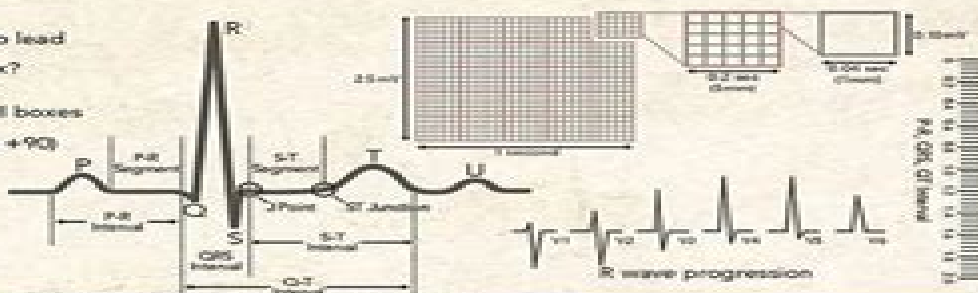


ECG INTERPRETATION GUIDE FOR PRIMARY CARE

OVERVIEW

- Rate**
 - Count large boxes within the N-N' intervals
 - Count QRS complexes in recorded 2.5 sec limb lead
- Rhythm**
 - Are P waves present before each QRS complex?
 - Are QRS complexes preceded by a P wave?
 - Do P waves appear uniform within each lead?
 - N-N' interval does not vary more than 3-4 small boxes
- Axis**
 - If I and aVF are both positive, axis is WNL (0 to +90)
- Hypertrophy**
 - Are P waves tall or wide?
 - Large R wave in V1
 - S wave in V1 + R wave in V5 or V6 > 35mm
- QRS Complexes (wide or tight)?**
 - If wide, consider bundle branch block
- Ischemia, Injury & Infarct**
 - ST elevation or depression?
 - Is R wave progression normal (V1-V6)?
 - Are T waves peaked, flattened or inverted?



- RATE** *Normal = 60 to 100 bpm
 - Count large boxes between QRS complexes (N-N')

300	150	100	75	60	50	45	37
1	2	3	4	5	6	7	8

 - 1500 (small boxes per minute) divided by # of small boxes between N-N' interval
 - Count QRS complexes in single lead I, II, III, aVL, aVR or aVF

2560 bpm 3 to 4 = 60-100 bpm 4 to 5 = 100 bpm

2. RHYTHM

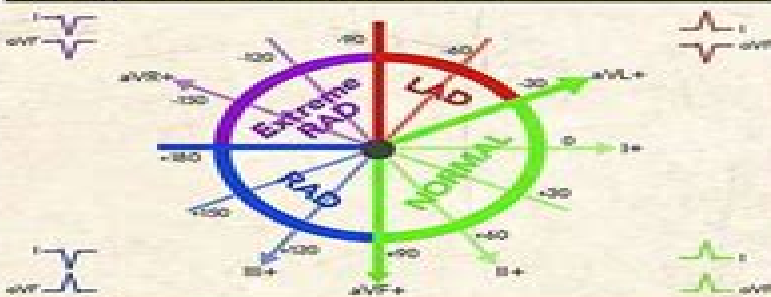
- Are P waves present before each QRS complex?
- Are QRS complexes preceded by a P wave?
- Is the P wave upright in II and inverted in aVR?
- N-N' interval does not vary more than 3 small boxes
- Measure PR interval N = 0.12-0.20 (3-5 small boxes)
- Measure QRS interval N = 0.06-0.10 (1.5-2.5 small boxes)
- Measure QT interval N = 0.31-0.41 (M) and 0.34-0.44 (F)
- Calculate QTc N = <0.45 (M) and <0.46 (F)

3. AXIS

*WNL = I & aVF (+), QRS (+) in I, II, III and aVF

- Look for most isoelectric ECG lead (I, II, III, aVR, aVL & aVF)
- Using the axis wheel, find the corresponding lead at a right angle to the most isoelectric lead:
 - If QRS is upright, read axis directly (towards arrow)
 - If QRS is inverted, read axis 180° away

