

DEPARTMENT OF HOMELAND SECURITY  
United States Secret Service

**APPLICANT PHYSICAL ABILITIES TEST (APAT)  
CERTIFICATE OF WELLNESS**

Dear Physician:

Your patient, \_\_\_\_\_, is applying for a physically challenging law enforcement position with the United States Secret Service. Your patient requests that you certify him/her as physically capable of safely performing the United States Secret Service Applicant Physical Abilities Test (APAT) which consists of the following four components:

- 1) Push-ups (Minimum number of push-ups required to acquire points is 15.)
- 2) Sit-ups (Minimum number of sit-ups required to acquire points is 23.)
- 3) Illinois Agility Run (Minimum time required to acquire points is 23.88 seconds.)
- 4) 1.5 Mile Run (Minimum time required to acquire points is 19 minutes, 40 seconds.)

The purpose of the APAT is to measure your patient's current level of general physical fitness, which serves as an indicator of his/her ability to safely complete a vigorous physical training program. Furthermore, the APAT introduces fitness standards that your patient will be required to maintain upon entry into a law enforcement position with the United States Secret Service, should your patient be offered such a position. If you agree to certify, please sign the attached Physician Certification Statement, and return the form to your patient for submission to the United States Secret Service.

**PHYSICIAN CERTIFICATION STATEMENT**

As a licensed physician, it is my professional opinion that my patient is physically capable of safely performing the components of the Applicant Physical Abilities Test (APAT). I understand that the APAT will be administered according to the protocols described in Attachment A.

SIGNATURE:		DATE:	
PRINTED NAME OF LICENSED PHYSICIAN:			
ADDRESS (include Street, City, and State):			
PHONE NUMBER:		STATE LICENSE #:	

# Secret Service Applicant Physical Abilities Test

**M Mosston**



**Secret Service Applicant Physical Abilities Test:**

Ignite the flame of optimism with is motivational masterpiece, **Secret Service Applicant Physical Abilities Test** . In a downloadable PDF format ( Download in PDF: \*), this ebook is a beacon of encouragement. Download now and let the words propel you towards a brighter, more motivated tomorrow.

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