

Head-To-Toe Assessment

General Survey



1. Patient position
2. Level of consciousness
3. Level of alertness
4. Eyes opening
5. Presence or absence of nasal flaring

Head & Face

1. Size and shape of head
2. position of head
3. proportion of head
4. facial features
5. facial symmetry
6. facial hair
7. facial skin
8. facial features
9. facial features?

Neck



1. Inspect neck for pulsations
2. Inspect neck for symmetry
3. Check trachea for midline
4. palpate thyroid gland (one side at a time)
5. Auscultate carotid arteries with bell for bruits
6. Auscultate carotid artery with diaphragm

Eyes



1. Check external eyes
2. Inspect palpebral fissures
3. Inspect lid margin
4. Inspect conjunctiva (clear or pink?)
5. Inspect sclera
6. Palpate lacrimal gland
7. Assess extraocular muscles
8. Snell test
9. Assess eyes range of motion by corneal light reflex
10. Inspect PERLA
11. Inspect red light reflex

Ears



1. Size of ear
2. Shape of external ear
3. Color of ear consistent with face?
4. Inspect for drainage, cerumen, lesions, rashes, skin integrity, and hair
5. Inspect for deformities
6. Inspect for tenderness
7. Perform Weber test
8. Inspect tympanic membrane. Is it shiny and translucent? Light reflex is appropriate bilaterally? (5:00 right ear, 7:00 left ear)
9. Perform Romberg test

Mouth & Throat



1. Inspect lips for color, moisture, integrity, and lesions
2. Inspect tongue for cavities, level of oral cavity, and lesions
3. Inspect throat for color, moisture, and lesions
4. Inspect throat for lesions
5. Inspect throat color and presence of tonsils
6. Palpate uvula using tongue depressor

Heart



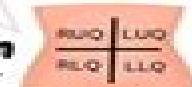
1. Inspect precordium for pulsations, heaves, or lifts
2. Palpate apical pulse
3. Palpate sternum and precordium
4. Auscultate heart with stethoscope and bell APETM (aortic, pulmonic, Erb's point, tricus)

Lungs



1. Inspect ratio of transverse diameter to anteroposterior diameter
2. Palpate for expansions anterior and posterior
3. Percuss for resonance
4. Auscultate for crackles, wheezes, and rhales
5. Measure breath sounds

Abdomen



1. Inspect for contour
2. Inspect for tenderness, pulsations, and umbilicus
3. Auscultate for bowel sounds in all 4 quadrants
4. Percuss for dullness
5. Light palpation for tenderness in all 4 quadrants
6. Palpate gallbladder (Murphy's sign)
7. Palpate appendix (RLQ)

Skin

1. Inspect for edema, hair, moles, rashes, scars, and bruising
2. Inspect for discoloration
3. Inspect for lesions
4. Inspect for asymmetry, edema, and elevation
5. Inspect for cyanosis

Peripheral Vascular

1. Inspect fingers for clubbing
2. Check capillary refill
3. Palpate brachial and radial pulse
4. Palpate femoral and popliteal nodes
5. Inspect for varicose veins
6. Palpate pedal pulse

Quick Head To Toe Nursing Assessment Guide

Camilla Rothe



Quick Head To Toe Nursing Assessment Guide:

The Nursing Student's Guide to Clinical Success Lorene Payne, 2010-10-25 The Nursing Student's Guide to Clinical Success is the perfect resource for undergraduate nursing students entering the clinical side of their education. This text helps students better understand their role as a health care provider by preparing them for what they will encounter on the clinical floor in hospital or other health care setting. The first text of its kind, this shows students how to get the most out of a clinical experience. **Assessment**, 2005 This unique 2 in 1 reference presents vital information on history taking, physical examination, and interpretation of findings in two practical, helpful ways on every page. The wide inner column contains detailed narrative text; the narrow outer column contains brief bulleted summaries of the same information. This format enables nurses to quickly scan the bulleted points and jump to more detail as needed without turning the page. In addition to full assessment guidance for every body system, this essential reference covers mental health assessment and nutritional assessment. Two 8 page full color inserts bring to life assessment techniques and landmarks. Icons highlight specific techniques, lifespan, gender, and racial differences in findings and abnormal findings. [Saunders Guide to Success in Nursing School, 2015-2016 - E-Book](#) Susan C. deWit, 2015-03-06 Saunders Guide to Success in Nursing School 2015-2016 contains loads of organizational tools, clinical information, and helpful nursing school guidance, all within one compact resource. The new edition also features the latest information on electronic documentation, computer-based testing, the flipped classroom, and Post-Traumatic Stress Disorder, along with prefilled weekly, monthly, and yearly calendars to help you plan for the 2015-2016 school year. In all, this guide's clinical tools and strategies for time management, studying, testing, and stress reduction will significantly relieve the common aches and pains of nursing school and help you perform to your fullest potential, both inside the classroom and throughout clinical practice. Important clinical references and assessment scales are highlighted to give you easy access to normal vital signs, lab values, abbreviations, measurements, and conversions during clinicals. Common medication and IV therapy administration guidelines, TJC Do Not Use lists, and high-alert medications emphasize medication safety from the beginning of nursing school. NCLEX Exam strategies prepare you for the alternate format question types found on the current licensure exam. Advice on study skills, time management, and stress reduction techniques improve your focus and increase efficiency. Space-saving compact design provides a clean and efficient layout that is easy to bring along to class and clinical rotations. NEW Updated orientation section includes the newest developments in computer-based testing and flipped classroom settings. NEW Thoroughly revised Clinical Reference section features updated information on electronic documentation and new content on Post-Traumatic Stress Disorder. NEW Updated weekly, monthly, and yearly calendars for the 2015-2016 year help you keep an organized schedule. [Saunders Guide to Success in Nursing School, 2018-2019 E-Book](#) Holly K. Stromberg, 2018-02-26 NEW Weekly, monthly, and yearly calendars show dates from May 2018 through December 2019, making it easy for students to organize their schedules at school and at home. *Saunders*