- Right Axis Deviation (> +120) think L posterior hemiblock**
- QRS in lead I (-) & in aVF (+)
- Left Axis Deviation (> -45) think L anterior hemiblock**
- QRS in lead I (+) & leads II, III & aVF (-)



4. HYPERTROPHY

Right Atrial Enlargement (Mountain)

- Tall (>2.5mm), narrow P waves in leads I, II and aVF

Left Atrial Enlargement (Camel)

- Wide (>3mm) and notched P waves in one or more leads (I, II & aVL)
- Notched P wave in any lead with 2 peaks >0.04 seconds apart
- Negative deflection of P wave in V1 >1mm

Right Ventricular Hypertrophy

- RAD > +90 *Unless concurrent L/VH is also present
- R wave > S wave magnitude in V1 (R:S >1 in V1) - or -
- R wave magnitude in V1 + S wave magnitude in V6 >11mm
- Deep S waves may be present in V5-V6, I & aVL
- rsR' pattern may be present in V1

Left Ventricular Hypertrophy (Sokolow-Lyon)

- S wave in V1 or V2 + R wave in V5 or V6 >35mm
- R wave in V5 or V6 >26mm
- R wave in aVL >13mm

5. BUNDLE BRANCH BLOCKS

Left Bundle Branch Block

- QRS duration is >0.12 sec
- Monophasic R waves in leads I, aVL & V6
- QRS is most negative in V1-V3

Right Bundle Branch Block

- QRS duration is >0.12 sec
- rsR' pattern in V1-V2
- Broad S waves in leads I, aVL & V6
- T wave inversion in V1-V3 is secondary to conduction deficit

6. ISCHEMIA, INJURY & INFARCT

Ischemia (ST depression) or Injury (ST elevation)

- Locate nadir (bottom of S wave)
- Measure 2 small boxes over (0.08 seconds)
- Follow straight up to ST segment and compare to point on the isoelectric line. Elevation (>1mm) or Depression (<1mm)

T wave morphology

- T waves in same direction as R wave. If inverted rule out injury, infarct or hypertrophy
- T wave <5mm in limb leads and <10mm in precordial leads
- T wave late rise morphology

Significant Q wave (Infarct)

- >1mm wide or > 1/4 of the total vertical magnitude of the QRS complex
- A QS complex is always significant except in lead aVR

Quick Guide To Community Care

Raymond Jack



Quick Guide To Community Care:

Quick Guide to Community Care Practice and the Law Michael Mandelstam, 2010-03-15 This short guide cuts through the confusing mass of legislation to provide a concise and jargon free explanation of current community care practice and the law It is an essential resource for busy practitioners at all levels as well as managers in both the statutory and voluntary sectors and policy makers in local authorities and the NHS

Law for Social Workers Hugh Brayne, Helen Carr, David Goosey, 2014-12-18 Law for Social Workers has been supporting social work students and professionals for over 20 years Written by a qualified social worker and experienced lecturer team this book provides the perfect combination of legal explanation and practical insight and is the ideal book to see you through your course and career The new edition continues to provide an accurate jargon free account of the law social workers need to know with helpful diagrams and case studies included throughout to explain areas of difficulty and ensure understanding for students and professionals at all levels The 13th edition also features The Social Worker's Toolkit offering practical advice on topics such as going to court preparing evidence and writing reports and provides the ideal support while on placement or in the workplace The book is accompanied by a fully interactive Online Resource Centre featuring updates on recent cases and changes to legislation guidance on answering exercises in the book a glossary explaining essential legal terminology and video podcasts For lecturers resources include suggested lecture discussion points and powerpoint slides plus a test bank of over 200 multiple choice questions for class testing With its comprehensive coverage and practical focus Law for Social Workers will be an invaluable guide throughout your degree and as you enter the workplace equipping you with the essential legal knowledge to give you the confidence to practice

