

THE ROUGH GUIDE TO THE MUSIC OF THE HIMALAYAS

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Tibet, Nepal, Ladakh: sounds from Shangri-La

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The Rough Guide to India David Abram, Rough Guides (Firm), 2003 The guide to India is a useful handbook to an extraordinary country The introductory colour section includes photography of the country's many highlights in the 42 Things Not To Miss section from boating on the backwaters of Kerala to taking in a cricket match at the Oval Maiden in Mumbai It provides comprehensive accounts of every attraction from the vibrant cities and elaborate temples to Himalayan peaks and palm fringed beaches There is also practical advice on activities as diverse as camel trekking in the Rajasthan desert rafting on the Indus and hiking through the lunar landscapes of Ladakh The listings sections provide hundreds of insider reviews of the best hotels hostels restaurants bars shops and museums in every city and village The authors also give an informed insight into India's history politics religion music and cinema providing a valuable context to the reader's trip

The Rough Guide to Nepal Dave Reed, James McConnachie, 2013-11-07 The Rough Guide to Nepal offers an insider's guide to Nepal from its Tantric temples to its lively bars It details all the finest Himalayan treks with practical up to date and expert advice on where to go when and what to take It covers all the National Parks offering advice and information on everything from tracking wildlife to hiring elephants Dedicated chapters are devoted to mountain biking white water rafting and other adventure sports and there is unrivaled detail on Buddhism Hinduism and the numerous ethnic groups that make Nepal a unique destination The Rough Guide to Nepal also contains scores of detailed maps covering everything from Pokhara and the Chitwan National Park to the Everest Base Camp trek Originally published in print in 2012 Make the most of your time with The Rough Guide to Nepal Now available in ePub format [The Regional Travel Guide for the Himalayas \(Nepal\)](#) ,

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