

HAHS Cheerleading Merit/Demerit System



Demerit Offenses

- **Tardy/leaving early** Excused (1)
 *Includes after half-time
 *On time is **READY** to practice or cheer!
 *If going to be late the cheerleader must contact **EVERY TIME. We need it**
 the coaches directly. **NOT** another cheerleader. **within 2 day after a missed game/practice).** Doctor Excuse/other Emergency (0)
- **Absent from games or sponsored events** Excused (1)
 Unexcused (3)
 Doctor Excuse or other +Emergency (0)
 *If missing a game or event, the cheerleader must
 contact the coaches directly prior to the game/event,
NOT another cheerleader. Work is **NOT** an excuse!
- **Failure to attend practice/leaving early** Excused (1)
 Unexcused (3)
 Doctor Excuse or other emergency (0)
 *If missing a practice please contact the coaches
 directly prior to missing, **NOT** another cheerleader.
- **Turning in money, permission slips or items that need signed/returned**
 (1) per day late
- **Failure to be dressed appropriately for games/practice** (1)
 *uniform, poms, socks, shoes, no jewelry, bows etc.
- **Showing Disrespect to Coaches/Squad Members (includes negatively speaking about one another and rude comments/behavior)** (3)
- **Not showing respect during the National Anthem** (2)
- **Unsportsmanlike Conduct** (2)
- **Profanity at practice/game** (3)
- **Lack of Cooperation at practice/games** (1)
 *Includes excessive talking, refusing to do cheers/chants/etc.
- **Not having a current/active way of contact for the coaches to reach the cheerleader** (3) each time
 *not responding to emails/texts about practices, games, etc. when asked

Sample Cheerleading Demerit Form

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Table of Contents Sample Cheerleading Demerit Form

1. Understanding the eBook Sample Cheerleading Demerit Form
 - The Rise of Digital Reading Sample Cheerleading Demerit Form
 - Advantages of eBooks Over Traditional Books
2. Identifying Sample Cheerleading Demerit Form
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Sample Cheerleading Demerit Form
 - User-Friendly Interface
4. Exploring eBook Recommendations from Sample Cheerleading Demerit Form

- Personalized Recommendations
- Sample Cheerleading Demerit Form User Reviews and Ratings
- Sample Cheerleading Demerit Form and Bestseller Lists
- 5. Accessing Sample Cheerleading Demerit Form Free and Paid eBooks
 - Sample Cheerleading Demerit Form Public Domain eBooks
 - Sample Cheerleading Demerit Form eBook Subscription Services
 - Sample Cheerleading Demerit Form Budget-Friendly Options
- 6. Navigating Sample Cheerleading Demerit Form eBook Formats
 - ePub, PDF, MOBI, and More
 - Sample Cheerleading Demerit Form Compatibility with Devices
 - Sample Cheerleading Demerit Form Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Sample Cheerleading Demerit Form
 - Highlighting and Note-Taking Sample Cheerleading Demerit Form
 - Interactive Elements Sample Cheerleading Demerit Form
- 8. Staying Engaged with Sample Cheerleading Demerit Form
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Sample Cheerleading Demerit Form
- 9. Balancing eBooks and Physical Books Sample Cheerleading Demerit Form
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Sample Cheerleading Demerit Form
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Sample Cheerleading Demerit Form
 - Setting Reading Goals Sample Cheerleading Demerit Form
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Sample Cheerleading Demerit Form

- Fact-Checking eBook Content of Sample Cheerleading Demerit Form
- Distinguishing Credible Sources

13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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