The Complete Idiot's Mini Guide to Understanding Health Care Reform Lita Epstein, 2014-07-01 You're aware of the controversy surrounding the Healthcare Reform Bill but the true impact of the bill escapes you After thousands of pages almost as many amendments and dizzying perspectives from dozens of pundits you're more confused than ever on how the Healthcare Reform Bill will directly affect you This book can help In clear understandable terms this guide walks you through all of the ways the reform will affect the issues that matter most to you including Medicare hospital stays medical care for the uninsured and more

The Best Interests Assessor Practice Handbook Rachel Hubbard, Kevin Stone, 2022-10-25 The Best Interests Assessor BIA Practice Handbook is firmly grounded in real life practice and remains the only textbook focusing directly on the BIA role Offering clear and practical advice on the legal elements of the role and the values and practice elements of working within the Deprivation of Liberty Safeguards DoLS framework this is essential reading for BIA students and practitioners This fully updated edition takes account of recent legislative changes including the planned changes from the Liberty Protection Safeguards LPS recent case law and the impact of the COVID 19 pandemic on BIA practice Packed with advice on delivering effective person centred rights driven practice it includes case studies legal summaries decision making activities CPD support examples of new case law in

practice Looking forward the book considers the new context for practice in the Approved Mental Capacity Professional AMCP role within the LPS and the potential roles that BIAs might fulfil in this new framework in the future

Manual Handling in Health and Social Care, Second Edition Michael Mandelstam,2021-04-21 This book lays out the current legal requirements of manual handling in a non technical way and includes case studies illustrating the law applied in practice across health social care and educational settings The main part of the book is an A Z guide providing quick access to legislation and common law rules applying to personal injury cases

The Short Guide to Health and Social Care Glasby, Jon,2019-03-20 As a field health and social care is facing considerable challenge and debate in the UK and internationally This clear and succinct text offers a valuable introductory guide to this multidisciplinary subject helping people who want to study or work in health and social care understand why these services matter how they have developed and how they work Framed by vital historical and social policy context the book considers The social context in which health and social care are delivered The history and nature of current services Organising funding and delivering services How to be a professional in practice Including chapter summaries and links to further reading this text will be invaluable to undergraduate students on programmes in Health and Social Care Social Work Nursing Allied Health Professions Social Policy and related applied social science subjects as well as to A level and Foundation programmes prior to University

Pocket Guide for the Home Care Aide Barbara Stover Gingerich,Deborah Anne Ondeck,2008-02 Pocket Guide for the Home Care Aide is the perfect everyday reference when working with patients in their homes It serves as a resource to address the unique needs of the home care aide as an integral part of the home care organization The pocket guide provides an overview of the essential elements of orientation for the home health aide as well as self analysis and development tools It provides procedures for basic home health aide skills and gives information about the most common home health diagnoses

Care Act 2014 Michael Mandelstam,2017-05-18 This is the first book to fully explain the provisions of the Care Act 2014 and its implications for health and social care in the UK Written by a leading authority in the field it addresses the issues arising from the new legislation and its impact on everyday health and social care practice

The Short Guide to Social Work Robert Adams,2010 This one stop text for new and prospective social work students is easy to read and full of essential information and practical advice about what is needed to qualify and practice in social work

Skills for Social Work Practice Keith Davies,Ray Jones,2015-11-02 Skills lie at the heart of all actions of a social worker and inform all aspects of practice from drawing on vital theoretical and ethical frameworks to applying the law and research findings to particular situations This user friendly and logically organised text book brings together in one place all the vital skill sets which students need to acquire in order to qualify as social workers It reflects current practice frameworks and addresses a wide range of skills including communication and relationship building professional writing ethical practice assessment and reflection his engaging and practical book is essential reading for social work students taking skills and practice modules as well as being