Guide to Success in Nursing School, 2017-2018 - E-Book Holly K. Stromberg, 2017-03-03 Updated weekly monthly and yearly calendars with prefilled dates from May 2017 through December 2018 help students organize their schedule at school and at home New content on electronic devices and social media alerts students to the hazards and pitfalls of using phones and engaging in social media while in nursing school and on the job Professional Guide to Assessment, 2006 Provides in depth detailed essential how to information about patient assessment for all health professionals Saunders Guide to Success in Nursing School, 2016-2017 - E-Book Susan C. deWit, 2016-02-18 The portable Saunders Student Nurse Planner 2016 2017 A Guide to Success in Nursing School 12th Edition is a versatile organizational tool a practical nursing orientation handbook a clinical quick reference and a resource directory all in one This popular planner not only provides time management and stress reduction strategies advice on study skills and prefilled yearly monthly and weekly calendars it also comes with helpful clinical tools like pain and neurological assessment scales Joint Commission safety guidelines information on common drugs and lab values and NCLEX preparation tips It helps you manage your time and perform to your fullest potential both inside the classroom and during clinical rotations An introduction to nursing school expectations with tips for success prepares you for the unique challenges in nursing school Study skills advice on time management and stress management strategies improve your focus and organization and increase efficiency NCLEX Exam strategies prepare you for alternate format question types found on the current licensure exam Documentation section includes detailed information on electronic medical records to keep you in the know Common medication and IV therapy administration guidelines TJC Do Not Use lists and high alert medications emphasize medication safety from the beginning of nursing school Space saving compact design provides a clean and efficient layout that is easy to bring along to class and clinical rotations Clinical references and assessment scales are highlighted to give you easy access to normal vital signs lab values abbreviations measurements and conversions during clinicals Important clinical references provide essential tools useful during your clinical rotations Convenient weekly monthly and yearly calendars help you keep an organized schedule NEW Weekly monthly and yearly calendars with prefilled dates from May 2016 through December 2017 help you organize your schedule at school and at home Quick Reference to Clinical Dietetics Lucinda K. Lysen, 2006 Quick Reference To Clinical Dietetics Second Edition Is An Easy To Use Research Based Text That Focuses On The Latest Topics In Nutrition Management Designed For Quick Access And Clear Guidance This Practical Book Is A Must For Those Working In Both Inpatient And Outpatient Settings Each Section Is Written By A Leading Nutrition Expert And Offers Step By Step Guidelines For Nutrition Screening And Assessment Including Physical Assessment Nutrition Intervention And Follow Up Updates To The Second Edition Include New Information On Gastric Bypass From The Medical Director Of The Gastric Bypass Program At Beth Israel Deaconess Medical Center In Boston Coding And Reimbursement For Medical Nutrition Therapy A New Chapter On Dietary Supplements And Complementary And Alternative Approaches Current Coverage Of Low Controlled Carbohydrate Diets

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Foundations of Nursing - E-Book

