

WRITING SAMPLE



Pizza

For School Lunch



Our school lunch menu needs a makeover. Many students think school lunch tastes bad, and they either don't buy it, or they throw it away. With the growing problem of overweight kids, the school needs to make a new lunch menu with healthier, tastier options. I think the school should consider an option that will be tasty, healthy, and easy: a daily pizza option.

Almost every kid loves pizza. If you ask kids, they'll tell you that pizza tastes great and is easy to eat. If the school had a pizza option, students would buy hot lunch more often. They would also eat more of the lunch, so less food would go to waste. The school lunch program could make a lot more money.

Even though pizza tastes great, it can also be a very healthy food. In addition to a crust made with whole-wheat dough, low-fat cheese pizza or even pizza without cheese could be offered. Today, when the school serves broccoli or spinach, most of it goes in the garbage. But, kids will eat almost any kind of vegetables—and even some fruits—if they're on pizza.

Pizza can also be very fast and easy to make, which would be good for our cafeteria staff. The staff could make the dough and sauce ahead of time. They could also buy frozen dough and premade sauce. Then, all the staff needs to do is add toppings, cheese, and bake it. You also eat pizza with your hands, which means the staff has less silverware to wash.

Some people will probably object to the idea of a pizza option because pizza is often considered "junk food" instead of a regular, wholesome meal. Most delivery or take-out pizza is made with lots of fattening cheese and unhealthy toppings. But pizza can also be made with healthy ingredients, and it is always easy to make. The school should add a daily pizza option to the new lunch menu. Serving pizza isn't just great for the students, but it will also benefit the school lunch program.

Sample Essays For Elementary Students

RJ Alexander



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