a critical tool for practitioners looking to enhance their skills in social work practice **EBOOK: An Introduction to Applying Social Work Theories and Methods, 4/e** Barbra Teater, 2024-08-14 This book is a reassuring thorough and essential guide to the world of social work theories and methods This 4th Edition deserves to find a place on every social work reading list and bookshelf Professor Richard Ingram University of Dundee Scotland UK Based on the belief that all social workers have a responsibility both ethically and professionally to draw upon theories that are grounded in social work values the fourth edition of this book offers readers the opportunity to consider anew those theories Sarah Vicary Professor of Social Work and Mental Health School of Health Wellbeing and Social Care The Open University UK An essential read for anyone in the field of social work This book is a testament to the profound impact that well grounded theoretical knowledge can have on real world social work Highly recommended for its clarity depth and relevance Paul McCafferty Senior Lecturer in Social Work Queen's University Belfast NI This text is a comprehensive guide to the most commonly used theories and methods in social work practice The introductory chapter covers the similarities and differences between a theory and a method as well as an overview of psychosocial theories and concepts Each subsequent chapter explores in detail how to implement a specific theory or method their strengths and limitations key research ethical and cultural considerations and the integration of the theory or method with anti oppressive practice Each chapter includes case examples critical thinking questions and suggested further resources Key features of this new edition include Illustrative case studies Exercises and case examples Critical thinking questions Further readings resources Revised content including a chapter on relationship based social work An Introduction to Applying Social Work Theories and Methods is a practical and essential guide for all social work students practitioners and practice educators who are working with students in field placements Barbra Teater is Professor of Social Work at the College of Staten Island and is Executive Officer of the PhD Program in Social Welfare at The Graduate Center City University of New York USA **Recent Trends and Advances in Model Based Systems**

Engineering Azad M. Madni, Barry Boehm, Daniel Erwin, Mahta Moghaddam, Michael Sievers, Marilee Wheaton, 2022-03-24 This volume comprises papers from the 18th Conference on Systems Engineering Research CSER The theme of this volume Recent Trends and Advances in Model Based Systems Engineering reflects the fact that systems engineering is undergoing a transformation motivated by mission and system complexity and enabled by technological advances such as model based systems engineering digital engineering and the convergence of systems engineering with other disciplines This conference is focused on exploring recent trends and advances in model based systems engineering MBSE and the synergy of MBSE with simulation technology and digital engineering Contributors have submitted papers on MBSE methods modeling approaches integration of digital engineering with MBSE standards modeling languages ontologies and metamodels and economics analysis of MBSE to respond to the challenges posed by 21st century systems What distinguishes this volume are the latest advances in MBSE research the convergence of MBSE with digital engineering and recent advances in applied

research in MBSE including growing convergence with systems science and decision science This volume is appropriate as a reference text in graduate engineering courses in Model Based Systems Engineering The Complete Guide to Exercise Referral Debbie Lawrence,2013-04-29 This book gives fitness professionals everything they need to know to manage a referred client from fulfilling government recommendations to motivating and retaining clients Exercise can help prevent and treat a wide variety of health problems including obesity heart disease and mobility disorders and fitness professionals are increasingly working with referred patients as part of their treatment Formerly published as Fitness Professionals GP Referral Schemes the updated edition of this established and definitive guide includes the latest information from sources such as NICE and ACSM as well as a new chapter on session plans to provide fresh ideas for working with your clients Written by a highly experienced exercise professional this book covers Exercise guidelines for different medical conditions Strategies for working with exercise referral clients Approaches to activity and programme design health safety and risk management *Quick Reference to Adult and Older Adult Forensics* Mary E. Muscari,Kathleen M. Brown,2010-05-20 2010 AJN Book of the Year Award Winner in Gerontologic Nursing This book is a wonderful guide to adult and elder forensics and an important reference for all health care providers who care for adults and the elderly Highly recommended CHOICE It s about time this book was written While excellent instructional texts exist this book fills a niche for the nonspecialty health professional encountering victims of violence in the routine course of care This book should not only be on the shelf in every ED but also in the armamentarium of providers working in the outpatient setting public health clinics residential facilities and student health clinics AJN Nurses and other health care professionals who work with victims and perpetrators of violence are often confronted with issues that they may not have prior training in such as identifying and managing victims of violent crime This book is designed to serve as a quick resource for practicing health care providers treating adults and older adults as well as students or practitioners new to the field The book not only has full descriptions of principles of evidence but also offers detailed guidelines on how to conduct a forensic assessment of adults and older adults Additionally the authors examine the concepts of competency and guardianship and provide guidelines for navigating the justice system The authors provide current concise and easy to use information in short chapters that assist practitioners with the prevention of crimes and the identification and management of both victims and offenders Key features Presents general principles of forensics such as assessment and documentation principles of evidence and expert witness testimony Covers a wide range of classes of adult victims including victims of intimate partner violence human trafficking stalking and sexual assault Discusses various types of offenders such as long term offenders those in correctional facilities abusive parents and female offenders Includes a section on unnatural deaths covering suicide homicide and medicolegal death investigation Mental Health A Pocket Guide Debra O'Kane,2021-10-19 Increased consumer focus New chapter on trauma informed practice and care New focus on loss and grief including loss of employment relationships COVID and climate related events Increased focus on self