Barbara Lauritsen Christensen, Elaine Oden Kockrow, 2013-12-27 Part of the popular LPN Threads series this comprehensive text prepares you for safe and effective nursing practice in today's fast paced healthcare environment Covering maternal and neonatal pediatric geriatric mental health and community nursing Foundations of Nursing 6th Edition includes all of the essential LPN LVN content you need Companion CD includes animations and audio clips depicting physiologic processes physical assessment video clips an English Spanish glossary with definitions and audio pronunciations an anatomy coloring book and a fluid and electrolytes tutorial The consistent logical framework of the nursing process connects specific disorders to patient care A mathematics review chapter provides a complete review of basic arithmetic skills and practice in drug dosage calculation to ensure safe medication administration Safety Alert boxes help you implement The Joint Commission's safety guidelines in all settings with considerations for special populations Nursing Diagnosis boxes screened and highlighted in the text include nursing diagnoses for specific disorders paired with the appropriate nursing interventions More than 100 skills in a step by step format with full color illustrations present clearly defined nursing actions with rationales for the skills and techniques you'll use in practice Medication tables are meticulously detailed and provide quick access to action dosage precautions and nursing considerations for commonly used drugs Nursing Care Plans presented in a case study format

emphasize patient goals and outcomes and end with Critical Thinking Questions to develop your clinical decision making skills Coordinated Care boxes emphasize parameters for prioritizing tasks as well as assigning tasks to and supervising unlicensed assistive personnel Patient Teaching boxes and Family Teaching boxes include post hospital discharge guidelines and disease prevention instructions with a strong focus on three way communication among the nurse patient and family members Life Span Considerations for Older Adults boxes provide age specific information for the care of the aging population which is often the primary focus of the LPN LVN nurse Home Care Considerations boxes discuss the issues facing patients and caregivers in the home health care setting Health Promotion boxes provide key information on staying healthy and preventing disease with tips on wellness from Healthy People 2010 Cultural Considerations boxes discuss how to address the health needs of a culturally diverse patient population when planning care Enhanced focus on the NCLEX Examination offers end of chapter Get Ready for the NCLEX Examination sections with key points for self guided study and remediation and an extensive set of review questions for thorough self assessment Additional review questions on Evolve provide instant feedback with correct answer and rationale for even more test taking practice Evidence Based Practice boxes summarize the latest research findings and highlight how they apply to LPN LVN practice Updated vibrant full color design highlights key information and enhances your understanding of important concepts

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and self remediation NEW Disorder names are highlighted in color in the index for quick reference EXPANDED coverage of management of care reflects the increased percentage of this content on the NCLEX RN test plan

Fast Facts for the Antepartum and Postpartum Nurse Michele R. Davidson, 2013-12-23 All aspects of safe effective holistic care for birthing mothers newborns and their families are included in this easy access guide for new antepartum and postpartum nurses and their preceptors during the orientation period Presented in the convenient easy to use Fast Facts format the book provides up to date information regarding care for both low and high risk antepartum and postpartum patients It encompasses evidence based practice guidelines and clinical recommendations for routine antepartum assessment and nursing care care of women with pre existing conditions prior to pregnancy or complications of pregnancy routine postpartum assessment and care postpartum complications and care of special populations Each chapter features a helpful orientation guide to acquaint the new orientee with essential information on procedures and policies equipment medications and evidence based protocols Chapters are organized systematically to include assessment and management guidelines health promotion and teaching recommendations routine laboratory and ultrasound tests and holistic evidence based nursing care practices A separate section addresses special populations and outlines care components specific to these women and their families They include culturally diverse families women on each end of the age spectrum women with fetuses or newborns diagnosed with adverse outcomes women who have a history of being victimized and those with deployed partners While targeted to hospital based nurses and new nurses in hospital orientation and their preceptors it is also a helpful resource for nurses who practice in a great variety of related settings as well as nurse midwifery students Appendices include a skills checklist a list of commonly used medications abbreviations and lab values Key Features Covers all aspects of safe evidence based holistic care for birthing mothers newborns and their families Written for nurses in orientation and their preceptors as well as nurses working with mothers and newborns in any practice setting Provides key information demonstrating the impact of newborn status on assessing planning and implementing care Includes an orientation guide to acquaint new orientees with essential information on procedures policies equipment medications and evidence based protocols Addresses specific care components needed for special populations

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My College Degree Fast - How To Earn A Real Degree Faster, Easier, And For 75% Less , Illustrated Study Guide for the NCLEX-RN® Exam JoAnn Zerwekh, MSN,

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child and parent Each chapter features an introduction and key chapter objectives followed by short paragraphs and bulleted information organized according to body systems It focuses on the most commonly seen illnesses within each system and includes for each diagnosis an easy to understand description disease manifestations diagnostic criteria and interventions Fast Facts in a Nutshell boxes provide highlighted critical information and key clinical pearls that can be put to work immediately Key Features Provides current evidence based information for new pediatric nurses in a concise easy to access bulleted format Packed with information about commonly seen disease processes and well child care along with sound clinical advice Includes age appropriate techniques for working specifically with children Presents a cross referenced index of frequently used terminology for quick information retrieval Highlights important information in call out boxes that also include clinical pearls

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