your last By understanding the importance of this information and how it affects you your colleagues and your patients you ll be empowered in your new role and in your professional relationships

Documentation Basics Mia Erickson, Mia L. Erickson, 2012 Complete and accurate documentation is one of the most important skills for a physical therapist assistant to develop and use effectively The new Second Edition of Documentation Basics A Guide for the Physical Therapist Assistant continues the path of teaching the student and clinician documentation from A to Z Mia Erickson and Rebecca McKnight have updated this Second Edition to reflect changes of the American Physical Therapy Association and the ever evolving profession Updated inside Documentation Basics A Guide for the Physical Therapist Assistant Second Edition The discussion on integrating disablement into documentation The discussion on how a PTA can show medical necessity and need for skilled care The discussion on using documentation to communicate with other providers Writing the assessment and plan to coincide with the initial documentation Sample notes completed on forms More examples and practice including physical agents school based services paediatrics traumatic brain injury spinal cord injury and interventions consistent with the Guide to Physical Therapist Practice Medicare reimbursement in different settings The importance of consistent reliable and valid measurements How to improve communication and consistency between documentation by the PT the PTA The discussion on disablement has also been updated shifting away from the Nagi Model toward the International Classification of Functioning Disability and Health ICF In addition the PTA Normative Model has been integrated throughout to include more information on clinical decision making New inside Documentation Basics A Guide for the Physical Therapist Assistant Second Edition Navigating the PT plan of care A step by step model for PTAs to use as they navigate the initial PT documentation and plan of care How the PTA uses the PT goals from the initial examination and evaluation Positive and negative aspects of using electronic documentation and a discussion on integrating SOAP notes and the problem oriented medical record into electronic documentation Sample notes and discussion of

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Kielhofner's Research in Occupational Therapy Renee Taylor, 2023-10-16 Renee Taylor and an international team of contributors carry on Gary Kielhofner's innovative vision to demystify the research process and demonstrate that research is essential to occupational therapy practice They present a comprehensive guide to conducting applied research in the field from qualitative quantitative and mixed perspectives for students and clinicians You'll begin with a grounding in conducting evidence based practice in OT and an explanation of the six broad components of the research process Then you will explore research designs measurements and statistical analysis for qualitative and quantitative studies You'll examine the steps and procedures required to conduct research and how research can be used to shape professional practice and improve patient care

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