care self awareness and support strategies Greater emphasis on cultural awareness and working across the lifespan *The Essentials of Community Care* Peter Sharkey, Jo Campling, 2000-01-01 This is a basic guide to community care aimed at both health and social care practitioners It offers a clear and reader friendly introduction to policy and practice covering both the background to and the structure and dynamics of contemporary policy and provision Networks and boundaries of care are discussed including formal and informal care and multiprofessional working as are the skills of assessment and care management and issues such as user empowerment and abuse

Community Care Practice and the Law Michael Mandelstam, 2008-10-01 This text offers a comprehensive up to date guide to community care law and discusses in detail with knowledge and insight into policy and practice offering all the advice needed to provide a better understanding of the new legislation

Social Work and Direct Payments Glasby, Jon, Littlechild, Rosemary, 2002-07-03 The 1996 Community Care Direct Payments Act came into force in 1 April 1997 empowering social services departments to make cash payments to some service users in lieu of direct service provision Social work and direct payments guides readers through the issues at stake in this fundamental area of practice The book summarises and builds on current knowledge and research about direct payments in the UK and considers developments in other European countries It identifies good practice in the area and explores the implications of direct payments both for service users and for social work staff

Placement Learning in Community Nursing Jane Harris, Sheila Nimmo, 2013-03-21 Worried about your placement Will you fit in Will you have the right skills What do you need to learn for practice assessments This book will help you with all these concerns It will tell you what to expect from the placement what you can learn how to link theory and practice and how to make the most of your learning opportunities A logical step by step approach to preparing for a medical placement Helps make the most of learning opportunities Narratives from other students describe what the placement will really be like Honest discussion of the challenges of a placement in the community to help avoid problems Advice on possible approaches to situations that may arise on a community placement Series features A unique guide to getting the most from clinical placements What to expect before a placement What you can expect to learn on placement How to consolidate your experience and learning Clear links and examples with NMC proficiencies Guidance on what to use as evidence for portfolios Short case studies to link theory with practice Key points reminder boxes

Residential versus Community Care Raymond Jack, 2016-01-06 The role of residential care in welfare provision has been debated for many years Recent emphasis on care in the community has led to closure of hospitals and residential homes on a massive scale Drawing together contributions from some key names in the field this provocative and stimulating book questions the reasons for the rejection of this form of care and offers a reassessment of its role in community care for the twenty first century

Quick Guide To Community Care Book Review: Unveiling the Magic of Language

In an electronic era where connections and knowledge reign supreme, the enchanting power of language has been apparent than ever. Its capability to stir emotions, provoke thought, and instigate transformation is really remarkable. This extraordinary book, aptly titled "**Quick Guide To Community Care**," published by a highly acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound effect on our existence. Throughout this critique, we shall delve into the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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